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C Wool

At last we've done it, 'The Girly Issue'.

Ye ye we love it all the Brig, Herby Will, Wally & his plot, Peter Paint Pot, Pete the Wellies & all our occasional amazing contributors but they are all boys. Where's the girls? They're in the background slaving away. There have been a few bids for freedom when Her Ladyship forcibly made her presence known but mainly cos the old soak was too kalide to put pen to paper. Some feeble excuses were given but believe me it was not a pretty sight and having to climb over the Brigadier all the time to answer the phone at HQ is less than pleasant. We've managed to get a girl as featured artist in the last issue (well done Vicki, go girl)so.....this issue we are taking over. There is still the aforementioned W's & P's but we have tried to get them to get in touch with their feminine side (we may have to take photos) had to make them cry first (photos again) and we have some new female contributors. We tried to get the ceiling of the back downstairs room in "Arrowsmiths" as a featured photo; you should have seen the blank looks of disbelief that anyone wanted to see lots of flowers and fairy lights.

Now got to go & get a bucket of hot soapy water, Brig!!!! Broadie Mag xx

The Broadie

Your Letters thebroadie@googlemail.com Pastures New

Hi Broadie

Just wanted to let you know that The Fitness Studio is closing on 3 September - after 4 and a half happy years - I'm moving on to pastures new and relocating to Mallorca very soon.

There will be a new Greek Taverna opening soon where The Fitness Studio used to be!

I have loved my time as a Broadstairs Trader and wish ongoing success to Broadstairs and all those who trade in it. Best wishes, Julie Neal

The Fitness Studio

Whats Going on?

Whats happening to Broadstairs? Where was the annual Water Gala advertised for Tues/Weds, it hardly happened. Nothing on the Tuesday, and Wednesday had the Ramsgate to Broadstairs swim cancelled. The weather was good till 4.30pm ish. Apparently the council did not have a single person to organize it, there was no King Neptune rising from the sea. the council are supposed to be encouraging tourism, we were only allocated three Wednesday night firework displays but only got two due to bad weather. TWO for the whole summer season!! it's a joke.

Broadstairs is becoming a mess, lots of things stopped or cancelled, no proper tourist information. Wake up councillors and Thanet leisure.

The water gala was a flop, nothing happened.

S Hucklesby Proadstairs

Save what?

Dear Sir/Madam

I am writing to you with regard to 'Save Broadstairs High Street', whilst I'm sure that their efforts are admirable, do some of the businesses in Broadstairs really deserve saving. Am I one of the only ones to notice that there seems td be a great lack of imagination when it comes to new businesses opening up. For instance how many shops do we need to sell us coffee and paninis, how many estate agents is reasonable in a town this size and don't get me started on some of the other ones that seem to have just copied other retailers. What next, another hardware store to rival Harringtons. Don't these people realize that in a town this size all they are doing is watering down not only their business but that of others too. How about a bit of originality, say for instance a good bookstore, somewhere to buy anything in the top twenty (Cd's, films, books, Computer games), a kitchenware shop, a few more gift / art-boutique shops, I could go on...

And the other thing whilst I'm at it, I thought that retailers were supposed to try and keep their front signage in keeping with the local area, because quite frankly (and with some exceptions, Arrowsmiths, Victory stores) a lot of retailers have the most garish, hideous, signage that turns me away before I've even entered the place.



Local pride in local food at the "Food Festival"

September walks on the beach to Ramsgate & back

The Panini: Enough already with the flattened hot bread

The sale of parts of Vere Road car park.

Seaweed !

only 50p

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Save Broadstairs High Street

The group formed after the success of this Facebook page are still beavering away at their various projects.

The Map

It's taken a predictably long time to get it all together but it is going to get there. The work so far and the results of the traders' survey will be on display shortly. There will also be the chance for every resident in Broadstairs to have their say when a similar survey questionnaire is released.

Parking

This still remains of primary concern especially with the recent sale of a large section of Vere Road car park and the subsequent application for planning permission to build houses.

There are very strong 'fors' & 'againsts' for this.

As Councillor Chris Wells stated on the group FB site

'It resembles a third world facility with toilets that would shame a 1950's Clochemerle. Some years ago the Broadstairs Society suggested that if there was no public money available to invest to upgrade the area we should look at other options, including something like we are now seeing, some housing, giving upgraded car and coach parking spaces and a new toilet block as an addition.'

There is however a strong feeling that any loss of parking is detrimental to the town especially when it is the only real place for coaches to unload and park. There is also the previously mentioned problem of noise from early morning (sometimes 2-3am) of foreign students which may aggravate the new residents in these houses and lead to potential noise abatement orders thus making this activity impossible.

By the time you read this the planning meeting will have sat and the situation will be decided either for the good or the bad depending on your opinion. It does however show that we must take more responsibility for decisions made which may affect our way of life.

One of the main reasons for the group being formed was to create cohesion in the town. There are lots of interesting groups & societies doing all sorts of things which many people are unaware of and many of the people especially some of the traders felt left out from the decision making processes which affected their businesses.

There is one place where this cohesion should pivot around and that is the Chamber of Commerce. So it made sense for the group established from the FB group to seek out the help and considerable experience of the Chamber.

This has been very successful and from this several members have joined the Chamber and are helping organise several events and there are many more in the pipeline.

Events

Fri 29th Oct – Halloween themed Quiz night for adults – see posters around the town or our Chamber of Commerce website www.broadstairschamber.org.uk for further details. Tickets £6.50 Sun 31st Oct – Trick or Treat around the town at Halloween Friendly establishments. Children's Halloween Disco from 4 – 7 pm at the Pavilion. Tickets £2.50.

Mon 1st – Fri 5th Nov – *Display of Guys: This is where we want to involve all schools in Broadstairs & St. Peter's. We are asking each school to make a Guy or Guys (it could be one for the school or one per year class), which would then be displayed in shops around the town, which will give the whole community the opportunity to see the handiwork of the pupils. On 5th November, the Guys will be taken to Victoria Gardens to be judged by Cllr. Maeve Saunders (last year's Mayor) who runs the 5th November event. The winning entry will be presented with a winner's shield, which will be competed for every 5th November.

*For the week of the 1st – 5th Nov we would also love it if every business made a guy to display and as many households as possible



Ahh, the Cornish pastie. So often copied but never quite bettered. That's why we stock only genuine Cornish Pasties made by "Crantocks" of Cornwall. And don't forget we still make all our own pies

Stuff you need to know befor e eating cornish pasties

cornish fishermen won't take pasties to sea as it is considered unlucky

the earliest reference to a pastie is in the 13th century

Cornish tin miners would leave a pastry end for the "Knockers" - the ghosts of deceased miners

to be an authentic cornish pastie it has to be made in cornwall

also had a guy on show. It would make the town a fun place to visit in the cold weeks of November and if established as an annual event may draw many visitors in the future.

Sun 5th Dec- Christmas Parade/Extravaganza: This year the event will be themed and it will be a Rock 'n Roll Xmas. We have lots of entertainment planned throughout the day (including last year's favourites – the Treasure Hunt and Santa's Grotto) culminating in the Children's parade at 4 pm, followed by the Xmas tree lights switch-on at 4.30 pm. We are asking all schools if they would take part, to make this the biggest and best parade in East Kent. And of course, we can guarantee it will snow! Future events

To be established:

Town sports day - Winter

Town Challenge – one off days that involve the whole town in different (and fun) projects

Possible events for 2011: Abba Weekend 40s Weekend Town sports day – Summer

The Chamber of Commerce is actively recruiting for new members to help with all these activities or just to find out what is happening. So please come along. You would be very welcome. Please don't feel intimidated, we are a friendly bunch and our chair tries (and succeeds) to keep the meetings as succinct and to time as possible. There will be people to meet & greet you at the front door if you haven't been before so if you are in anyway connected with commerce in the town your presence is needed.

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THE EAGLE HAS LANDED

A distinguished visitor has lately taken up residence in Broadstairs, in the shape of a golden eagle. But this shouldn't mean a sudden influx of fanatical birdwatchers, or conservationists maintaining a round-theclock watch on its 'nest'. This verv aolden eagle is



inanimate and is perched atop Eagle House on Broadstairs promenade, overlooking Viking Bay, as part of refurbishment work.

In fact the eagle is a replica of a French Eagle Standard of the 105e Ligne regiment, captured by the Royal Dragoons at the Battle of Waterloo on 18th June 1815. It has been crafted and donated by John Couzens Roofing of Swinburne Avenue in the town, in advance of bicentenary celebrations of the Duke of Wellington's victory over Napoleon's army, planned for 2015. Broadstairs was supposedly the first town in England to learn of this historic victory, although there is no written evidence to corroborate this. The only way to inform the King and government of the triumph back in Britain was by word of mouth. Major the Hon Henry Percy of the 14th Light Dragoons, the only one of Wellington's aides-de-camp to have survived Waterloo unwounded, was dispatched to London with two captured French eagles. He boarded HMS Peruvian at Ostend, but the ship was becalmed in the middle of the Channel, so the Peruvian's gig was launched with the ship's captain Commander James White, Henry Percy and four sailors at the oars. At around 3pm on 21st June, they landed in Thanet near Broadstairs, where Percy and White immediately took a post-chaise-and-four to deliver the news to London. At that time the building was known as Admiral's House, having been built in 1796. It was renamed Eagle House in honour of the landing of the French eagles and more recently has been

converted into flats and holiday lets. The original eagle of the 105th is now in the collection of the National Army Museum in Chelsea - but you can see Broadstairs' very own version any day, keeping an eagle-eye on the goings-on across beach and prom.

- Robin Sharp

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Page 5

Would you like Nutella with your Crispy pancakes?^{by}_{Mrs Fish} from Italy and they're not in fact just to aster

I'm sure we've all seen these people hanging around on the streets. Commonly they'll be grouped in packs of around 15 to 20, simultaneously smoking Marlboro Lights and munching handfuls of sweets from jumbo packs of Haribo while blocking your progress towards the Bottleneck. I'm talking about our visitors from overseas, the foreign students, of course – and very welcome they are to the town too.

I think everyone in Broadstairs benefits in some way from the foreign students. Shopkeepers profit from increased sales of Nutella and prophylactics; local hosting families can develop their cultural awareness; and for the neutral observer, it's a really tremendous opportunity to fine-tune their xenophobia from the comfort of their own home – which is surely the preferred location for fine-tuning xenophobia.

For the students themselves, their visit to Broadstairs is full of opportunities and learning experiences. It's a chance to visit another country, to live in another culture and, with luck, to get a snog off a member of the opposite nationality.

The empire may be gone but we can still teach foreign teenagers to curse like navvies

Many of the students are away from home for the first time and I think it's rather magical that Broadstairs should provide them with the right environment to make the most of the trip. Every evening the students go off for a different event, normally a traditional British cultural activity like karaoke, barn dancing or knife fighting. These events are a chance to meet new friends from new countries and of course there's always the beach at the end of the evening for them to conduct further international relations.

One common concern for students arriving here is the quality of the food. Luckily, however, their fears are swiftly allayed as many host families provide their students with the finest that Findus has to offer, introducing them to the subtle flavours of the Ready Meal. And Broadstairs can demonstrate its multinational approach to cuisine: the widespread availability of paninis throughout the town shows our love of Italian food, for instance. Assuming, of course, that paninis really do originate

from Italy and they're not in fact just toasted cheese baps. Personally, I always enjoy studying the behaviour of the students around town. They're often to be seen milling around in the middle of the road consulting maps or simply talking into their mobile phones while cars attempt to navigate around them. Broadstairs's road system is confusing enough - but imagine

enough – but imagine it through the eyes of a young foreign visitor. Already baffled by cars driving on the left, how perplexing must it be to see cars apparently driving on the pavement where the High Street joins Albion Street? Even so, I would be interested to

know whether they have la verte croix code where they come from.

One particular observational game I play is called 'Guess the country of origin'. It's not too difficult: the Germans are brave pioneers of randomly coloured checked shorts; the Spanish are notable for their facial hair, especially the girls; and the Italians walk along with their noses stuck in the air, as if there's a constant smell of dog dirt rising from the pavements, which - to be fair - there probably is. The only nationality I find at all menacing will stand in your way and mutter at you in their strange language. They're the local kids, of course, and the language is Anglo-Saxon. Swearing seems to be the universal language for the foreign students. If you've ever encountered students from different countries in conversation with one another, it's guaranteed that they'll be exchanging English terms for extra-marital intercourse - often between members of the same family. That is our linguistic legacy to the rest of the world. The Empire may be gone but we can still teach foreign teenagers to curse like navvies. When the students aren't swearing at one another in English, they're babbling to each other in their native tongues. I love hearing this, especially in the summer months, when the confusion of languages around town really

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gives the place a feel of the Med. Walking through town on a hot summer's day and hearing all the different languages reminds me of being on holiday. In winter, it's completely different of course and reminds me more of the siege of Stalingrad. More and more, we hear Russian and Polish voices alongside the French, Spanish and Italians. I always imagine it must feel strange for some of the children from the former Eastern Bloc countries to arrive in Broadstairs in the middle of Dickens Week. Their countries spent years rewriting history books with propaganda about how Western countries were barely past the Industrial Revolution and Britain was still essentially living in Victorian times. Then all the kids pitch up to find it was actually true and everyone here is still wearing bonnets and top hats. It can't do much for the process of democracy when they go back home. Travel, apparently, broadens the mind. But I worry sometimes that the experience of coming here is a form of cultural homogenisation whereby all students, no matter where they came from, return home with an inexplicable taste for Ready Meals, an 'I love London' jumper, and an exciting new vocabulary based on genitalia. Trust Broadstairs to turn globalisation on its head. Mrs Fish

v's PlcHowever much I love the summer and all that goes with it (BBQ's, beach, beer and broad beans) I also really enjoy the changing of the seasons. Ok so the evenings get dark earlier but the mornings can be glorious. It's what gets me to work every day. The end of the summer marks a change in what you and your plot will be doing. Weeds slow down (HALELUJIAH!!) and your plot will probably be showing some bare spots created from a bumper harvest. This creates another opportunity for you to get growing. Lettuces and salad onions can still be sown. Chicory, sown 1cm deep should be ready for harvest in November - ditto for winter radishes. There should just be enough time to make a final sowing of one of my favourite vegetables, perpetual spinach. This plant is so easy to grow and monstrously hardy it should be a must for every plot. Mine survived everything last winter could throw at it (though admittedly it then bolted before I could make the most of it!). A first for me this autumn is to over winter onions. With onions being a staple for every kitchen (and an ingredient for pretty much every recipe I know!), the ease with which they are grown and stored makes them my top veg. The bonus of winter onions is that they will be ready for June just as your stored crop runs out! Red 'electric', golden 'Swift' or as I have chosen white 'Bianco' are all over wintering types.

Storing home grown veg is something every grower needs to learn. Especially if you're like me and tend to get a glut followed by a period of drought! Some vegetables are easier than others. Onions just need drying in the sun then hanging in nets or tied to a string in an airy shed. Any spuds still in the ground can be dug up and dried for a couple of hours in the sun then simply put in paper or cloth bags. If there is any question of light getting to them then cover with an old blanket otherwise you may end up with green tubers. Garages can provide a cool,







rodent free environment so long as they don't stink of petrol or any other nasty chemical. A friend of mine put me on to a technique of storing root veg that I am itching to try out (nice one Kev) but sadly have nothing appropriate to use (my parsnips will be eaten without chance of storing). It's called 'clamping' and has an air of cub scouting meets Squirrel Nutkin about it. Essentially you're burying your veg in a wigwam to be dug up at a later date. To make your clamp you need a piece of ground that doesn't get waterlogged. Harvest your root crop and let them dry for a couple of hours. Start the clamp with a thick layer of straw on the ground then pile your carrots etc on top in a pyramid shape. Cover the pile with a layer of straw and let 'sweat' for a couple of days. This should get rid of excess moisture. Then cover with a layer of earth about 15cm thick. Make sure you then leave some straw exposed at the base and a chimney of straw at the top. This should allow air to circulate. Keeping the sides well packed and steep should keep the rain off. A variation of this can be done using boxes, crates or even deep seed trays. Make layers of root vegetables and sand then store in a dry, frost free place.

Freezing vegetables is an obvious example of storing veg. Peas and beans all freeze well and contrary to belief, don't need blanching. Blackberries freeze brilliantly which can then become a winter treat in the form of apple and blackberry crumble (fond memories of dog walks, open fires and frozen condensation on the inside of bedroom windows are coming flooding back!).

After the success of Mrs Wally's recipe page in the last issue the team at 'the Broadie' saw fit that she should do another article. I don't know, you give 'em an inch.....!

Wally's top tip: Stake your sprouts before the winter winds get up.

Mrs Mainwaring writes

Three years ago today, as I write this, we landed on Broadstairs, not with the bang of a meteor trailing fire, but with the slumpff of a damp squib, of the like never heard in town on a Wednesday night in August.

The coming days were cold, wet and very windy, which made liars of the adults who had sold the move on the promise of a sunkissed, surfing beach life. The nights were unnerving – where were the screaming sirens, the aircraft, the 'murdered-child' calls of the London fox? "I can't sleep, it's just too quiet" reverberated around the forest of cardboard boxes. The cat refused to use her litter tray and each room was christened in turn – she'd definitely arrived, and was just as definitely not at home.

Fortunately the children did not forget their toilet training, but nor did they forget their city 'home'. The week before their schools started was not a period we'd like to live through again: the staggered chorus of smothered sobs from their three bedrooms was heartbreaking as we, the adults, bravely bit back the tears. What had we done?

School was our saviour. Forced back into a recognisable routine, and the dawning realisation that Thanet children were very much like their London peers, the offspring were soon settled. Settled so quickly in fact, that as the sort of mother who sucks in guilt as they suck out money, I was able to mine a whole new seam of worry – had we damaged them by subjecting them to London in their most tender years? Could they have had felt so at home so rapidly if they had not been desperate to escape the mean streets and we had failed to spot their trauma? And my favourite: Were their new friends really friends, or just sophisticated bullies luring them all in for a Carriesque finale?

So the little lambs have not only survived but have flourished. It's not as if alcohol, drugs and bored violent youths are non-existent, but there seems to be a gentler, calmer mood music to the teenage experience here, as if the sea has lapped away the harder edges. Or maybe it's just that the brine has clogged my worry vein.

As for me, I still miss the bright lights, at least the idea of them - the cost of babysitters and the palaver of leaving our far-flung London village, meant we hardly ever visited the streets paved with gold. But then I know that is not Broadstairs' failure, but mine.

I arrived full of good intentions: I would forsake Tesco, for who would need it and all the other big unfriendly giants when fresh fruit & veg, meat, fish and wool, were all within a two-minute walk. I would swim in the sea several times a week and walk along the beaches at least once a day, whatever the weather. I would take up yoga and join a choir and make masses of new friends. But what I failed to take into account is that the London transplant did not automatically involve a genetic transplant and the lazy genes came with me. And if anyone knows of a choir or other social group made up solely of people who have spent their lives since Brownies avoiding being a member of any group, please let me know, it sounds just up my street.

by Mrs Mainwaring

The summer may be

over.....

but there are some great events happening in and around Broadstairs over the next few months:

Fun Choir's Free Taster Evening 27th September (there, just what Mrs Mainwaring wanted)

At The Bradstow Mill in Broadstairs High Street from 7.30pm to 9.00pm

No stuffy audition - no experience necessary - no need to read music - all welcome.

This choir sings a capella, without instruments, and is led by Jane Petto who makes learning songs and harmonies so easy. All styles including jazz, doo-wap and folk. www.janepetto.com janepetto@naturalvoice.net 01892 862990

Canterbury Festival runs from 13 - 20 October at venues all over the city. If you missed seeing the wonderful Charlie Dore & the Hula Valley Orchestra at Broadstairs, or if you enjoyed the concert so much you want to see the band again they are appearing on Wednesday 27th October in the Festival Club. There's also another opportunity to see Tyde, the terrific young band of musicians who were finalists in the BBC Radio 2 Young Folk Awards who will be appearing at the club on Friday 22nd October.

We at Broadstairs Folk Week are putting on a very special pre-Christmas event in the Methodist Church in York Street. Friday 10th December 7.30pm Tickets £10 Barry Coope and Lester Simpson join the Fraser Sisters to sing

'Harmonies and melodies to drive the cold winter away' This promises to be an evening of beautiful singing from some of the country's premier folk performers. We feel very privileged that they will be here performing for us, and hope you will join us to make the evening a success. What better way to prepare for the frantic Christmas season than to spend a couple of hours in the restful atmosphere of the church enjoying singing at its finest.

Tickets are on sale now from the office 01843 604080 We hope you will support this event as this will itself support the festival.

Light refreshments will be available from Helter Skelter which is behind the church



The Broadie

Mrs Wally's bakery corner

Baking seems to be all the rage at the moment, last year it was cupcakes; small, dainty, feminine and restrained. This year the gloves are off and it's about the cake in all its decadent calorific glory. We recently had a bake off at work, a cake per team within our department. We had to bake a cake, one big one and we got to choose whatever type of cake we wanted. We spent days leafing through cookery books and old magazines whittling down the recipes, we spent an hour looking at pictures of big unctuous cakes, we spent days discussing how we could hook the judges in, we had three trial runs critically appraising the cake at each stage, we adapted a total of 3 recipes and turned them into what we thought could be a contender and finally, we won. I'm sharing it with you so you can make it or adapt it for your own bake off or make it just because you like cake. The best lemon drizzle cake in the

universe : All stages easy peasy but you will need to weigh things! There are four elements to this cake; sponges, drizzle, lemon curd and lemon butter icing.

Sponges

350g golden caster sugar. 6 medium free range eggs. 1½ packs unsalted butter, softened. Grated zest of 2 unwaxed lemons. 350g sifted self-raising flour.

Pre-heat the oven to gas mark 4 or 170c. Butter and flour 2 sandwich tins

Cream the softened butter and sugar in a mixer (or by hand if you have the patience and upper body strength I lack) until it goes pale and creamy, then add the eggs one by one until they're all mixed in.

Add the zest of the lemons and then add the flour spoon by spoon until it's all incorporated and it

looks light and fluffy. Pour of the mixture into one tin and into the other and put in the middle and bottom shelves of the oven respectively for 35-40mins. I swapped them round after 25mins to ensure even colouring. They're ready when a skewer comes out of them clean. When this

is the case go crazy and stab them both all over to leave you nice holes for the drizzle.

Drizzle

Mix the juice from 1½ lemons with 200g of caster sugar until all the sugar has melted then spoon over the hot cakes so it soaks into the sponges. Leave for 10mins to cool then carefully remove from tins and put on a rack to cool. Lemon Curd

60g unsalted butter. 130g caster sugar. Zest and juice of 1½ large unwaxed lemons. 2 large free range eggs, beaten.

This is so easy to make I don't know why anybody would ever buy it and it tastes really lemony and tart. Great on toast (well great on anything really - It takes every ounce of self control I have not to eat it from it's jar with a spoon). Put the butter, sugar, lemon juice and zest in a saucepan and stir until the sugar dissolves and the butter melts. Pour in the beaten eggs and stir continually until the mixture thickens. This will take 5-10 minutes, depending on how low you have the heat. Once it is thick, pour into a

sterilised jar or tub and keep in the

fridge. Lemon Butter Icing 200g sifted icing sugar. ½ pack of unsalted butter. Juice of ½ a

lemon. Just whizz the icing sugar and butter up in the food processor until it goes nice and creamy and gradually add in the lemon juice until it's all incorporated.

Once all the components are made it's easy. Just put the thicker sponge on your serving plate, spread half of the lemon curd over the top then top with half of the butter icing. Put the thinner sponge on the top and spread the remaining butter icing thinly over the top. Decorate with crystallised lemon slices or gold and silver balls and I make that cake o'clock!

This will serve a lot of people, probably about 16 if they are sensible, normal people. The seven of us in our team at work scoffed it in a day.....

You could adapt this easily by swapping the lemon for orange. My top tip

Don't even think about calculating how many calories are in a slice, think of it as a health food - you won't get scurvy if you eat this!



F lowers

Seeming as the broadie has been taken over by the ladies, I should have delegated this article to someone of the female persuasion. But being the good negotiator that I am, I have managed to form

a compromise. So I shall write about flowers as this is the most girly topic I could think of. almost all of the herbs that I work with have flowers in one form or another, this article could therefore be very very long, but I will concentrate on the better know flowers that many of you will know.

Blue violet: viola odorata

Parts used: Leaves and flowers

Active constituents: saponins, essential oils, mucilage, salycilates Actions: Expectorant (increases secretions in the lungs and induces coughing), mild antiseptic, reputed anti-tumour.

Traditional use: General Booth's (Salvation Army chief) wife, when dying of cancer, found relief only in a tea of the violet leaf collected from railway embankments by devoted army members. Lady Margaret Marsham was cured of a tumour in the throat with violet leaf tea and a compress. Also used for bronchitis, mouth ulcers, lymph congestion but mostly to alleviate a variety of different pains.

Dosage: 1-2 teaspoons of leaf per cup, in hot water, 3 times a day.

Heartsease: viola tricolour

Parts used: leaves and flowers

Active constituents: saponins, mucilage, gum, flavonoids Actions: anti-inflammatory, antirheumatic, expectorant, diuretic, depurative, rich in zinc

Traditional use: Chronic skin disorders, daily tea still taken in Russia by those with tendency to tuberculosis, scrofula. Used with Mouse ear herbs to treat whooping cough.

The name itself derives from its traditional use to heal a broken heart. it is also known as love-in-idleness. It is the focus of Shakespeare's play 'Midsummer Night's Dream', used by Oberon (king of the fairies), when dropped into a persons sleeping eyes they will fall in love with the first person that they see.

Dosage: 2 teaspoons of leaf per cup, in hot water, 3 times a day.

Rose: Rosa spp

Parts used: Petals

Active constituents: Tannins, essential oils, vitamin C

Actions: mild sedative, anti-inflammatory, anti-depressant, astringent, cholagogue (increases bile flow)

Traditional use: It is said to balance a persons emotions well, bringing them to the front of a persons mind so that they can deal with them effectively. But too much of the herb can make a person cry uncontrollable. Also used to heal open wounds and for throat infections. Rose water is used in Acne due to it being astringent. **Dosage:** up to 10 ml of 1:2 tincture per week or water applied topically

Marigold: Calendula officinalis

Parts used: Flower

when needed

Active constituents: Flavonoids, triterpenes, essential oils, coumarins

Actions: vulnerary (increases tissue healing), lymphatic, antiinflammatory, styptic (stops bleeding), antimicrobial, anti-viral, antifungal.

Traditional use: burns, gastrointestinal ulcers, varicose veins, haemorrhoids, acne, abdominal cramps and many other skin conditions.

Dosage: 3 to 12 g of dried flowers a day, in hot water.

Lily of the valley: Convallaria majalis

Parts used: Dried leaves

Active constituents: cardioactive glycosides, flavonoid glycosides, convallarin, convallaric acid

Actions: anti-arrhthmic (normalises hearth rhythm) positive ionotropic (increases strength of heart beat), negative chronotropic (decreases heart rate), potassium sparing diuretic.

Traditional use: Heart failure, valvular insufficiency, endocarditis. **Contraindications:** not in pregnancy, high blood pressure.

Interactions: Digitalis treatment, calcium, quinidine, glucocorticoids, laxatives, saluretics.

Dosage: Not sold over the counter, used by prescription only. Do not take this herb yourself, it can be extremely toxic and can cause severe side effects.

Yellow Jasmin: Gelsemium

sempervirens

Parts used: dried root and rhizome

Active constituents: alkaloids, coumarins, tannins, iridoids Actions: central nervous system suppressant, analgesic, hypotensive Traditional use: migraine, facial neuralgia, intermittent claudication, temporal arteritis, cramp, reduces arterial tension.

Contraindications: cardiac disease, low blood pressure, myesthenia gravis.

Interactions: phenacetin, aspirin, and any painkillers or sedatives may be effected

Dosage: Not sold over the counter, used by prescription only.

Do not take this herb yourself, it can be extremely toxic and can cause severe side effects. Be careful with this herb in your garden, incidences have been reported with children dying from eating the flowers.

Peony: Paeonia lactiflora

Part used: root

Active constituents: alkaloids, paoniflorin, volatile oils Actions: anti-spasmodic, oestrogen modulator, anticonvulsant, cognition enhancer, anti-inflammatory, central nervous system relaxant.

Traditional use: polycystic ovarian syndrome, endometriosis, fibroids, epilepsy, memory and concentration problems, spasmodic, dysmenorrhoea.

Dosage: 30 to 60 ml of 1:2 tincture per week.

Passionflower: passiflora incarnata

Part used: dried leaves and flowers

Active constituents: alkaloids, flavonoids, rutin, saponarin Actions: hypnotic, vasodilator, anxiolytic, antispasmodic, mild sedative Traditional use: insomnia caused by mental anxiety irritability, nervous tachycardia, tension headache, to help withdrawal of drug addiction.

The passion part of its name does not refer to love/lust as you might think. When it was found by a priest in Peru, he had a vision, and so the flower was named after the passion of Christ. The different parts of the flower each representing different features of the passion. **Dosage:** 20 to 40ml per week of 1:2 tincture.

Do not take any of the herbs listed above without consulting a herbalist first. Many can be dangerous and can also interact with medications. Herbal medicine is under threat and as of April 2011 you will lose access to many over the counter products. To find out more please go to http://ehtpa.eu/ or http://www.nimh.org.uk/

William Woodcock Bsc hons MNIMH

National Retail Co?

A planning application has recently gone in to the council with regard to numbers 8, 10 & 12 High Street, Broadstairs, which as far as we can make out is at the moment taken up with Bogarts hairdressers, The Pound Shop, and the Psychic Emporium. The application is to demolish the buildings and replace with one large retail unit and ten flats.

The application suggests quite wrongly according to many business owners that the site is in a "Struggling retail environment". Many local businesses are quite concerned about this, mainly because they are wondering who will be taking up this new large space. And perhaps they should be on reading in the application notes that the site should be attractive to a "National Retail Company", could they be referring to another supermarket or maybe even a fast food restaurant....who knows.

If a large corporate entity does take it over retailers are concerned that it could cause quite a detrimental impact on independent shops in the area. One shopkeeper we spoke to who wished to remain anonymous pointed out "Great, more disruption, where will they unload the goods? Where will the huge amount of rubbish this size of business creates be disposed of and what will happen to all the businesses this one store will impact on? Surely for Broadstairs three good independent businesses would be preferable to one large corporate entity

Residents in Thanet Road and its hinterland are also concerned that the proposals do not allow for any on-site parking to service the ten flats.

For those of you with internet access look on the UK planning portal under application reference F/TH/10/0756. Strangely at time of going to press the application does not come up when you search for it under Broadstairs High Street

On the subject of home-building

it was interesting to read that

The last three years figures for housing completions indicate that completions are running well beyond even local plan assumptions and are increasing. This is without any impact yet from major developments at Westwood, Sea Bathing, The Lido, Pleasurama or Thanet College, which together will provide around 2000 units alone. Added to those already built (2783), this already exceeds the Local Plan (2001-2011) target.

(cllr David Green, Thanet Life blog site)

When you take into account the fact that the Con/Lib coalition have recently scrapped previous house building targets and that we are well ahead of the previous schedule when it comes to house-building, why are so many developers being allowed to create more homes that could not be described as "affordable housing" than has been deemed necessary? Why also is TDC selling off the family silver. You surely can't try and plug the enormous gap in government finances by selling assets that are important to the future economy of a town and then expect that town to do well in future...... Shortsighted local government in action

So why has TDC seen fit to sell off a perfectly good car park that is needed desperately in Broadstairs for the main income of the town (tourism). It sold for £400,000. to a developer who can now build 14 new homes on the site. That's £28,571cost for each home which going on the current land prices is almost unbelievably ridiculously cheap even with the other costs involved of making good what will be left of the car park.

But watch out guess what other car-parks are still on TDC's list of potential house-building sites, yup, Albion street car-park and the parking behind the library.....

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Dogfights at six back in 1940 I was just six years old. I had received my gas mask (the

in the second se

Back in 1940 I was just six years old. I had received my gas mask (the smell of rubber still takes me back to the sensation of the gas mask on my face). My brother, who was fourteen, and his friend had dug a large hole in the back garden and then proceeded to build an Anderson shelter in it. This they covered with a thick layer of soil and then planted grass over it.

By this time the daylight raids had started and with Manston being so near our planes were soon up in the sky to intercept them. Our air-raid shelter then became an ideal place to stand and watch the excitement of the dog-fights going on overhead. The planes would duck and dive leaving a myriad of white trails behind them. We seldom used the air-raid shelter to sit in - it was much more interesting on top until our mother made us go indoors.

About this time my father took part of the back fence down and nailed the planks over the front room windows to prevent a blast from blowing the glass in.

In the evenings if the siren went I

would sit under our massive round mahogany table with my dog. I think the house could have fallen down on top of it and it wouldn't have harmed us! My parents were both musicians, my mother was a very good pianist and my father played the mandolin and the banjo and every evening they would have a musical session. When the air-raid was on they just played a little louder to drown it out.

I remember I had a bright red blazer with silver buttons which I loved. I was out walking with my brother one day when the siren sounded. My brother made us go into a nearby public shelter because he told me the German pilots would be able to see my red blazer and would dive down and shoot us. I never wanted to wear that coat again after that!

The Battle of Britain carried on throughout that summer. A large number of children had already been evacuated to the country. There were only a few families left in our road.

Just before the war started my parents had bought a new red Turkish carpet for our front room and it was my mother's pride and joy. With the threat of invasion ever present my mother rolled up the carpet and put it in the loft. She said "I'm not having any Nazi jackboots marching over my carpet".

At the time of Dunkirk I remember going with my mother to Margate railway station and saw all the troops who had landed at Margate harbour. My memory is of a carpet of white, which turned out to be hundreds of paper cups, which had contained tea, all over the platforms.

Soon after that I was evacuated with my Gran to an aunt's house in Wokingham. I only stayed there about three months. When I came back there was the problem of getting some schooling. Because so many teachers had joined the forces most schools were operating part-time. Mornings one week and afternoons the next. I had a few weeks being taught together with a few other children in the back

Mrs C'

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bedroom of two middle-aged sisters. That was fine until we arrived at 'school' one morning to find the celing had collapsed on our schoolroom from the shock of a nearby bomb. From there we went to the mother of a friend who taught four of us for a few weeks. Towards the end of the war when the Germans started sending doodlebugs over I would watch them from my bedroom window and see the red tail light which I think was a flame and hear the dreaded drone. It was when the drone stopped that it was time to worry! We later heard that one of the first doodlebugs to land on London killed two friends of my parents.

It all seemed quite an adventure for a six year old but It's not till you are older and look back at these times that you realise what a knife edge our country was on, if it wasn't for those brave people on the ground and in the air that enabled the Battle of Britain to be won the shape of Britain and the rest of the world would be a much different and more terrible place than is imaginable. I never did wear that blazer again.

BFW 2010 – The Year of the Pirate

Every now & then Broadstairs Folk Week is taken over by something so memorable that it is cemented to your brain. Forever more to be known as 'the year of.....' For example...2009 was the year of the killer mosquitoes, 2007 the year of Tequilla Club and 2005 the year of silly hats at the pavilion.

Now BFW 2010 will definitely be remembered as the year of the pirate. Those piraty peeps were everywhere. The invasion seems to have started late Sunday night at the Pavillion. Where, reports say that there were more pirates on stage that you could shake a parrot at, and even more on the dance floor grooving about & throwing their psychedelic-hornpipe shapes to the concertina lead drum & bass.

The next sighting of one of these rebellious fiends was at Stretch & Juggle at the Bandstand. Witnesses saw him telling long stories & singing songs about life on the ocean wave to the youngsters and showing off his lovely three-pronged hat. When asked where he got his hat. It was reported he replied "AaaarrghMani"

This band of romantic ruffians were next spotted at The Royal Albion Gardens the next night where they were seen dancing on tables, quaffing ale & aboying loudly to the pirate fiddle led band on stage playing all their favourite tunes. One pirate visiting from Germany, sporting battle wounds was asked what he thought of Broadstairs and is said to have just smiled and replied "free ze bubbles!"

Many people may find this many pirates in their town a wee bit unsettling. But trust me, they are much more than just "a person who robs ships at sea" (Oxford dictionary) or "shouty blokes in hats" (Scott 'funky' Bubble). They are in fact very approachable, funny, musical & love a good dance. And contrary to the stereotype they actually drink more drinks than just rum. Many were seen putting away copious pints of Masterbrew, Guinness & slamming Tequillas on a regular basis. So don't be scared of our new piratey pals. Think of them akin to

Morris Men. For are they not "shouty blokes in hats" too? With a great liking for folk music,

singing, dancing & ale...

So people! Embrace the pirate inside. Go on.....have a little "Aaaarrgghh!!" or maybe a little "Ahoy!!" You'll be surprised how good it feels.

Well, I'll hopefully see you all aboard the good ship BFW next year, and goodness knows what delights & adventures we will find on the voyage. I can't wait! "AHOY!!!" Krista Bubble





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LOCAL CRABS & LOBSTERS COOKED श्च **DRESSED DAILY**

Dear Miss Etta I am becoming increasingly concerned about the dress code in our town. Young men, and, indeed older men, are walking through

the town without their shirts on. It looks terrible, and cannot be good for their health. Please let me know the guidelines on clothing so that I may pass it on to these folk when I see them.

Yours Formerly of the Forces

Oh you poor thing, Mr Formerly. I do understand your concern for these young people, and more so for the older ones! It isn't nice seeing half naked men walking around town, and in some cases, its downright nasty. It doesn't matter how ripped you are. I remember a lyric my mother passed onto me, which I think answers your question:

Dear Asbo or Asbeen

you should never be seen without your shirt on! It really is obscene.

Personally, I don't think vests or muscle t shirts are acceptable either. Half naked men or their naked brothers should be kept at home or in magazines.

I have looked into the town plan, and cannot see a dress code as such. Perhaps you might suggest they join one of the lovely local societies that have a dress code to which they might adhere. With warmest wishes Etta

Dear Miss K

I have friends visiting Broadstairs soon, and I would like to take them out for drinks in one of our local pubs. Could you suggest which pub does the best Bloody Mary? Yours sincerely Jane D

My Dear Jane. What a difficult

question you pose! I could give you the benefit of my considerable experience of testing bloody marys in town - and I did another run of the pubs just to ensure my research is fully up to date only last Sunday. In my opinion, one woman's good bloody mary can blow another woman's head off! I would suggest that you and perhaps some of your closest girlfriends spend an evening trying the bloody marys in town. You may need to take paper and pens plus cameras to record your findings, in case you forget by the time you get to the Tartar Frigate. I probably don't need to suggest you put this on Facebook afterwards to share with everyone. Good luck with this important project. Yours Etta

Dear Etta

Is it me, or are there more and more underage drunks hanging around town, spoiling for fights? The streets are strewn with glass, and the noise is unbelievable. The other day I saw a group of kids throwing glasses down onto people picnicking on the beach. What can we do about this behaviour?

Sincerely Barry B, Broadstairs

Dear Mr B. My poor poor dear. It is becoming increasingly obvious that our lovely young people are spending too much time drinking the very cheap alcohol they can buy in our abundance of supermarkets. It is with much regret that I must agree with you that their behaviour is becoming more and more feral. For some of us, these young people are our future and represent our pensions. We need to nurture the darlings. Gone are the days when a group of older citizens could take the troublemakers to one side and give them a "talking to" - nowadays those citizens put themselves in danger of receiving a good kicking instead. Personally, I think the introduction of a qualification in parenting is marvellous. Throw in some good nutrition, more police on the streets, and we might have a wonderful cocktail of goodness for the

children! And even better, they might be better placed to earn good livings and pay off that terrible debt we've all accumulated. Meantime, may I advise picnickers

on the beach, to move as far away from the cliff side as possible. Kind regards Etta

Dear Etta

I have lived in this town since I retired 12 years ago. I moved here because it afforded my wife and I a healthy lifestyle in a beautiful environment. It saddens me that the place has changed so much in that time. The worst is the growing number of foreign students. They are everywhere. They walk around in their groups and give no consideration to other people who are trying to do their shopping. I am forever asking them politely to move out of the way, They either don't hear me, or choose to ignore me. They don't take their places in a queue, only the other day my wife returned home traumatised by the lack of thoughtfulness to her frailty. I know a lot of elderly people who feel the same way about this. Can you help? Sincerely, MK

Dear Mr K. Yes there are a lot of foreign students around – I've noticed that too! That must be down to an incredibly successful marketing programme by our local foreign schools, and the reputation of the area as a good and safe place for parents to send their children.

You poor dear man, it must be difficult for you, as I can't imagine there are many shops that are unaffected by the income these students bring in. In fact, I think you could say foreign students are one of our biggest industries in the area! A large proportion of the populace is probably covering their mortgages through these students. I feel the same way when I'm pushed around by any large groups of people who aren't aware of other people around them. And, quite

The Broadie

frankly, the British should know better – we know how to queue over here!

Perhaps the foreign language Schools might add a paragraph about British behaviour in their brochures – the importance of saying "please" and "thank you" as often as possible; how to queue; walking in a formal line; how not to look a potential young assailant in the eye. Let these young people fully experience the British way of life! And, more importantly, treat our elderly citizens with the same respect they are used to in Britain, or perhaps they already are?

Hello Love

Me and my famly love coming to Broadstairs. We done it for quite some time now. We fink the pubs are great and the beaches are great too. But we come for Folk Week, finking it might be a bit of fun. Man, what is that all about? Them men hanging about all dressed up – are they for real? Love

William Shelf

Dear Mr S – after spending some time deciphering your missive (which thankfully was quite brief), I think I ascertain that you are questioning the authenticity of our Broadstairs Folk Week, or folk followers in general? Personally I have a great fondness for our Folk Week – I think if it were too authentic, and didn't have the mix of music that it does, I might have to move away and not enjoy some world class and quality live music in small venues, downed with plenty of the cider or Gadd's that's on offer.

I tend to look through the costumes and go to the heart of it – for some people the traditions are sacrosanct – and you will find them in serious huddles, dissecting their hey nonny nos to their hearts' content. Other Folk World members are just having a great time, they are drunk, they are jigging around and in large numbers don't care about the ironic statements made about them in the press or from bystanders. They are truly free!

To be honest I think we need to question the authenticity of much of the music around these days, which I believe has lost the integrity of its roots -R&B warblers; old Ska men poncing around the stage; give me a man dressed as a baby any day! (Which segues nicely to my next question..... coming next time.)

Meantime, Mr S, have you and your "famly" tried Dickens Week; or you may prefer our Food Festival instead. Do keep coming down, its amazing how you can start to find enjoyment in our town.

- Looking forward to seeing you and your famly. Etta



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Well Suited

The male side of the 'Bridal Gallery' in York Street by the name of 'Well Suited' is in the process of transferring its business across the road to much needed larger premises.

The business although already busy may well be even busier after their recent TV exposure. The programme shown on BBC3 was 'Don't Tell the

Bride' which involves the groom having to make all the decisions usually made by the bride. This has all the anticipated nightmarish scenarios but occasionally has a good outcome. The groom (Sailor Ian Bowman) in this instance chose 'his' dress from the Bridal Gallery in Chandos Road Broadstairs. The proprietors Jean and Robin held their breath waiting for the programmes airing but needn't have worried. The dress a 'fishtail titanic' dress was described by the bride, (Reanna Phillipo) and her bridesmaids as "gorgeous, absolutely beautiful, amazing, perfect, made to order, incredible and so romantic". The bride said she loved it so much and it was the "biggest, nicest, happiest moment ever". The bride was expecting a big greek wedding but they got married on HMS Belfast in London on May 22nd. Filming was outside Sinatras, along the seafront and they bought something in Rooks

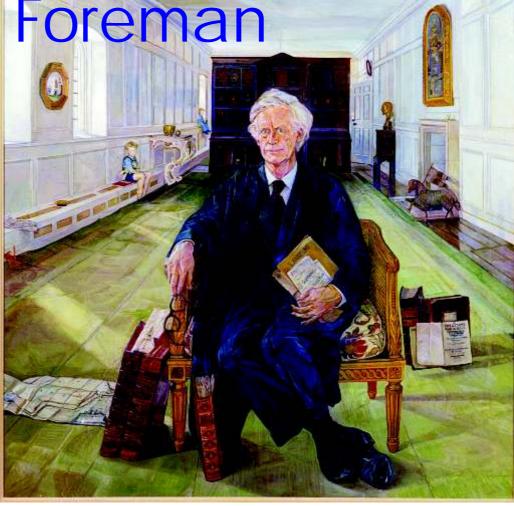
Well done to the happy couple and well done to Well Suited.

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Margaret Foreman

My next guest who I have known for some has always amazed me with her portraits and her eye for the drawing side of her work which again has always been spot on, having framed a number or her portraits it has given me real pleasure to have her paintings knocking around the studio and in fact small one frame a year or so ago was excepted for the summer show (must have been the framing).

I've always enjoyed painting from life. I use any medium, but mostly oil on canvas. Even when I was a student at Goldsmith's College in the seventies when nearly all of the students and lecturers were more interested in the new ideas of the conceptual art movement, I found myself happiest painting anything at all as long as it was in front of me. I especially enjoyed painting the artist's models who were underused and so I often had a model all to myself. One old lady, a Miss Delaporte (5). always brought a wonderful selection of clothes with her for the portrait modelling sessions. She was very beautiful with fine translucent skin, and bright brown eyes. I remember painting her when she was wearing a black paper taffeta skirt, a blouse of hand made lace and a heavily embroidered Spanish silk shawl. I painted her for six months during which time she talked about her life as a child in the



French West Indies. I did find myself transported to another time and place, much nicer than the grim derelict dullness of New Cross and the New Age Goldsmith's College where we were. [Miss Delaporte]



After Goldsmith's I won a place at the RA schools where I spent another three years painting nudes and portraits of all the wonderful models the school employed. During the summer break I painted my dear mother Kitty, an unpaid and very patient sitter.

I've exhibited at the RA summer show since 1973 and even now I make a point of putting something in, usually a small still life. This year's picture was called 'Lemon Curd' (2), and is in a way a memory of my mother who was good at making it. [Lemon Curd] I had good luck when I left the RA because I could earn my living painting portraits to commission. One of these portraits was of the brilliant medieval historian Richard Southern (1). It was painted for St John's College Oxford. Sir Richard almost orchestrated the picture by telling me what he wanted included besides himself. He was seated the long gallery at St John's in front of Archbishop Laud's bookcase. Poor Archbishop Laud was burnt at the stake. I felt guite disturbed when I was painting the book of his trial Sir Richard wanted included in the picture. The picture is full of references to the college, for instance 'The Lamb and Flag', Sir Richards grandchildren appear in the background. I am very fond of this picture.



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Thanet Wanderers

Fixture list

02-10-2010 2nd XV v Old Alleynians, 3.00pm

02-10-2010 4th XV v Folkestone, 3.00pm 09-10-2010 4th XV v Whitstable, 3.00pm 16-10-2010 1st XV v Chobham, 3.00pm 16-10-2010 5th XV v Faversham, 3.00pm 23-10-2010 2nd XV v Sidcup, 3.00pm 23-10-2010 5th XV v Folkestone, 3.00pm 30-10-2010 1st XV v Haywards Heath, 3.00pm 30-10-2010 2nd XV v Beckenham, 3.00pm 30-10-2010 4th XV v Dover, 3.00pm 06-11-2010 4th XV v Dover, 3.00pm 13-11-2010 2nd XV v Canterbury, 2.30pm 20-11-2010 1st XV v Chichester, 2.30pm 20-11-2010 4th XV v Sittingbourne, 2.30pm 20-11-2010 5th XV v Whitstable, 2.30pm

If you would like some introduction...

As the new Director of Rugby for 2010/2011, I am very keen to let everybody know about their local rugby union club, Thanet Wanderers RUFC, one of Kent's largest rugby clubs.

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More details can be found on our website at http://www.facebook.com/l/aefe1E5dxCCvqNuLHvSlqbEWxQQ ;www.thanetwanderers.co.uk or you can call me on 01843 862992 or 07890 426685. Ian Lodge



The Brigadier

As i'm sure you all realise by now, i am a very modern man, and as such, the ladies of this illustrious magazine have asked me to give my thoughts on female matters, I can only assume they meant subjects such as feminism, kittens and ironing. I think therefore I'll stick to what I know and begin with some top tips for men, just so the

chaps can avoid those worrying situations where they have been left alone in the house by their beloved with instructions to do some sort of job and with the added responsibility of being told to "Clear up" after yourself.

Firstly, don't panic, if the job you have been volunteered for involves anything as vulgar as DIY then follow the acronym which has served me very well throughout the years....GALMI, or 'Get A Little Man In'. This gives you ample time to fix a large G&T and sit down and watch the cricket. You can then always guarantee a good job has been done, you will recieve much kudos from your beloved who will imagine that you're actually a right clever stick, it also encourages a certain amount of pampering in the evening when you can complain that your back is hurting from your exertions earlier that day. For those of you with the ability to draw on those acting lessons from your schooldays you may manage a good couple of weeks of rest and recuperation after such an episode. It will also discourage your good lady from asking you in future to partake in this evil practise that ensnares and traps so many men in B&Q warehouses at the weekend when they should be entertaining ladies on verandahs whilst sipping on a dry martini or two. On the subject of ladies I was guite bemused the other day when a female aquaintance I know suggested I was sexist, of course the girl was speaking utter tripe, how on earth she'd managed to get that idea into her silly little girlie head is guite beyond me.

That old bon viveur Groucho Marks once said "Women should be obscene but not heard", but what do old Hollywood stars know, I mean who'd have thought...Rock Hudson Personally I managed to avoid all that nonsense at public school in fact I dont think I could ever be bisexual, (yes even if it does say different in the toilets) I couldn't stand being rejected by men as well as women.

So what can I tell you about women? They're quite the most unfathomable species. Well mostly they're a much gentler lot than your average chap, (except those drunken harridans you see shouting in the street at 11pm whose idea of sartorial elegance is something small and garish in a size six which in reality should be a size sixteen). I know they adore kittens and last time I was involved they don't go to war, which is quite handy as we wouldn't want to turn war into something as frightening as a marriage.

So, the best advice I can give you is. Really,..... dont ask me. The Brigadier



Thanet Wanderers

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Fixture list

02-10-2010 2nd XV v Old Alleynians, 3.00pm

02-10-2010 4th XV v Folkestone, 3.00pm 09-10-2010 4th XV v Whitstable, 3.00pm 16-10-2010 1st XV v Chobham, 3.00pm 16-10-2010 5th XV v Faversham, 3.00pm 23-10-2010 2nd XV v Sidcup, 3.00pm 23-10-2010 5th XV v Folkestone, 3.00pm 30-10-2010 1st XV v Haywards Heath, 3.00pm 30-10-2010 2nd XV v Beckenham, 3.00pm 30-10-2010 4th XV v Dover, 3.00pm 06-11-2010 4th XV v Snowdown, 2.30pm 13-11-2010 2nd XV v Canterbury, 2.30pm 20-11-2010 1st XV v Chichester, 2.30pm 20-11-2010 4th XV v Sittingbourne, 2.30pm 20-11-2010 5th XV v Whitstable, 2.30pm

If you would like some introduction...

As the new Director of Rugby for 2010/2011, I am very keen to let everybody know about their local rugby union club, Thanet Wanderers RUFC, one of Kent's largest rugby clubs.

With over 100 senior and over 250 junior players every week, we though it about time to let all the local people informed about our upcoming home fixtures.

Just 10 minutes walk from the top of Broadstairs High Street with a fully licensed bar, kids playground and brand new viewing balcony, Thanet Wanderers RUFC is just a great place to be on a Saturday afternooon or a Sunday morning.

More details can be found on our website at http://www.facebook.com/l/aefe1E5dxCCvqNuLHvSlgbEWxQQ ;www.thanetwanderers.co.uk or you can call me on 01843 862992 or 07890 426685. lan Lodge



The Brigadier

As i'm sure you all realise by now, i am a very modern man, and as such, the ladies of this illustrious magazine have asked me to give my thoughts on female matters, I can only assume they meant subjects such as feminism, kittens and ironing. I think therefore I'll stick to what I know and begin with some top tips for men, just so the

chaps can avoid those worrying situations where they have been left alone in the house by their beloved with instructions to do some sort of job and with the added responsibility of being told to "Clear up" after yourself.

Firstly, don't panic, if the job you have been volunteered for involves anything as vulgar as DIY then follow the acronym which has served me very well throughout the years....GALMI, or 'Get A Little Man In'. This gives you ample time to fix a large G&T and sit down and watch the cricket. You can then always guarantee a good job has been done, you will recieve much kudos from your beloved who will imagine that you're actually a right clever stick, it also encourages a certain amount of pampering in the evening when you can complain that your back is hurting from your exertions earlier that day. For those of you with the ability to draw on those acting lessons from your schooldays you may manage a good couple of weeks of rest and recuperation after such an episode. It will also discourage your good lady from asking you in future to partake in this evil practise that ensnares and traps so many men in B&Q warehouses at the weekend when they should be entertaining ladies on verandahs whilst sipping on a dry martini or two. On the subject of ladies I was quite bemused the other day when a female aquaintance I know suggested I was sexist, of course the girl was speaking utter tripe, how on earth she'd managed to get that idea into her silly little girlie head is quite beyond me.

That old bon viveur Groucho Marks once said "Women should be obscene but not heard", but what do old Hollywood stars know, I mean who'd have thought...Rock Hudson Personally I managed to avoid all that nonsense at public school in fact I dont think I could ever be bisexual, (yes even if it does say different in the toilets) I couldn't stand being rejected by men as well as women.

So what can I tell you about women? They're quite the most unfathomable species. Well mostly they're a much gentler lot than your average chap, (except those drunken harridans you see shouting in the street at 11pm whose idea of sartorial elegance is something small and garish in a size six which in reality should be a size sixteen). I know they adore kittens and last time I was involved they don't go to war, which is quite handy as we wouldn't want to turn war into something as frightening as a marriage.

So, the best advice I can give you is. Really,..... dont ask me. The Brigadier

Listings Broadstairs' Clubs & Organisations

Regular Meetings/events
Sunday
1 st Sun 7-1pm Boot Fair Charles Dickens School 07709
074866
Monday
Every Mon 7.30pm B'st Chess Club Memorial Theatre,
Hilderstone
2 nd Mon 7.30pm Isle of Thanet Geographical Ass Park Hall
602051
3 rd Mon 7.30pm Thanet Fuchsia Group St. Peter's Church
Hall 225122
Tuesday
Every Tues 6-7pm Brownies York St Methodist Church
601932
1st Tues 2pmTARA St Peters Memorial Hall 603332
1 st & 3 rd Tues 7.30pm Web Group for special needs (16+)
Y&L Centre Albion St 861055
2nd Tues 2.30pm Island Floral Group. St Peter's Church
Hall 592987
2 nd Tues 7.30pm B'st Soc Park Hall 868835
4th Tues 7.30pm Island Greenfingers' Club.Portland
Centre, Hopeville Ave 831618
Wednesday
Every Weds 7.30pm Bridge Club. Portland Centre, St
Peter's 604954
www.bridgewebs.com/broadstairs
Every Weds 7.45pm Thanet Festival Choir Holy Trinity
Church 602332
Every Weds : Beginners 8-9pm, Intermediate 9-10pm
Line Dancing St Peters Church Hall 585537
1 st Weds 3.30pm Messy Church Y&L Centre 861055
1 st Weds 7.45pm Discussion Group Y&L Centre 861055
2 nd Weds 7.30pm St P's & B'st Horticultural Soc Park Hall
601095
2nd Weds March 7.30pm Thanet Amnesty Group. Friends
Meeting House, St Peters Rd 295536
Thursday
Every Thurs10-11.15am St P's Old Boys & Comm. Ass St
Peters Memorial Hall 864162
Every Thurs 2-3.30pm Line Dancing St Peter's Memorial
Hall 603332
1 st & 3 rd Thurs 7.30pm Recorded Music Soc Red Hall
604101
3 rd Thurs 2pm TADFAS St. Peter's Church Hall
580389
3rd Thurs 2-4pm B'st Ladies Lifeboat Guild Holy Trinity
Church 861306
<u>Friday</u>
Every Fri 7-9pm St P's Old Boys & Comm Ass, WHIST St
Peters Memorial Hall 864162
Revolution Skatepark & Climbing Centre 866707
Every Weds & Fri 5-7pm : Beginners Skating
Every Tuesday 5-7pm : Advanced Skating
Every Sat & Sun 5-6.30pm : Climbing Club
www.revolutionskatepark.co.uk
4th Broadstairs Scout Group Belvedere Rd 226486
Mon & Weds : Beavers & Cubs, Fri : Scouts, Tues :
uniform shop
Oct 4 th & 18 th Nov 1 st & 15 th B'st Writers' Circle, Brown Jug
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Oct Inn,

Angling Society	865566
B & St P's Art Group	865566 848016 861283
B & St Ps' Bowls Club	861283
B & St Ps' Concert Band	581185
B Cricket Club	602681
B Lifeguard & Swimming C	lub
	865292
B Sailing Club	861373
	601631
E Kent Lacemakers' Guild	865102
E Kent Morris Minor Club	867270
Joss Bay Surf School 07812	2 991195
Kent Surf School	866707
N Foreland Badminton Ass	00
01227	374919
N Foreland Golf Club	862140
Pilates classes	861375
Rock Doctor Walks 0870 2	2646111
	863561
Thanet Male Voice Choir	865819
Thanet Squash Club	
Thanet Wanderers' Rugby	
0.0	593142
Vikings' Sea Angling Soc	865566
Walkers' Friend 07801	508958
Thanet Film Soc	iety
tfs@thanetfilm.co.uk	
OCT 5: Samson and Delila	
12: No one knows about Persian	
cats	
19: London River	
26: When you're strange	

26: When you're strange NOV 2: The Time that Remains 9: La danse 16: Ajami 23: 24City 30: Vincere

'Simply Outrageous'

Oct 8th 8pm Pavilion 01843 600085 In aid of Demelza House adult humour Over 18 only £12.50 only available @ Rose & Neptune

Useful websites

www.broadstairs.gov.uk www.kentadulteducation.co.uk www.nadfaskentarea.org.uk www.iotas.org.uk/whatson.html www.thebroadstairssociety.org.uk thanetkids.co.uk www.thebroadstairsvictorians.org.uk www.dickensfellowship.org www.broadstairschamber.org.uk www.stella-maris.org.uk www.thanetcoast.org.uk helterskelterplaycentres.co.uk www.thanetfilm.co.uk www.visitbroadstairs.co.uk

Sarah Thorne Theatre Club

0845 2626263 Memorial Theatre, Hilderstone www.sarahthorne-theatreclub.co.uk

<u>October</u>

Sat 2nd: Shakers by John Godber and Jane Thornton

Sat 9th: Music of the Night with Rebecca Cain

Sun 10th: Three Men in a Boat with Rodney Bewes

Sat 16th: Patrick Dunn - piano concert Sun 17th: The Rape of Lucrece Saturday 23rd: The Knicker Lady Sunday 24th: Victoria Davies in Concert

Saturday 30th: The Story of Gilbert & Sullivan Sunday 31st: Thanet Light Orchestra

November

Saturday 6th: Autumnal Songs Sunday 7th: The Dead Hand Saturday 13th: The Bonzo Dog Doo Dah Band Changed My Life Forever Sunday 14th: Kissing Sid James Saturday 20th: The Next Room Sunday 21st: The Palm Court Seven Saturday 27th: Tenorissimo - 3 Tenors in concert Sunday 28th: My Husband the King

Thanet Coast Project: October

Seaweeds and Their Secrets Thur 28 10am Botany Bay **Rocky Shore Discovery Tour!** Fri 29 10am Dumpton Gap Thanet Coast's Big Draw 'Sea Life Treasure Trail' Sat 30 10am Meet: Broadstairs harbour Kent Coastal Week (23-31 October) Celebrating and exploring the rich coastal heritage allaround the county and the international year of biodiversity Wildlife Storytelling Adventures Mon 25 10.30am Sea Monster Tale Trail - Dumpton Gap Wed 27 10.30am Sea Monster Tale Trail - Botany Bay

thebroadie@googlemail.com

Why not make a Will and leave things the way YOU wish them to be dealt with? Why pay more Inheritance Tax than absolutely necessary? We offer specialist advice in a straightforward way

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TO PROTECT YOUR FAMILY

Please call today for a free confidential discussion.

Barnes Marsland

Just call 01843 221466 for more information or visit our website www.barnesmarsland.co.uk.

Offices in Margate and Broadstairs