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40p Where

The Brigadier
Sun, sea, sand and summer dress tips.

Life's a beach
We're off to old
Botany Bay

Wally digs his greens
But his Rhubarb, well
thats another story

Whats On I don't know, read the listings 1



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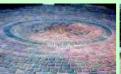
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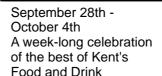
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The Broadie Page 3

thebroadie@googlemail.com

Dear Editor

Many thanks for the usual excellent production but what happened to the continuation of p. 16 on Botany bay? as a retired printer it always bothers me when something like this occurs in a publication

The mistake on p. 16 is entirely ours, we re-jigged a photo at the last minute and nobody noticed poor Joss's life came to an abrupt end. Oh, and the proof reading session usually involves too much wine

Best wishes

Second Open Letter

In the three months since my first open letter of 16 March 2009 I have received many supportive e-mails and phone calls. I have also consulted with business contacts from a variety of disciplines and I have been able to formulate a view on how tourism is supported in Thanet:

- 1. Our councillors don't seem to have the passion to push for a more structured strategy for tourism or to embrace the vital tactics needed to improve the yield from tourism in terms of cash flowing into the local economy. Or perhaps they still do not realise the economic importance of tourism.
- 2. In the absence of significant informed input from elected members, officers at both district and county levels cannot and do not give of their best. The consultation draft of Thanetvision 2030 sported some vain hopes, the achievement of which must build from a secure baseline, needing action now to encourage the right sort of input.
- 3. I have counted 18 relevant separate organisations promoting tourism, each of which has a small marketing budget at its disposal. There may be more. I have not counted individual commercial interests, which wield further budgets. Only three or four of them seem to have any liaison. The ITTA is ineffective and introverted. Some larger organisations are de facto not

focused on Thanet.

- 4. No apparent effort is made to capitalise in the ultra-short term on the wide variety of press coverage the area has enjoyed over the past three months. Things have just happened, blank minds have looked on, opportunities have elapsed.
- 5. A few weeks ago Plain Jane in the IOTG pointed up the dire neglect of the provision of facilities for our visitors. Is anyone listening, even to her? I doubt it. The first open letter from me elicited more than a hundred responses. Only one of them was from an elected member, and that was an MP, not a councillor... In my last letter I supported TDC as the vehicle for action. Not any more.
- 6. A business colleague provided the most telling remark of the exercise: 'No matter what you do, the great apathy will win. In trying to book a group for July I came up against such ignorance and lack of interest that I could only assume poor training to be the cause there was clearly plenty of availability, which there shouldn't be at that time of year.'
- 7. Summer is here and nothing much has happened. It's too late to do much now for 2009 but it's vital that, somehow, a greater concerted effort is achieved for the future promotion of tourism to Thanet.

Like many people who've spoken to me in the last three months I'm not prepared to let apathy win. It has been shown that pressure can achieve results. Ramsgate Maritime Museum will re-open. Crampton Tower has been saved. Northdown House hasn't been dumped.

I call upon all of you to think about this carefully and e-mail to me some comment to show whether or not you feel you could join and take part in a co-operative for the promotion of Thanet tourism. Twenty years ago the East Kent Tourism Development Action Programme united many interests into a strong organisation which did what it said on the tin. Maybe now it's time to resurrect the concept, but only for Thanet. As one of the founder members of the TDAP I would happily give my time to coordinate such an endeavour. I hope that I'm not the last voice prepared to be raised and to be heard.

Paul Conyers-Silverthorne

Tel: 01843 861993

e-mail: paul.conyers-silverthorn@virgin.net

We're glad to live in Broadstairs. Where else do you get independent people and organisations putting their own time and hard work in for the greater good. In the summer we have festival after event after festival, and most of them have to mainly survive on the whole on their own merit and hard work. All these events give so much back to the town, whether that be by filling our shops, restaurants and pubs or by generally increasing the reputation of Thanet in general. We may take the "Mick" out of visitors, but by cripes we need them. You don't neccessarily have to enjoy dressing up as a Dickensian oik nor do you have to be a Folk singer extraodinaire but by encouraging a communicatve working relationship with all the good people who organise, participate and turn up for these events the town will continue to prosper as will the events. Apparently, it's good to talk

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Beware the horsemen

Some of you may have read my no holds barred 'expose' of the eponymous horsemen in last year's Folk Week issue. I dared to lift the lid on these vile creatures, throwing light upon what some of us have secretly suspected for years. I pointed out that their evil practices, subtly masquerading as innocent folky high jinx, have given children nightmares that for some have continued into adulthood.

For my forthrightness I had to pay a high price.

A gang of these beings attacked me at my business premises.

First I thought I was being visited by just one, but peering around the open door and rising up before my display window, slowly their numbers grew. Like black clad spectres, one by one, they stole silently into the shop. But these were no ghosts, dear reader, oh no. Mere spirits could not have wreaked the havoc that ensued. Valuable stock was cast assunder and my very person threatened.

The passing year has healed the mental scars, though I do sometimes in the early hours wake suddenly in a cold sweat, fancying a black shape has darted silently across the room.

Still I am resolute. If I must be a lone voice, then so be it and I will face the consequences.

Come, Folk Week Horsemen - do your worst!

Peter Ellis

All Weather Clothing Co

True story.....honest

I remember the joy of overhearing a conversation in our fair town one year. It went something like this

An old chap leant over and asked his wife, 'Do you remember the first time we had sex together over sixty years ago? We went behind the village tavern where

you leaned against the back fence and I made love to you.'

Yes, she says, 'I remember it well.'
OK,' he says, 'How about taking a stroll
around there again and we can do it for
old time's sake?'

Oh Jim, you old devil, that sounds like a crazy, but good idea!'

I was an off duty officer at the time sitting at the next table in a restaurant, I heard their conversation and, having a chuckle to myself, I thought, I've got to see these two old-timers having sex against a fence. I'll just keep an eye on them so there's no trouble. So I followed them to make sure they'd be okay.

The elderly couple walked haltingly along, leaning on each other for support aided by walking sticks. Finally, they got to the back of this particular pub and made their way to the fence.

The old lady lifted her skirt and leant against the fence, the old man moved in.. Then suddenly they erupted into the most furious sex that I had ever seen. This went on for about ten minutes while both are making loud noises and moaning and screaming.

Finally, they both collapsed, panting on the ground.

I was quite amazed. I thought i'd learned something about life and old age. After about half an hour of lying on the ground recovering, the old couple struggled to their feet and put their clothes back on. I stayed on lookout for them until finally i thought, "I've got to ask them what their secret is".

As the couple passed me coming around the corner, I plucked up courage to ask them, 'Excuse me, but that was something else. You must've had a fantastic sex life together. Is there some sort of secret to this?' Shaking, the old man was barely able to reply, 'Sixty years ago that wasn't an electric fence.

Name and address supplied

Old Bills Elastic Band

Folk Week 2009

We are fast approaching the bewitching hour when hordes of folk music loving members of the public will be moving into the area, many under canvas on the outskirts of the town in the 'Tented city'. The sound of tinkling bells. The 'thwack' of large sticks, gallons of real ale being supped from ancient dented and well used pewter mugs, much strange music of all varieties. A cultural extravaganza. Just about sums it up really. Apart from the belly dancing of course one of my favourites.

I have attended folk week on duty for the past six years and have to say contrary to many people that live in the town have found the week to be full of interest and fun and considering the amount of alcohol consumed very little trouble. What a rare treat these days to find that some people are able to consume huge amounts of alcohol, have a good night and go home with out causing damage or have a fight. Pity they don't live here really!

I look forward to another interesting week that I can enjoy, as usual and consider it a privilege that I also get paid for it. I suppose there has to be a down side here so if it's one little thing that can get a little irritable, and that's those pesky black dragons that wander the streets pecking, or maybe snapping at everyone in site. A tip to stop their menacing ways. Always carry some elastic bands. The red ones that are dropped all over the world by postmen are the best. When they approach and before they attack slip a band over their jaws. They are then rendered harmless. Bets part of each day. A pint after work in the bar in Pierremont Park

Have a good week. Old Bill

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Car Parking charges

Well whoopsydo. Had to pay parking charges in one of Thanet's high streets recently? We are sort of pleased to announce that you will shortly be able to buy your time on a sliding scale. The first twenty minutes will be a set price but thereafter in theory it's pay for what you need. Whilst we here at the Broadie welcome the move it does fall short of competing fairly with a certain out of town shopping centre. But, hey ho, you can't have everything.

There's still no news as to whether a boffin anywhere in the world has been able to find the technology to enable these machines to actually give change.

I would expect that this sort of invention is still years away

Must see websites

http://eastcliffrichard.blogspot.com

Eastcliff Richard wrote:-

The Dickensians are renowned for keeping themselves to themselves, so it was only a matter of time before somebody came up with the bright idea of publishing a magazine 'for Broadstairs, by Broadstairs'. The Broadie is an amusing little number, kind of like a print version of this blog, but nowhere near as good of course. I guess it enables the inhabitants of Thanet's sleepiest town to go on pretending they have nothing to do with the rest of the island, and that they are in fact located somewhere in Dorset.

We'll forgive him his comment, as we would have nothing to do with the rest of the island if only they'd install passport control at the traffic lights.

Visit his wonderful website on the above address for an off the wall look at the people places and politics of Thanet.

www.thanetonline.com

Michael Child runs the bookshop in Ramsgate see www.michaelsbookshop.com and the www.thanetonline.com website which contains plenty of local politics and a plentiful supply of interesting local history. He also publishes over 100 books about the history of this area.

http://www.stella-maris.org.uk

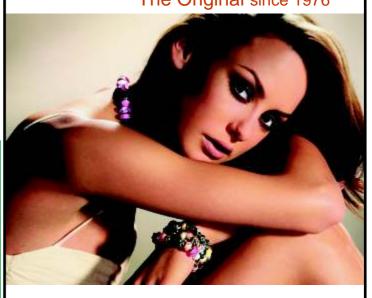
discussion pages and visitor book

Run by local chap Stuart Rogers. This website is dedicated solely to Broadstairs, Excellent amount of content which includes local weather information plus high & low tide predictions. Festivals, events and local amenities also covered. And there's lots of pictures too that are available to purchase. Good

St Peter's Village Tour are at it again, this time they have the honour of receiving the Queen's Award for Voluntary Service by Groups in the Community. Which is the equivalent of the MBE for an individual, the Village Tour is one of 95 winners from over 400 nominations throughout the UK. The Award was presented in July to the Group by the Lord Lieutenant of Kent, Mr Allan Willett, CMG, acting on behalf of The Queen, at St Peter's Church,

A big well done also goes to Gavin Cox of Burrow House in Granville Road in Broadstairs, who has been the recent recipient of Visit Britain's highest grading for Guest Accommodation of 5 star Gold Award.

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Margates "Big event" next:- Estimates are costs ran at about £100K. Sources at TDC suggested that 90,000 attended which is an impressive turnout. Sadly their road closure costs came in at over £20,000. Doesn't it therefore seem a shame that a little more of the pot can't be spent in Broadstairs supporting BFW with their road closure costs, unlike the big event this one benefits town centre businesses and also the 120,000 visitors the festival attracts

The Scotsman says:

This issue the Scotsman recommends you visit that fine Off-Licence 'The Bottleneck". I'd forgotten what a wealth of knowledge they have there when it comes to wines. Tell them what your having for dinner and i'll bet Chris or

your meal perfectly. It's where I fill me' sporran everytime.

Lynne will be able to



Okay who was it? Go on hands up. Who voted for the BNP. Well someone must have done I've seen the results and they say that in the south east the BNP gained 5.5% of the vote. Now whilst I'm sure his mother loves him dearly, Mr Nick Griffin does come across as the sort of person who would happily ship his granny off to the camps if he found she had some East European blood somewhere in the dim and distant.

It's not that I'm against the idea of free speech, absolutely not, it's a blessing we have someone such as this man so we can all remember what a mess his sort of thinking created in Europe in the last century. So, what have we got now? A global recession, governments printing more money, or quantitive easing as it's now called, (they called it counterfeiting when they caught up with my Great Uncle Willard) and some small section of society to blame for all our ills. Remind you of another time in history?

You can't blame Poles, Czechs, Latvians or any other immigrant for wanting to come to our country, we've got it pretty good, (and my country estate has never looked so nice for such a small price) and one of the reasons we have it pretty good is because of the supposed tolerance and opportunity we have in our fair realm, (although my tolerance is hard pressed when it comes to the vulgar cheap suited dimwits who blame their lack of education on the descendants of a different country),

If you trace my family back to 1068, (apparently we didn't do 1066, too much gore and hair pulling) you'd find some noble aristocratic blood from our Norman neighbours, mix into that a small slice of Danish and Scandinavian skull splitting visitors who just didn't understand the phrase "Not on the first date Hengist" and suddenly the idea of being British doesn't really mean much. In fact the last time a group of

foreigners really did come over here and take all our jobs was in 1066, with the exception of managers of football clubs of course.

In that good old "British Empire" way we don't apply the same narrow minded anti-immigrant logic to our own lives, How many times have you heard 'DFL' speak such as "Oh yes, Sebastian and I have just bought a

We'll use it as a weekend getaway to avoid the ratrace".

Last time I stayed in a cottage in Normandy was in 1944, never again, there was such an awful din and

fabulous cottage in the Normandy, it's just so quaint,

bloody Americans everywhere.

We are so lucky to have such a tolerant society in

Britain, where else can you find such an ethnic mix of cultures, religions and languages getting on and co-existing on the whole peacefully. As a mass we don't go in for major unrest to any large degree. In fact the nearest her ladyship gets to civil disobedience is at the yearly scrum that is the memorial hall jumble sale, she does also tut loudly in queues and write letters to the local paper. But at a push the rest of us may well sign a petition and go away feeling a bit of a rebel.

So next time you see a daily newspaper showing you true Britishness on the front page with a sportsman dressed as 'Richard the Lionheart' draped in a St George's cross just remember that King Richard the Lionheart was a Frenchman who visited England twice, he also nearly bankrupted the country fighting an unjust war many miles from home against Islam, oh and St George was Greek. Now just to end on a real British tradition, I'm off for some tea that my new butler "Alexei" has just prepared.

The Brigadier

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The Broadie More stuff & nonsense Page 7

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The Unofficial Off-Programme guide to other gigs during Folk Week

Whilst all the pubs below actively support BFW and host many Folk Week events at lunchtime and evenings, the gigs covered below are not mentioned in the BFW guide because officially they are not part of the festival. These gigs have been organized by landlords & landladies as extra entertainment for all of you who don't want to leave the joys of these fine public houses. There's also plenty of other excellent hostelries in town that are joining in with Folk Week activities, so buy a programme and don't miss out.

Barnaby Rudge:-

10 real ales on tap during Folk Week

Extra gigs: All 3pm - 7pm

Mon 10th Aug Surf Dude Grandad Duo

Tues 11th Aug Hazy Shade Weds 12th Aug Purity

Thurs 3th Aug The Dark Horses
Fri 14th Aug Moveable Feast
Sat 5th Aug Bubble Band

The Dolphin

All extra gigs 3 - 5pm

Sat 8th Aug Salvador Charlie Sun 9th Aug Blow Mon 10th Aug TBA Tues 11th Aug Fester & Sly Wed 12th Aug Fling

Wed 12th Aug Fling
Thurs 13th Aug EK1
Fri 14th Aug Fling

The Lord Nelson

Barbeque 11am till late Fri 7th Aug

Fri 7th Aug 8pm - 11pm Triality Sun 9th Aug 3.30pm - 5.30pm "Georgie" - Female

Blues, Amy Winehouse covers, modern and old

classics

The Rose

All extra gigs 3.30pm - 5.30pm ish

Sat 8th Aug Jeff Barker Swing Band

Sun 9th Aug TBA
Mon 10th Aug The Fling
Tue 11th Aug Jed
Wed 12th Aug TBA

Thurs 13th Aug Luvely Jubbly (Cockney Afternoon)

ŤBA

Fri 14th Aug Wrotham Arms

9.30pm -11.00pm Fri 7th Aug

& Friends
Fri 14th Aug Broken Biscuit
Sat 15th Aug The Fling













Wasn't it great to see so many old sea dogs marching past on Sea Sunday, this years event celebrated those fine fellows who had up until recently gone un-recognised for their courage and bravery. The merchant navy have been at the forefront of many armed conflicts and have lost many lives along the way. It was these brave souls who did so much and helped keep us from Nazi tyranny in WW2. Sea Sunday is a positive reminder in that one of the best ways to remember the fallen is to take part in an event that not only remembers but actively tries to enjoy itself. Once again the town was alive with things to see and do. We had the RNLI boats from different eras bobbing up and down, there was the funfair in Victoria Gardens and various stalls to peruse on the harbour and seafront. And

not forgetting the band from the Royal Marines of course

Long may it continue



Toodle loo and now I'm back

Well I don't know if it's a permanent arrangement, but the loo's in the Albion Street Car Park appear to be back open again, quite literally much to the relief of all.

There's other good news down that neck of the woods, the council has put up notices stating its intention to do away with the one hour stay parking bays in Rectory Road, and instead have no time restriction.

Blimey....has a councillor just bought a place down there, or is this the start of a beautiful new friendship with our masters



Heres a short poem for Sea Sunday sent in by Mrs Edith Hoyle, she was inspired to write it some years ago after being kept under the watchful eye of the RNLI as she and her husband battled with a force ten gale in the channel in their boat the "Queen Catherine"

When distress cries call from sea & land
The lifeboat men are there to lend a hand
Day or night they'll answer you
For perils to them are nothing new

Down the slipway the boat doth roar As cries for help rach to the shore Risking lives for those in need In perils of which we rarely read

These brave men never let you down Where er' they come from vllage or town Ship misfortunes in the roaring deep A mission to all they try to keep

To weary ones in needful cry
They are great friends you can't deny
Their hearts are kind, their voices too
And if they can they'll pull you through

Pray for those who are on the sea For oh how cruel that sea can be Heartache, pain and grief they share To them dear lord it can't be fair

Be their light, strength and guide Be always by their side In thy love look down on them For lifeboat men are great, Amen.

God almighty bring them all Safely back so they walk tall So that another day they'll truly see And walk pastures green like you and me © Mrs Edith Coyle 1974



Swine Flu

Swine Flu (H1N1) It seemed almost as if we were all going to avoid the dreaded swine flu at least until the winter months descended upon us. This

however has appeared to be a tad over optimistic as I myself like many of yourselves have friends and friends of friends who have contracted the nasty little bug. Here is a little information about swine flu that I believe most of us should know.

Whom it affects: As of the moment it is hard to tell but from initial figures those at risk are people in environments where they are in prolonged contact with other people in small spaces. Those at a greater risk are people with current medical conditions (outlined on the NHS Direct Website) and the young (under 5) who might have compromised or underdeveloped immune function. Flu does tend to be seasonal but as we can see from the spread, swine flu has no problem with a little warm weather.

How to contract it: Like many other diseases it can be transmitted via bodily fluid and is not air-borne. Sneezes and coughs project saliva and mucous over great distances (sneezes can travel up to 102mph) and even minimal contact with an infected person may allow for transmition, however, current thought is that prolonged exposure is more often needed. Remember to cover your mouth when sneezing or coughing, use a tissue if possible and wash your hands regularly. Treat a sneeze like you have been handling raw meat. You can pass on the virus a day before you show any symptoms so don't think it doesn't apply to you as you're not ill, you might be passing it around and not even know you have it. Viruses can be picked up from door handles or furniture or money. Do not go out if you know you are infected.

What is the incubation period?: So far not a great deal of information has been confirmed on H1N1 and information that is available is often a little conservative and vague. The current figures for incubation (time between contracting the virus and showing symptoms) are 2 to 7 days.

What symptoms to look out for: Most sufferers exhibit flu like symptoms but more severe than common flu. I have had some reports that some individuals have had the virus and shown little more than the sniffles but I have yet to see if this is true or anecdotal. Typical symptoms to watch out for are as follows:

Key Symptoms Sudden Fever of 38C or above, Sudden Cough

Other Symptoms Headache Tiredness Chills Achy joints and muscles Sneezing / Runny nose Sore throat Loss of appetite

What to do if you get swine flu: As that great book used to say "Don't Panic." It is very possible that what you have is common flu or a cold, however, do not take it lightly because if you do have swine flu you don't want to be spreading it around. First thing to do is check your symptoms against those listed above or on the NHS Direct Website. If your symptoms match, then call you're GP (DO NOT GO TO THE CLINIC) and they will provide you with information on treatment.

Treatment:

For immediate relief the current recommendation is to take Paracetemol based cold and flu remedies to try and reduce the fever and drink plenty of fluids. The next line in the NHS's defence are the antivirals such as Oseltamavir (Tamiflu) and Zanamivir (Relenza). Tamiflu when given within 60hours of infection can reduce the length of the illness by one day. Finally antibiotics are used if complications or a secondary infection arises.

Alternative Treatment: Being a herbalist I obviously have a lot to say on the matter of alternative treatments for swine flu. Vitamin C has been shown many times in the past to help with the symptoms of colds and flu and reducing duration of viral and bacterial infections. The ways in which the Vit C can disable viruses are too numerous to state but controlled studies have proved it as good as, if not better than, the pharmaceutical antivirals. Vit C is readily available in many foods and with a rounded diet it is hard to avoid your daily recommended dose. Even with the highest value foods it would be difficult to get the medicinal levels needed.

Echinacea is used around the world for its immuno-modulating activity. Echinacea can stimulate increased production of immune cells and increase the body's arsenal against the invading viruses. It is best used before the infection takes a hold and contrary to some people's belief it remains effective with long term use.

Elderberries have been shown (in a study by Madeleine Mumcuoglu, working with Dr Jean Linderman, who discovered interferon) to disable the ability of a virus to puncture a cell. In a double blind randomised control trial 90% of the patients suffering with flu had complete relief within 3 days compared to the placebo group which took 6 days to recover. Another study showed a reduction of duration by 4 days. Substances in the elder berry attach themselves to spiny projections on the virus surface used to enter the cell.

Beta Glucan is a substance extracted from yeast cells and has been used for quite some time in improving immunological response to microbiological stimuli. The substance triggers an immune response by posing as a threat without being of any danger (much like some vaccinations) and so the body increases its immune cells to combat the false threat. This is a good way to increase immune cell numbers and used before another infection can improve the immune reaction time. This would be of little use however during an infection.

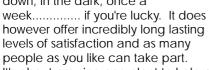
Prognosis: Typical length of symptoms is a week unless complications arise. Due to the relative immaturity of the H1N1 virus it is not possible to be specific about the duration of infection or the severity of symptoms. Most of the infected people who have died (0.4%) have had ongoing medical conditions.

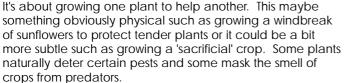


Wally's Potting Shed

Ah yes. The much awaited companion planting issue! I love the mentality behind this topic. Work with not fight against. Which I have to say is quite a good ethos for pretty much everything.

For those that really don't know anything about 'CP' sorry, it's not a euphemism for something else entirely that's generally done indoors, lying down, in the dark, once a week...... if you're lucky. It does





The allium family (onions, garlic and leeks) are one obvious example. These can be grown as a defensive wall around your carrots as they mask the smell from the carrot root fly. Onions are also natural slug deterrents so by sowing fast growing lettuces between your onions not only means you get undamaged lettuce, you will be maximising your plot space.

Nasturtiums look great in your borders. Their flowers attract bees and the plants themselves are adored by caterpillars and aphids. Aphids will go to these first before attacking your veg. These are a good sacrificial crop to protect your beans.

Basil and marigolds are both white fly deterrents, try growing these near your tomatoes.

Leaving a rough patch of your garden is always good for wildlife and having a few nettles will attract the cabbage white butterfly away from your brassicas.

There is a very famous technique of 'CP' and that is called the three sisters planting. The idea first came from the Native Americans. The three sisters are maize (sweet corn), beans and squashes. The Iroquois believed that each veg was a gift from the Great Spirit and each one was watched over by one of three sister spirits.

The sweet corn provides a structure for the beans to grow up, the beans fix nitrogen into the soil, and the squashes grow along the ground, suppressing weeds and providing shade for the roots of the sweet corn and reducing evaporation of precious moisture.

Incidentally the three veg' provide a good balance nutritionally, corn provides carbohydrate, beans protein and



the squash is rich in vitamins. A 'Gardner' friend of mine is trialing this method with great results.

So how is the season working out for you? I hope any failures are outnumbered by successes. If ever I have a failure then I try to learn from it. What was it that caused the problems? Poor quality seeds? Poor/wrong soil? Too much/not enough light. Whatever it may be I will try not to repeat the mistake again. But I won't give up!

As you all know, I have a habit of putting in an 'if you can't do that, then do this' sentence. Well this time it's an 'if you can't or won't grow your own then buy it from us!' The very dedicated and hardworking ladies of the Culmers allotment tenants association have a stall every Sunday from three til five at the beginning of the footpath from the Vere Road car park. All the veg' is picked within minutes of going on show and not only is it organic (though not officially certified!) it's all incredibly cheap. So if you want to try possibly the finest veg' in the South East get down there!

Wally's top tip

Sow early varieties of peas now to get a final crop in September

Odd Veg'

Here's one for all those who remember 'Thats Life' with Cyril Fletcher and the strange & wonderful vegetables he had on show each week.

It's a Culmers allotment 'Anya' potato masquerading as a Clanger'. Anybody else wanting to show off their veg' please send a pic to:-

thebroadie@googlemail.com





William Woodcock BSc hons MNIMH

(Member of the National Institute of Medical Herbalists)



Common Folk Week complaints that Herbs can help with.

Insect Bites - Ceilidh Cramp - Tent-peg Wrist - Heavy Ale Hangover - Noisy Camper Insomnia - Last Weekend detox - Too Much Fudge IBS - Don't Know How I Did That Bruise - Living In A Field Hay-fever

Herbs can also be used for non Folk Week related problems

Emergency Herbal Medicine is available by contacting me.

Broadstairs Chiropractic Clinic, Broadstairs, CT10 1NU Tel: 01843 601 631 Email: wjwoodcock@googlemail.com



Wally's photo by Jenny Ryan, Wrotham Arms



Support your local Festival and enjoy it all year round 24 track CD for just £12 available at Folk Week outlets from 1st August



Kingsgate Bay is smaller than Botany Bay and is bordered by White Ness to the North and Hackemdown Point to the South

The bay was once known as Bartholomew's gate (gate also meaning gap in a cliff) which was made by the locals to improve access to the beach and is believed to have been completed on St Bartholomew's feast day. The name change is alleged to be due to the safe harbouring in the bay of Charles II and the Duke of York during a storm on 30th June 1683. There was a Latin inscription to this fact on the gap but it was washed away many years ago. The land reached much further into the sea then and was full of cottages whose inhabitants made their living from 'foying' which is providing provisions for ships after long voyages and 'hoveling' salvaging wrecks and their cargoes.

When this practice became less important the bay was pretty well deserted for a long time until the arrival of Henry Fox 1st Lord Holland in 1760. He was advised, 'for the precarious sake of his health to try the air of this place', and hence Holland House was built. Lord Holland had amassed quite a fortune by supplying the army with various provisions. The building was designed by Sir Thomas Wynne to 'represent Tully's Formian Villa on the coast of Baiae' in the Bay of Naples. He not only built the Villa but many outbuildings in various styles which were scattered over the area. Kingsgate Castle which was built in the style of Edward I was used as stables and coach houses. There was another smaller castle, Harley Tower built to honour Thomas Harley, Lord Mayor in 1768, Whitfield Tower to compliment the previous land owner, and Neptune's Temple (tower), a folly which used to have a tower which was used by observers in WWII. http://pastscae.englishheritage.org.uk The tower itself was demolished in the 70's but the footings still remain. He also built the convent, representing an ancient monastery, the Bead-house and started but didn't finish an ice house. The Beadhouse looked like a Roman chapel with Gothic windows but was used to entertain guests at Holland House. Although most of the original building fell off the cliff in a storm on October 18th 1816 'except part of one wing where a servant boy slept' the merriment continued in the stables and is still continuing today in that building with a few modernisations and additions. The last bit of the original building fell into the sea in 1998 but the flint remains can be found as flower planters in the Pavilion garden. We all know it well as The Captain Digby who was a nephew of Lord Holland's commanding a warship in 1759. In his will Holland left provision for Robert Digby's health to be drunk every year by the customers.

On Holland's death in 1774 the estate became the property of Charles James Fox. He was the third son but his older brothers did not entertain their father as much as Charles. His father preferred and greatly indulged Charles from childhood

because of his 'engaging personality'. Part of his education from his father was to finance and encourage what were to become lifelong pursuits of gambling, drinking, womanising and the love of all things fine and fashionable. When only 19 his father bought him the parliamentary seat of Midhurst which started a turbulent career in politics. He was a superb orator with radical opinions leading to dressing in the colours of Washington's army in defence of the American Revolution. He also supported the French Revolution and was noted for his anti-slavery campaign. His lifestyle led to bankruptcy twice and as part of this process he lost the inherited estate so moves out of our story but I recommend his life as an interesting though licentious one to look at in more detail.

In his will 'Holland' left provision for Robert Digby's health to be drunk every year by the customers

The next notable incumbent is not till 1900 when it was bought by John Lubbock 1st Barron Avebury, who was a banker, archaeologist, naturalist and politician. He coined the terms Palaeolithic and Neolithic and as Liberal MP for Maidstone fought and won the Bank Holiday's Act (1871) and Early Closing Act (1904) for shop workers. Another life worthy of further investigation. He died at Holland House in 1913.

There is another theory why Lord Holland built his house on this land and that is because of a far earlier event. There are two large barrows between the lighthouse and Kingsgate which used to be called Hackendon or Hackingdown Banks (now Hackendown Point) which are thought to be graves.

A huge battle was fought there in 853 after the Danes had invaded. Earl Alcher with his Kentish men and Earl Huda with men from Surrey attacked the Danes, both English Generals were killed and after a desperate battle the Danes won. The larger of the mounds is thought to be the Dane dead and the smaller the English. This barrow was opened in 1743 with many hundred people observing and bodies were found, the smaller was also opened in 1765 and more bodies were discovered. Holland House was built on the largest barrow.

http://www.british-history.ac.uk/report.aspx?compid=63627 At one time the area was actually called Golgotha, place of skulls because of the large number unearthed.

Today, whenever I travel from the South towards the bay, the view catches my breath. The sight of the chalk cliff with the large erosive hole is so exotic I usually comment on it to whoever I am with. It's always as if I've forgotten how close I live to such a wonderful site and have done for years, I hope I never lose that wonderment. Right so, who is going to join me in finding out when Robert Digby's anniversary is? I promise we will never print it; it shall remain a Broadie secret. Give us a clue Frank..

The beach has few facilities, so not necessarily suitable for younger ones, but is therefore quite quiet, it's also great for rock-pooling at low tide. The Captain Digby offers parking for the visitor for a fee. But spaces are limited



Shop Watch



First up we have "Connells" in the high street in Broadstairs who have just started up with a new lunchtime and evening menu, and very good it is too. We had the whole Sea Bream with new potatoes and beans and the succulent steak came with the sweetest cooked cherry tomatoes cooked with balsamic vinegar, and home

cut chips. Due to an ever increasing waistline I was denied the dessert menu by my well meaning better half. There's specials to choose from too and whilst we haven't yet tried it, the lunchtime menu looked a treat. Reservations on 01843 869895

Next up, the much loved Bayside Brasserie has now changed hands and is now named Restaurant 54. But fear not, what was a wonderful restaurant is still a wonderful restaurant with a grand new menu. I'm sure many of you remember the new hostess "Avril" from her highly regarded little restaurant "The Citrus" she used to own further up Albion Street. She is joined by her partner Wayne who will delight you with great food, wine and service. Reservations on 01843 871102

More foodie treats with a smart little Deli' by the name of **Palmers** tucked up out of the main drag on the corner of Sowell street, opposite the Little Albion Pub. All sorts of goodies here from great cheeses to cooked meats

For some strange reason some mugs you buy make a good cup of tea and some mugs make a rotten cuppa, I don't know why, but answers please. Well, the lovely Broadstairs mug I purchased from this new shop definitely makes a great brew. Congratulations to Paul & Mel who have recently opened up their new gift and home shop "Bay" on the corner of Carlton Avenue and the High Street. Cards, pressies, wrapping, household nick nacks and ornaments are just a few of the bits and pieces on offer here. Take a look for a pressie to get you in your loved ones good books.

Doyles Psychic Emporium has relocated to the old JY Electricals shop. All sorts of goods

on offer here from Tarot cards to Incense sticks. Go on reawaken the old hippy in you and get that front room alive with various fragrances from the far east.

We also notice that there's plenty of work going on in the old Woolworths shop which seems to be announcing that Iceland will be opening soon. Mixed feelings from many of the locals with this one. With comments such as "Should have been a Waitrose" and others welcoming the move with "Finally someone to give Tesco's a run for their money" Either way, its pleasing to see the site in use.





Broadstairs Folk Week

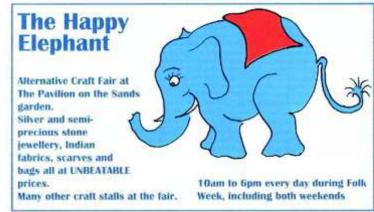
Okay, so the picture is a bit blurred, but we felt it was an important one to include, why? Well because this picture was taken mid-week during last years festival, the sky is threatening, it's a bit blowy, but just look at the hordes of people who have turned up for the event. Broadstairs Folk Week is going to struggle to happen next year because of the ever increasing costs that they have recently had to absorb. Kent Police have also insisted that they take on the costs of closing Albion Street during the festival which runs into many thousands of pounds. TDC provide Folk Week with a grant of about £10,000 a year plus the extra costs of cleaning the streets which run to approximately £7000, which okay is great but hardly matches the sums spent on less successful events run mainly by TDC in the past, but hey, money is tight at the moment so no complaints please. You don't have to enjoy Folk Music or even attend the festival, but there is no denying that the week long event does considerable good for the town and raises our profile nationally. According to police estimates & in sheer numbers BFW is the single most attended event organised on the Isle of Thanet.

Folk Week has already asked local businesses to chip in which will hopefully raise a bit of extra cash but now Folk Week needs you, so instead of putting the coppers in the pot once you've seen the gig or watched your children enjoy themselves at the bandstand, go on, put some silver or bronze in the pot as well. I wouldn't want to see the festival fade away, I'm sure many local businesses dont want to see it go, and I'm also very sure all the hordes who come to Broadstairs each year for an enjoyable day out wouldn't want to lose it either.

And just for the record The Broadie is not involved in the festival other than being supporters, oh and of course the singing drinking and dancing about.







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Beware the Horsemen

Some of you may have read my no holds barred 'expose' of the

eponymous horsemen in last year's Folk Week issue. I dared to lift the lid on these vile creatures, throwing light upon what some of us have secretly suspected for years. I pointed out that their evil practices, subtly masquerading as innocent folky high jinx, have given children nightmares that for some have continued into adulthood.

For my forthrightness I had to pay a high price.

A gang of these beings attacked me at my business premises.

First I thought I was being visited by just one, but peering around the open door and rising up before my display window, slowly their numbers grew. Like black clad spectres, one by one, they stole silently into the shop. But these were no ghosts, dear reader, oh no. Mere spirits could not have wreaked the havoc that ensued. Valuable stock was cast assunder and my very person threatened.

The passing year has healed the mental scars, though I do sometimes in the early hours wake suddenly in a cold sweat, fancying a black shape has darted silently across the room. Still I am resolute. If I must be a lone voice, then so be it and I will face the consequences. Come, Folk Week Horsemen - do your worst!

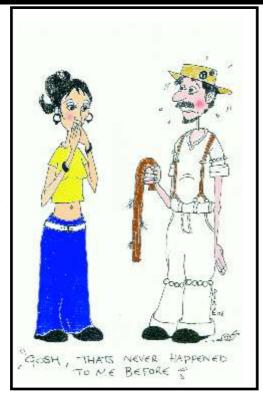
Peter Ellis

All Weather Clothing Co

Bells, Beer & Beards

You can't deny the figures. You only have to try fighting the hordes to get from the craft tent to the pier to realise just how many people BFW squeezes into our small town. Nobody has an accurate figure as to how many people are here but the police estimate between 100-120,000. Most of them need to have somewhere to stay, eat, drink and buy stuff. There are 600

pitches at the



campsite housing various numbers of people and of the 515 events, 400 artists have to be found accommodation with local families.

There are 170 volunteers on the work force from all over, some who come back time and again to help set up and work during the week, before and after. The BFW crew spent one week tidying up after last year's 'do', had a lie down in a dark room for a long weekend and then started planning this one, the 44th.

There is a strong American influence to this year's programme and the fact that the 44th US president was inaugurated this year is apparently no coincidence. This is seen in the number of special guest performers from the States and also in a number of the workshops with an American flavour: from line dancing to bluegrass mandolin.

Of course it is not all music from over the pond. If you are not sure who to see try 'The Anteaters' playing at the Marquee on Sunday evening. They are all members of the original Penguin Café Orchestra and will be playing some classic PCO tunes. Younger revellers are as ever well catered for with 'sticky fingers' for the over '3's, 'Shooting Roots' workshops and new for this year 'The Recycled Marching Band Workshops', making instruments from recycled materials, then playing in a show at

the end of the week.

The plethora of workshops for all ages are far too many to mention but include 'bones as a percussion instrument within the blues context', 'women's work songs' and 'maypole made easy'.

If you live in Broadstairs and you have never been to a ceilidh (don't know how you've got away with it) perhaps this is the year you should. How about turning up to the Pavilion at 12.00 on Saturday to learn some basic steps, you don't need a partner, followed by a family ceilidh at 12.30. Once you've got the hang of it you'll be at it all week and meet some great people. When you are familiar with a few steps you are able to join in with all the dances and most people are quite happy to have a new recruit to help. There is always a ceilidh somewhere in Folk Week.

All the events/workshops are open for anybody to go to. The pub gigs are free although you will have collecting tin rattled at you, most other things have to paid for. Ceilidhs vary from £1-£10 and most of the workshops are £1-£4 you don't need a season ticket to attend. Of course if you have one then everything is free and they are available at reduced prices for Broadstairs inhabitants including weekend tickets. For full details of all FW events buy a programme. They are on sale all around town for £3.50.

Jo & Kim have their say

Jo Tuffs & Kim Headley are the main two organisers of BFW, we have given them the chance in this esteemed journal to talk about the festival they love

1) Broadstairs Folk Week is different to other events where else would you find a volunteer workforce doing the range of stuff we ask our loyal supporters to do?

Make beds for visiting artists; shovel wood-chippings in the rain; hold onto tent pegs; chase flying gazebos; thread morris bells onto lanyards; write 700 tent labels; chase Giants round the town; tune ukuleles; dance on the Bandstand; move zillions of chairs; photocopying ad nauseum; mend danceboards; put up fences;

2) Things you wouldn't expect to see at Broadstairs Folk Week..here's a bit of a roll-call of the unexpected over the past 44 years:

A string quartet; a fire extravaganza on the beach; a field of knitted morris men; a recycled marching band; men without beards; empty pubs and cafes; a troop of Estate Agents dressed as Morris men (you know who you are Miles & Barr!); Chinese acrobats; a dancing camel; hailstones; open roads; Bagpuss; a Gilbert & Sullivan opera starring children and Hooden Horses; a man dressed as the Sydney Opera House; men in leather skirts; a full eclipse of the sun; a jellyfish on a stick....

All but two of these have been or will be at Folk Week we'll leave you to guess which ones!

Thanks Jo & Kim



My next guest is an international artist who happens to live almost next door to me; she has sold her work in many different countries which has brought her world wide acclaim. She works in so many different materials of which I could not start to list but maybe if I mention "The Shell Ladies" of Margate some of you might know who I am talking about - ok Ann the floor is yours. - Peter Buckey

When I was seven years old my great Auntie visited Broadstairs for her summer vacation and while she was there purchased a beautiful shell ornament in the shape of a Victorian lady which she gave to me on her return. I still have the shell lady - she has billowing petticoats, a tight bodice and sweet bonnet tied under her chin. Every part of her is made from shells.

Years later, I now find myself living in Broadstairs with my husband Rick and two children Isaac and Rose. Isaac and Rose from time to time collect shells from the beach and make their own shell ladies like countless children before them. When I walk from my studio on Margate High Street to the sea front stores, I see they still sell the shell ladies, though now they are imported from China and Korea. When, in 2007, there was a national competition to make a

When, in 2007, there was a national competition to make a new art work for Margate Old Town I thought of my beautiful shell lady sitting on the mantelpiece and she became the inspiration for my winning idea. There was something about my sea side lady that epitomized Thanet and particularly Margate she had that 'Kiss me Quick' kitsch of this quintessentially English sea side resort, yet she was beautifully crafted with an air of the fine ladies and gentlemen who once inhabited the grand historical buildings that are central to the town. In addition to this she reminded me of Margate's beautiful Shell Grotto.

My idea was to sculpt twelve shell ladies, each 7ft high from real scallop shells which would appear in surprising locations all over Margate throughout the Summer months of 2008 encouraging people to discover the hidden gems of Margate- like the Shell Grotto and the Tudor House. To build these giant Shell Ladies I collected over 8,000 scallop shells from Broadstairs' fishmongers and fisher men during the scallop season and then arranged them on a metal armature to make the dresses. I named each shell lady after a famous lady of Margate from Baroness Orczy who wrote 'The Scarlet Pimpernel' to Phyllis Broughton, the notorious gaity girl.

Last Autumn a bronze shell lady 9ft high and cast in bronze a scaled up version of the original was sited at the end of The Harbour Arm in Margate's Old Town, hoisted in on a huge

crane. I called the bronze 'Mrs Booth' after the sea side land lady whose house had spectacular views over Margate harbour. Twice widowed, Mrs Booth's first husband had drowned at sea and when Turner came to Margate to paint, it was with Mrs Booth he chose to stay. They began a love affair in 1833 and lived as Mr and Mrs Booth, with Mrs **Booth supporting Turner** financially until Turner's death What I like about Mrs Booth is that although she is a serious



sculpture, she also has an element of whimsy about her a little shell lady has been granted all the civic respect of a local hero by being cast in bronze, scaled up and sited like the French Lieutenant's woman gazing longingly out to sea! I also like her silhouette against the dramatic and fitting backdrop of the sea and sky beloved of Turner. And there are surprises hidden in the detail - if you look carefully you will see my children's names Isaac and Rose carved into the sea shells.

For more information: Theshelllady.co.uk



Peters tip of the month

This watercolour you are looking at was painted in Ireland while on a scuba diving trip, we were staying in 'The Glen' St Finans Bay on the south west coast which makes up a part of the Ring of Kerry, the rocks on the right are called "black head "due to the fact that from out at sea they look exactly like a man laying head up in the water and because a lot of the rocks are slate they give this dark appearance. Now the little rock to the left which is about three to four miles out to sea is called 'Lemon Rock' because it looks like a lemon half submerged bobbing around in the Atlantic. The two, yes, two rocks on the horizon are known as 'The Skellig Rocks' which is Gaelic for the word Splinter. They lie eight to nine miles from the Irish coast line, they sit on the sea bed almost a hundred metres below the surface (I did not dive that deep and if I did would not be here to write this for the Broadie, do I hear "why not?"). Give an old man a break!

Skellig Michael, which is the furthest rock, had at one time been a Monastery inhabited by monks (always wondered who delivered the milk?) but today just day trippers visit and bird watchers come out to Little Skellig to see the thousands of gannets which nest and breed there each year.

OK, first tip when painting outside PAINT WHAT YOU SEE, NOT WHAT YOU KNOW, at certain times of the day I could tell there

were two islands with almost half a mile separating them but at mid afternoon they blended together so I painted them as one!

Foreground! The white of the paper was left for the sheep and while painting on location there must have been a THOUSAND SHEEP in front of me but only painted in twenty or so. Yes I can hear you saying "but you said paint what you see ". Third tip, work out right from the beginning what you are painting and why, look at the scene before you, are you painting the sheep or are you painting The Skellig Rocks in the distance? If you do not

"balance" your picture and sort out at stage one what is the most important ingredient in your painting it will end up "a shopping list painted by numbers ".

This painting is about light, distance and space, the sheep; well they just helped the painting along a bit. But hey! It is only a sheet of paper.

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Call us on 869368 And dont forget we now deliver newspapers all over Broadstairs Thanet District Council jointly runs a graffiti Database with Kent

Police. The database is extensive and also works with other local authorities to tackle graffiti. We also have a link to the British



Transport Police graffiti database, a national database accessed by authorities all over the country. This has led in the past to a link with Dorset authorities who had taken legal action against a graffiti tagger from Thanet.

Reporting of graffiti is important as graffiti is criminal damage and as such should be reported promptly to police and TDC. By quickly clearing graffiti tags away following crime reports, we remove the "Buzz" that the taggers get from seeing their tags displayed for a long time. Clearance of graffiti is accomplished by an in house team, who are tasked following the recording of graffiti tags by digital imaging means (camera). We also use the "Community Payback Scheme" run by the probation service with offenders who have been sentenced to Community Service to clear some graffiti. TDC is only responsible for clearing local Authority property and open spaces. Commercial and private properties are the responsibility of the owner/landlord. We do however try and work with the community and will try to resolve clearing issues raised to us (i.e. elderly and disabled residents). Insurance companies may cover the cost of clearing graffiti if it has been reported to the police and a crime number given, but individuals should check first with their insurance companies.

When a case is taken to court, all the known crime reports for that graffiti tag are included in the case file. Judges and Magistrates then have the power to award costs and compensation to victims as the court sees fit I am the TDC contact and can be contacted on 01843 577743, where if I am not in office a message may be left for me to call the caller back, by e-mail at gordon.hunt@thanet.gov.uk or Community.safety@thanet.gov.uk and by fax on 01843 577656.

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Events & Listings

August 2009 Tues & Fri 10-12am until 28th Summer Camp @ Joss Bay Surf School www.jossbay.co.uk 07812 991195 Mon 10th-Fri14th 10-4pm Holy Trinity: Open Church 862921 Sat 15th 7pm-late Blues Review: Pavilion 600999 Sun 16th & 30th & Mon 31st 9.30-5pm Art Exibition: B'st & St P's Art Group: Sea Front 848016 Tues 18th 6-10pm Family Fun Fair: Victoria Gardens <u>237750</u> Weds 26th 7.30pm Thanet Male Voice Choir: Prom by the Sea: Pavilion 292539

10-5pm

Thanet Lions Summer Fete:

80's Night @ Pavilion 600999

Mon 31st 10am-10.30pm

Summer Funfair & Crafts:

Victoria Gardens & Prom

Victoria Gardens 8339532

Sun 30th 8-12.30am

Sun 30th

07789742828

September 2009 Thurs 3rd 7.30pm B'st Recorded Music Soc:The Red Hall. Grosvenor Rd 869642 Sun 6th 10-4pm Craft Fair: Pavilion 600999 Mon 7th - Fri 2nd Oct Annual Art Exhibition: B'st & St P's Art Group: Every Tues **Broadstairs Library** 848016 7.30pm Tues 8th The Broadstairs Soc: Park Hall: 868835 Weds 9th 7.30pm St P's & B'st HorticlturalSoc 'Spring Flowers': Park Hall **601095** Sat 12th 2pm Disabilty Surfing Event: Joss Bay Surf School: www.jossbay.co.uk 07812 991195

Sunday afternoon @ the Bandstand 2.30-4.30pm 868718 1st Aug The Hot Rats 2nd Aug Faversham Mission Brass Band 15th Aug Luke Jackson & Guests 16th Aug City of Canterbury Band 22nd Aug Burt Butler's Jazz Pilgrims 23rd Aug Snowdon Colliery Band 30th Aug Interseptors 6th Sept Gravesend Borough Band

13th Sept Whitstable Brass Band

Broadstairs Clubs & Organisations Angling Society 865566 Broadstairs Vikings' Sea Angling Society 865566 Thanet Archery Club863561 Thanet Male Voice Choir 865819 Broadstairs & St Peters' Concert Band 581185 North Foreland Badminton Assoc 01227 374919 Broadstairs & St Peters' Bowls Club 861283 East Kent Lacemakers' Guild 865102 Thanet Wanderers' Rugby Club 593142 Broadstairs Sailing Club 861373 Thanet Squash Club 865484 Joss Bay Surf School 07812 991195 Kent Surf School 866707

Broadstairs Lifeguard & Swimming Club 865292 Beach Volley Ball: May-Sept: 7pm-dusk: Viking Bay 07971 251847

Rock Doctor Walks 0870 2646111 Walkers' Friend 07801 508958 Yoga/Pilates classes 861375 North Foreland Golf Club 862140 Broadstairs recorded Music Soc 869642 East Kent Morris Minor Club 867270

Regular Meetings/events

Isle of Thanet Archaeological Soc: Crampton Tower Yard 07906 360725 www.iotas.co.uk

Every Mon

Broadstairs Chess Club: Memorial Theatre. Hilderstone:

New Members welcome Sept 7th 7.30pm

Broadstairs Writers' Circle: Brown Jug: 07939 253832

3rd Mon 7.30pm

Thanet Fuchsia Group: St Peter's Church Hall

7.30pm Learn to Salsa: Pavilion 600999 2pm: TARA St Peters Memorial Hall 603332 1st Tues

2nd Tues 2.30pm Island Floral Group: St Peter's Church Hall 592987 4th Tues 7.30pm Island Greenfingers' Club: Portland Centre,

Hopeville Ave

'Grandma's Heirlooms' 2nd Weds Bi-monthly 7.30pm Thanet Amnesty Group: Meeting May, July: Friends Meeting House. St Peters Road 295536 Every Weds Beginners 8-9pm Intermediate 9-10pm Line Dancing

St Peters Church Hall 585537

Every Weds 7.30pm Play Bridge: St Peter's Church Hall 604954 www.bridgewebs.com/broadstairs

Every Weds 7.45pm Thanet Festival Choir: Holy Trinity Church 602332

2nd Weds 7.30pm St Peter's & Bst Horticultural Soc:

Pierremont Hall 861479

Weds & Thursday Page Mason School of Dancing

St Andrew's Church, Reading St 863730

Every Thurs 10-11.15am St Peters Old Boys & Comm. Association:

St Peters Memorial Hall 864162

Every Thurs 2-3.30pm Line Dancing: St Peter's Memorial Hall

Everyone welcome 603332

2nd Thurs 9.45am Broadstairs WI Holy Trinity Church

3rd Thurs 2-4pm Broadstairs Townswomens' Guild United Reform

Church, The Vale 864699

3rd Thurs 2-4pm Broadstairs Ladies Lifeboat Guild Holy Trinity Church

Every Fri 7-9pm St Peters Old Boys & Comm Association WHIST

St Peters Memorial Hall 864162

Every Weds & Fri 5-7pm Beginners Skating

Every Tuesday 5-7pm Advanced Skating

Every Sat & Sun 5-6.30pm Climbing Club Revolution Skatepark &

www.revolutionskatepark.co.uk Climbing Centre 866707

Various days & times U3A: University of the 3rd Age: Variety of courses & interest groups from art to architecture & ballroom dancing. 864969

Water Gala

Beach Games Sandcastle Competition Decorated Chalets Teddy Bears' PicnicCraft Fair

Sarah Thorne Theatre Club

Memorial Theatre, Hilderstone www.sarahthorne-theatreclub.co.uk

0845 2626263

Summer Rep Season Thurs 6th Aug 7.30pm&

Sat 8th 2.30 & 7.30pm:

Thurs 13th Aug 7.45pm &

Sat 15th 2.30 & 7.30pm:

Thurs 20th Aug 7.30pm &

Sat 22nd 2.30 & 7.30pm: One Man Protest by Alan Ayckburn **BROADSTAIRS TOWN TRAIL** leaflet from visitors' information centre BROADSTAIRS HISTORICAL WALK 871133

ST PETER'S VILLAGE TOUR. CHURCHYARD TOUR & WAR **GRAVES TOUR 07546 514948 PENGUIN TOURS 07890 112574** THE SMUGGLERS TRAIL 871133

Sat 12th Sept Heritage weekend: St Peter's Village Tour: booking essential 07546 51498

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Broadstairs Chiropractic Clinic

Fully registered members of the British Chiropractic Association & the General Chiropractic Council

We are proud to offer personal, professional care and attention in a friendly environment. We are delighted to welcome Becky Woodcock to the clinic. Becky has recently graduated with a Masters in Chiropractic degree. Well done

Dr Becky Woodcock
Doctor of Chiropractic.

The clinic is covered by most insurance companies including AXA & BUPA.

We are able to take and diagnose from x-rays when needed. Evening & weekend appointments are available.

We have our own car park at the rear of the clinic.

Tel: 01843 604364



9 Queens Road Tel: 01843 601 631