

Letters p3 Yarrow House p16 Wills stuff p18

**Stuff & Nonsense p5** 

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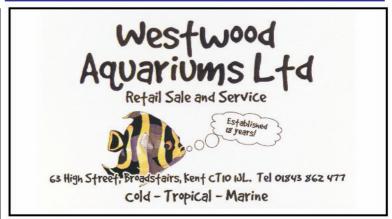
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## Your Letters thebroadie@googlemail.com

#### **Dogfights of 1940**

A dear friend in Broadstairs has sent me several copies of The Broadie which I have enjoyed immensely. A delightful look at current events and honest opinions about the community where as a lad I spent much time at Viking Bay with bucket and spade. In later years I enjoyed the local hospitality while visiting my parents, Mr. and Mrs. Edwards Saunders, (now decd) when they moved to Lauriston Mount to live out their retirement.

What moved me to write this letter is the article in issue 14, Dogfights at Six. written by Mrs.C. Her description of lifeas a six-year-old during those crucial days of WW2 awoke long-neglected memories of my own (the rubbery smell of gas masks). I was 13 years old when our school was evacuated from London to Lewes where we were billeted with local families. I. too. vividly recall we schoolboys jumping on our bikes after classes to ride up onto the South Downs to watch aerial dogfights in the sky. It was May, 1940 and as we now know this would be known as part of the Battle of Britain. But for us it was put on to promote our town was a thrilling real life drama, hearing the rattle of machine-gun fire against a clear blue sky. One day we watched as a German Junkers88 bomber went down in flames less than a mile away. Another day a crippled Spitfire flipped on its back while attempting to land on the Lewes racecourse, right behind our housing estate.

Thank You, Mrs. C for helping so many of us still living to recapture the drama and excitement of those days, as well as the experiences of Anderson air raid shelters and dodging"doodlebugs" in London when home on leave from the RN. Perhaps you have encouraged other octogenerians like me to set down some stories for the benefit of our great grandchildren. **Gordon Sanderson** London, Ontario, Canada

#### No Change though

I heartly agree with your view that we should vote in the local elections for the candidates who focus on the issues that concern us, and not on national politics. How refreshing to read the presentations of Clare Hunt and Louisa Latham both focusing on the area and policies. Contrast that with the prospective of certain other candidates droning on about their 'successful' business careers and School Governships. Incidently, before you accuse me of bias I am a lifelong conservative. regards,

M.J.Owen **Broadstairs** 

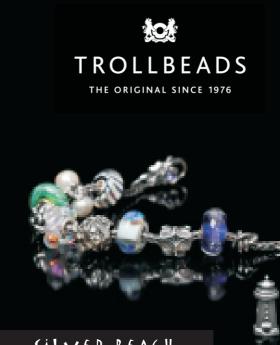
Great idea to feature candidates and their concerns. Thanks. Have some idea of who to vote for now! P Erol

**Broadstairs** 

#### **Join The Fightback Dear Sir**

As part of the team of the Big Broadstairs Weekend, I wanted to thank all those involved. Our event and community, and we can say we were incredibly successful. We had people from outside Thanet visiting for the event: hits on our websites came from all over the world; good radio, and press coverage locally, and we were on BBC Radio Kent and on Friday 3rd we had a 10 sec slot on Meridian South East News. Not bad for an event that was put together by a very small team in just 10 weeks with no previous experience!

**High Streets are suffering** throughout the country, as are seaside towns. We are a small group of people who are passionate about our town and want to see it prosper. Imagine if the whole community could get together to promote the town further. We would have an amazing story to tell the outside world. I am determined that we have a story to tell the national press - "The High



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Street Fights Back". Please support us - spend time and money in the town, join our **Facebook Group: Save** Broadstairs High Street; if you're a business join Broadstairs and **St Peters Chamber of Commerce** and make it a strong lobby representing all our businesses; come and help us create and run our events. The economic impact for all of us will be amazing! Regards

**Fiona Crawford - Helter Skelter Children's Indoor Play Centre,** Save Broadstairs High Street, Big **Broadstairs Weekend, etc** 

#### Mistooks

#### Dear Sir.

Anyone who went to St Georges School instead of Belmarsh Prison ought to be able to spell 'separated' **BJ Gilham**, (Broadstairs)

#### Halleluiah

The new Baptist church apparently has cost nearer 1.9 million pounds than the £600,000 stated in the last issue.

#### There'll be letter's

Just to save any readers the time of writing in to complain. We don't care where apostrophes are supposed to go. Life's to short.

#### Jeff Who

We know who Jeff Lynne is but who the hell is Jeff Jynne. Neither of these chaps wrote the musical adaptation of War of The Worlds, it was of course Jeff Wavne. Doh!

Contact us on 01843 869368 or e-mail thebroadie@googlemail.com

#### Page 4

#### **Ton up Madge**

Madge Thomas celebrated her 100th birthday on 11 April, surrounded by family and friends. Madge has lived in Broadstairs all her life and has many interesting stories to tell of life before and after the two World Wars. She was born at 4 The Broadway, above the shop where her father, George Smith, built bicycles. She attended St Mildred's School until she was 14,



when she left to work for Edgar Stokes, the gents' outfitters, in the town. Madge married Edward (Eddie) Thomas in 1938 and they designed the bungalow in Stanley Road where they lived for 60 happy years. Madge and Eddie joined the National Fire Service in the War and Eddie was one of the lucky firemen to



escape death when the fire station in Vere Road was bombed - he and other members of his watch were playing billiards at the time and dived under the table which saved them. Madge thinks Broadie readers may be interested in a couple of old photos, one of the Holy Trinity Sunday School dance group, taken in the Vicarage Gardens. The second photo was taken at a party to celebrate VE night in a hall which is now Chiappinis on The Parade. Do you recognise anyone in these old photos? Madge has 100 years of happy memories of Broadstairs; dances at the Grand Ballroom before the War. cricket matches against the visitors on the beach, the arrival of the Viking Ship 'Hugin' in 1949, and long hot summers (and some wet ones too!) on the beach.

#### **Give us a Kiss**

Turner Contemporary has announced that from 4 October 2011-2 September 2012 Auguste Rodin's life-size marble sculpture The Kiss, 1901-04, will be installed in the Sunley Gallery.

On loan from the Tate collection and one of the most iconic images of sexual love. The Kiss was voted the nation's favourite work of art in a 2003 poll. The embracing couple come from a true thirteenth century story of forbidden love, which was immortalised in Dante's Inferno and by many artists since. At the time, the perceived eroticism of Rodin's sculpture was controversial leading to instances where the work was removed from public view, sadly the idea of removing from view rampant scenes of eroticism does not still apply, especially if the couple going at it hammer and tongs in Balmoral Gardens the other week is anything to go by. Whether they are up for a repeat viewing or whether admission was free we cant say, however we can tell you that the new exhibition at the Turner centre from 17th Sept 2011 - 8th Jan 2012 "Nothing in the World But Youth", is free.

The exhibition explores how youth experience has been reflected in art, culture and the media since the late nineteenth century to the present day and will feature paintings, photographs, items of clothing and early JMW Turner works, many depicting the local area of East Kent.

In other "Turner Centre" news, a once popular comedian who rather fell out of favour with

the populace commented

"What's an Art Farty thing like that doing in Margate".That was from Jim Davidson. Well Jim, by the looks of things it's so far attracted over 100,000 visits, which is quite possibly more than a Jim Davidson show at the Winter Gardens could attract anymore. Here's what we reckon.

The main seaward window frames the view wonderfully, Highlights for us were the hanging globes by Russell Crotty, and also really enjoyed "Arcadia" with the two tone bleakness of a backlit Margate. The only let down was the shop, which seemed like a half hearted attempt when you consider that it is an important source of revenue. Having also just ventured out to London to see

Miss Emins new exhibition we are really looking forward to seeing what Thanet makes of some of the pieces she had on display at the Hayward gallery on the South Bank, and whether or not her Turner exhibition planned for next year will be toned down for the easily shocked

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#### Damn! Blue! That's three - two to you Burt.

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#### **Genuine Overheard Conversations**



Grandad (Looking at Nelson house in Eldon Place). "Look kids, that's where Nelson lives".

Young Grandaughter:-"Who's that?"

Young Grandson:-"Wasn't he the man in the pub last night doing the Karaoke?"

#### Egg & Bacon Ice-Cream anyone?

Here's Mr Blumenthal on Viking Bay on 23rd May filming an advert for Waitrose, they even brought their own beach hut.

We hope Mr Blumethal managed a better smile for the cameras as he certainly looks decidedly grumpy here, perhaps he's just really angry with the



wag that's super-glued his hands to the counter. We have been assured that whilst Heston enjoyed his visit, he won't be working the summer season

Nice to know that film makers and the like feel that Broadstairs is worthy to be filmed.

photo courtesy of www.stella-maris.org.uk



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#### Eat your leaves

#### Page 8



 ${\sf S}$ ummer's here and it's time to get out of the kitchen and down to the beach - Woo Hoo!!!

I am aiming to spend as little time as possible cooking over the next couple of months and am looking forward to eating a variety of lovely, healthy, super tasty and quick and easy salads in my garden......with wine.....lots of wine.

I love salad but it gets a bit dull if you rely on iceberg, cucumber and tomatoes so I try to mix it up a bit and aim for no two salads in a week to be the same and for none of them to be dull!

My basic standard salad consists of romaine lettuce, watercress,

baby leaf spinach and rocket leaves, cucumber and tomatoes with some or all of my top ten additions;

Butternut squash. Cut into 1-2cm chunks and drizzled with olive oil before being roasted in a medium oven until soft. Cool and add the required amount to the salad before storing the rest in the fridge for another salad, another day.

Beetroot. Wash and peel fresh beetroot before treating the same as the Butternut squash.

Beetroot is a super food and adds lovely earthy tones to a salad. Sprouts (Alfalfa or Cress - not Brussels!). Rinsed in cold water and sprinkled on the top

Chestnut mushrooms. Halved, oiled and popped into the oven for 10 mins whilst you're roasting the butternut or beetroot.

Celery. A natural source of sodium that helps bring out the sweetness of the toms, squash and beetroot. I peel to get rid of the tough stringy bits and cut up finely.

Seeds. I buy a salad seed mix from the health food shop which contains linseed, sunflower, pumpkin and sesame seeds. Toast in a hot dry frying pan until you start to hear and see them pop, then pour over the top of the salad to add extra texture, crunch and a lovely nutty flavour.

Herbs. I cannot stress how much difference the zing of mint, basil, coriander or chives makes to a salad. I grab a handful from my herb patch. rinse in cool water and chop roughly.

Broccoli. I know you think that broccoli should be eaten hot but trust me on this one! I cut the florets from a head of broccoli, halving any big bits and steam until al dente before rinsing in cold water. The leftover raw stalk can be peeled and sliced to go in the salad too.

Peas, broad beans and Mange tout. Peas fresh from Mr Wally's allotment go on raw. Peas from the freezer and broad beans and mange tout get 2 mins of quick boiling before draining and rinsing in cold water. Flowers. I know what you're thinking - not roses (although I might have a go now I come to mention it) but nasturtiums. marigolds and flowers from any herbs you've got growing in your window box - lovely cheerful purple chive flowers are my favourite.



To complement your lovely luxurious fresh and healthy gourmet salad you will need a dressing.

My old favourites are;

Vinagrette. I don't know why anyone would ever buy this - it's so easy and much tastier than shop bought.

Use a small jar and shake up. 2 tbsp red wine vinegar, 8 tbsp light olive oil, 1 tsp Dijon mustard, 2 crushed cloves of garlic if you like garlic. If you don't like garlic, add some chopped parsley or something nice and tasty like tarragon or basil.

Mayo. Now we have food mixers, life is no longer too short to make your own Mayo. I remember calling for my friend Rocio to come out and play when we were about 9 and having to wait until she had finished her chore of laboriously hand whisking a batch of mayo. This version would have had us out of that door and down on the trampolines in minutes!!!

Two eggs at room temperature (1 whole and 1 yolk) 100mls of light oil - I use 80ml sunflower and 20ml olive.

Put the eggs into the mixer. Start mixer. Add oil a drip at a time - i know it's boring but just think of how boring it would be to whisk it by hand one drop at a time! Once it looks like mayo, add a squeeze of lemon juice or a few drops of white wine vinegar and a splodge of Dijon mustard.

Aioli - To transform your mayo into delicious aioli, do as above but make sure you've got a couple of crushed garlic cloves (or 3 or 4 if you're brave) and a generous pinch of salt in there too. If I make particularly fierce garlicky mayo. I cool it down a bit and lighten the taste by stirring in a small tub of greek yoghurt. Blue cheese dressing.

Put 2 generous tbsps of your homemade mayo in a bowl and match with the same amount of sour cream. Crumble a generous slice (about 40-50g) of blue cheese - stilton or anything else you've got hanging around.

That's dinner sorted for the next 8 weeks.....right, where did I put that windbreak....

#### My top tip

Store celery in a pint glass with an inch of water in the bottom and it'll stav crunchy for ages!



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#### Shock, Horror. Family has newspaper delivered

News has reached us from the far flung destination of Broadstairs, that a local newsagents has been delivering Saturday and the News of The newspapers to the Broadstairs area every day now (Except Christmas Day) for nearly eight that includes delivery. vears.

Many local residents have woken up to find that their favourite daily newspaper is sitting there waiting to be read over breakfast, and all for the cost of just one pound for delivery.

One fortunate reader of the new title "The I Daily" was quoted

as saving.

"It's great value for money, I get "The I" from Monday to World on Sunday and it only costs £3.30 a week all in, and Apparently the service is available to anyone in Broadstairs who wants great service from a family run local independent shop. "An Independent shop at the

heart of the community" corrected the rather handsome and debonair owner. And who are we to argue.....

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I wouldn't want to brag but my plot is looking great! All the plants either perennial or annual are going berserk. My artichokes are monstrous, the finest globes you've ever seen! With all this sun and my best efforts to water, it really is a growing dream. There is obviously a downfall to these conditions. The weeds are loving it too. At Culmers we have a serious problem with bind weed. Other than couch grass it has got to be the worst of all weeds. You only have to leave the tiniest rhizome in the ground and it will produce a new plant. I once trace a 3 meter length of bind weed back to a root no bigger than my little toe. There are two types, hedge and field. Hedge is identified by its large white bell shaped flowers while the field variety has smaller pink flowers. The latter is regarded as a more serious problem as the roots will grow very deep. Bindweed can be a major nuisance if it grows amongst perennials. Sometimes the only thing to do is just keep pulling off the twisting feelers without trying to eradicate the roots. There are lots of other names for bindweed such as devils guts, hellweed and strangleweed. Though there are a few slightly more optimistic ones too; morning glory, lady's umbrella and fairy trumpet (though that last one is also a name we give the sound coming out of Mrs Wally after a good helping of Jerusalem artichokes!). Incidentally have you ever wondered what name is given to a pile of cut grass? No? Give up? It's called a 'Wally'! I know, like me you probably thought a 'Wally' was a collection of mayerick, entrepreneurial trailblazing vegetable growers. Shocking.

So apart from the seemingly endless hoeing and troweling there are obviously lots of other things you can be doing. Try sowing some perpetual spinach. It's a beaut' of a plant. If you sow it now and don't allow it to bolt you can be eating the leaves right up until next May. Sow 1cm deep and 30cm apart. Keep moist and keep picking the leaves regardless if you are going to eat them or not. I think I went on about Swiss chard in the last issue but this time I can say that I've now eaten some of my own plants and can report that it was absolutely delicious. Simply steamed the flavour was beautiful. I strongly recommend it. Beetroot is a great successional plant to grow now. Not only is it a cinch to grow it is also hailed as a super food and one that we can grow for pence in our climate. It contains betaine which can help stop the build up of fatty deposits in the liver and beet fibre has also been found to lower 'bad' LDL cholesterol. Also a study has shown that nitrates in beet juice help boost stamina by 16 per cent (obviously that's not why I eat it.) Keep sowing your salad leaves if you can keep up on the watering. Try rocket as a tangy alternative to bog standard lettuce.

There should be lots of things you can be harvesting right now: Potatoes, broad and runner beans, peas, carrots, beetroot, onions and spring cabbage are all out now.

On a personal level I have great delight in announcing that I have apples on my tree. This may not sound impressive at all but it is. You see the reason why I learnt to prune trees properly is because of this one apple tree. 4 years ago I thought I would prune this very vigorous, burly tree. With my child like enthusiasm I went overboard with the saw and almost killed the poor thing. It went from producing vast quantities of apples to producing none. Until now! Needless to say I only made that mistake once. Wally's top tip: Net your brassicas otherwise the pigeons will have em!

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Vincent 'Your fired' Disneur (3rd from left) from BBC 1's The Apprentice while talking to one of the stewards,

"I'll have my picture taken, but no interviews. Could you also do me a favour? Can you get me a chair?"

# Broadstairs





Just over a year ago Fiona Crawford of Helter Skelter started the Facebook group 'Save Broadstairs High Street' (SBHS) because of her concern over the imminent closure of three local independent shops. Within weeks the 1st meeting was held & it was obvious that her concerns were widely shared amongst many of the local residents & traders. The group has gone from strength to strength especially after joining the Broadstairs & St Peter's Chamber of Commerce.

The name of the original group especially the use of the word 'save' has always been a bone of contention with many people. There was concern that it would have a negative impact in that people would think we were suffering more than we are. But many of the local businesses are suffering & do need help to keep going. There

was/is constant comparison with the effect Westwood & the recession has had upon Margate & how Broadstairs seems to be fairing so much better. But the group were not prepared to sit quietly & suffer. It was felt that we could easily be another statistic if something wasn't done to preserve what we had.

The Big Broadstairs Weekend was the latest  $\&\mbox{ most}$  daring event that the group has created.

A small group of incredibly hard working people put the whole thing together in 10 weeks. Members of the chamber threw themselves into the maelstrom in the last couple of weeks & every relative & friend who could stand or talk was dragged into help at the end. Fiona was the power house who kept everybody going, without her constant pushing, cajoling & pleading the event would just not have happened, I know, I was there.

In the end the whole town helped with the odd exception (we know who you are & you won't get away with it next time). From donating bottles for the tombola stall to selling raffle tickets, to sewing crowns for the dancers (Rhona lost the feeling in her fingers cos she made so many), teaching the dance in many schools, pushing it at Westwood Cross, Tesco & QEQM, organising the raffle, making & updating websites, making signs, designing forms, organising teams to clean the beach, sorting out PR etc etc



So just to mention a few, Louise Chisholm, Kiki Case, Julie Moran, Shanda Zumba, Arlene Lehan, Heidi Moran, Anita Jane, Nuvia Wilson, Dawn (Expressions), Lucy (Chiropractic Clinic), Gareth (Freshfish web design), Janet (CoC), Ruth (Marmalade Design) Orit (Let's all Dance) Pippa, Becky, Faye, Carol, Harry, Gerry, Paul & all their significant others for their tolerance & help. We also had a small but great team of students from Dane Court who carried out every tedious job possible with constant good humour.

Apologies to anybody I've missed out. There were so many people who played small but significant parts & without whom it wouldn't have happened.

Next year's BBW is already in the planning stage, favourite for 'Film on the Beach' is Grease but that may well change. We may or may not have our record accepted by Guinness but whatever we shall beat it next year.

The whole weekend cost thousands of pounds, the screen cost  $\pounds 5,000$  & the license for the film alone cost  $\pounds 750$  so even though the weekend has been voted a marvellous success by everybody you speak to we didn't make enough money to cover it all, nearly but not quite.

Fiona underwrote the event so it is Fiona who is out of pocket. That really doesn't seem at all fair when we all had such an amazing time & many of the



businesses in town took 20%+ than they would normally. There are several chamber events planned in the near future to raise the shortfall but if you had a good weekend & would like to show your appreciation then donations may be made to the chamber at 91 High Street, Broadstairs. CT101NQ or via our secretary Janet Thomas 07925 185052 info@broadstairschamber.org.uk

&.....if you want to help in any of the events contact Janet. You don't have to have a business or have to give much time but your help would be much appreciated. If you do get in touch to help please let Janet know if you are also willing to

#### help with the Food Festival. 30th Sept – 2nd Oct **Mama Mia**

2,500 - 3,000 enjoyed a happy evening on Viking bay watching the outdoor screening of the film. We knew it would work but were more than pleased with how well it went. Families, groups of teenagers, couples, including moaning husbands who despite themselves, had a great evening. The





#### Big Broadstairs Weekend Continued

atmosphere was tremendous & the leaving crowd happy & full of congratulations.

The only moans were that the film didn't start on time but there was a missing child & it couldn't be started till she was found. The police made a point of telling the crew that they were amazed at the number of the crowd who got up & went round the town looking for her but that was the feeling of the evening. One big happy cohesive town having a ball. We were all in it together, it was new, innovative & exciting & it worked.

We were surprised to find how many people avoided the events because they thought there would be trouble. A few traders were actually putting people off with predictions of doom & chaos!!!!!! Sour grapes & killjoys come to mind. There was much less trouble than a normal Saturday night.

#### **Dancing Queens**

Another scary success. The previous record for an outside dance class was set in London & the number was 690 so we needed 691 to break the record. To break any Guinness record, the rules are extremely stringent so registration of each dancer was a lengthy process & even with several registration teams working like mad, it was impossible to get everybody who turned up registered in time. So even though about 1200 people actually danced we can only present Guinness officially with 890. We won't know for a few weeks if we have done it but now we know what to predict, next year will be easier.

The two charities which benefitted from the Dancing Queen event were The Royal Marsden Cancer Charity and QEQM Special Babies Unit. Sponsorship & donations are being accepted By Janet Tomas 07925 185052





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A lot of us were worried about the effects three empty shops would have in the bottom of the High St over the busy summer months but at least one of them is being filled temporarily.



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#### Victorian Tearooms

Leigh Anderson & Denise Hodges have always liked baking so have opened the Victorian Tearooms at the lower end of the High Street. They have created a Victorian atmosphere enhanced by their own period dress & are serving high teas & cream teas & other home baked goodies.





#### Harbour St Café

George Rusiecki & Sarah Kemp have taken over running the café at the bottom of Harbour Street.

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#### **Broadstairs Chiropractic** Clinic

9 Queens Road Broadstairs Ct10 1NU

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#### **Big Broadstairs Thanks**

A big thank you to Janice at 'Church Street Florist' for their very generous donations of three beautiful bouquets at the Big Broadstairs Weekend & another lovely one at the opening of the Visitor Information Centre

#### **Baggins Area?**

#### The Broadie

# Unexpected Item in the bagging area

Took a trip to the mega-mart that is a large well known supermarket just the other day. Yes, I know, how could I, a chap who supposedly supports the local High street, be shopping in a corporate empire run by the federation intent on crushing the rebel alliance, or was that Star Wars. Anyway, I went there, and yes I feel dirty and sullied. But for goodness sake where's a Guardian reading liberal lefty supposed to purchase their Salsa topped Hummous? What make it yourself with Chickpeas and lemon? Don't you know how busy and important I am, I don't have time to mess around with recipes that even Jamie Oliver would say, "Well rub-a-duck, I'll just get me wonga out and get-it from Sainsburys" or something like that.

We always sit in the car-park for five minutes before we venture in, building up courage. It's during this time we came up with the "Supermarket I spy game". All you have to do is come up with the most unlikely shopper with a certain product in their trolley and if you spot them inside you win. The first time we played it, herself won with "Mafiosa with Frosties" I wasn't so lucky with "Nun with Vodka". But on a later visit I trounced her by discovering an "Overweight man in Bermuda Shorts

buying ointment" that one was a triple shopper score and I won a treat of my choice from the biccy shelf.

So there we were, trawling the aisles, with racking as far as the eye could see in every direction, trying to avoid fat girls in ill-fitting sportswear, totally missing the irony of the clothes they were wearing whilst miserable faced shoppers went through the motions of buying the same dinners they do every week because they want to get in and out of the weekly hell that is supermarket shopping as soon as possible, "Dolmio again dear" I overheard a rather sad middle aged man say to his significant other, of course it was said in the same tone as "Just shoot me dear, please shoot me" time you're in there, look at all the pipework and ventilation above you, hundreds of pipes sucking up the souls of the damned, probably recycling your thoughts into corporate sound-bites for another of their interminable adverts that scream at you on TV "Buy stuff, it's the only way your life will ever improve, go on, you know you want it". Then there's the general noise with at least one child screaming, have you noticed it, there's always that one child really going for it in the next aisle, but when you get there, there's noone to be seen, i believe that's because the hubbub is piped in from above, the child isn't actually there but has been recorded by the men in cheap shiny suits in a room out back whilst being reduced to tears with the force feeding of something atrocious like Own Brand "Choccy Wheaty Flakey Flakes", probably with an endless loop playing in the background of Bob Hoskins saying "Every Little helps". Or maybe I'm just paranoid. But all that pales into insignificance when you get to the checkout area. Slowly and surreptitiously the previously mentioned men in shiny suits have reduced the amount of humans that can successfully interact with you during your weekly bad trip to the house of food. The tills are being eroded. No, not by the weather, but by a combination of corporate greed and the peddled lie that "It's to give the general public more choice in their method of purchase".

Or alternatively, and I don't wish to appear too Luddite about this...., you don't have to pay robots.

"Unexpected Item in the bagging area", the machine said. Did that machine just tell me there was an unexpected item in the Baggins area? "No, BagginG area" corrects my much more intelligent better half. "Oh my mistake, that does at least explain the lack of Hobbits" I reply, as the intelligent one points at my big hairy toe escaping from my sandals whilst saying "looks like Bilbo's just turned up" Eh? Its only stuff I just picked up from the shelves within this establishment, how can it be unexpected. Now, an original copy of the bible, that's unexpected, perhaps an anvil, also unexpected, maybe the head of Sir Terry Leahy on a stick, that's very unexpected, but a six pack of Chocolate Croissants, and some cat food, surely that's not beyond the realms of possibility in a shop that sells Cat food and Croissants. And then there's the club card, oh how I hate the club card. Yes, one of the biggest marketing tools available to the corporation, in voucher terms it's one point for every pound spent which means that if you spend £100 on shopping you get a club-card voucher for £1 and the men in shiny suits get all sort of free marketing information about what you do in your household, so they can make more adverts aimed at getting more of your money in their pockets with the use of bloody Bob Hoskins.

£1, is that it. I want the managing director to do a tap dance for me for spending that much whilst I shout "Dance Terry, Dance for Mama" at the top of my voice

Throw your clubcard away, all you need to do is once every third week don't pick up the aforementioned Salsa Hummous that's going to sit in the back of your fridge and go green and hairy anyway, there, you've saved what you was going to get back in vouchers and the men in shiny suits will be really, really angry.

And then there's the receipt, "Thank you for shopping with us" it says. How lovely of them to thank us, no that's really nice of someone to bother programming their machine with a binary code that prints out that thoughtful prose on a thermal till roll. It certainly brightens my day up, and so sincere too.

But look, hold on, look at the prices, I thought that supermarkets charged reasonable prices and the reason we shop there is because it costs us less money to buy it all under one roof, well think again, free range eggs don't cost that much locally, and bread from the high street isn't that expensive and why does free range chicken breast cost nearly as much as buying a whole free range chicken and fish doesn't cost that from a fishmonger and since when did you have to pay £1.25 for a tiny Cauliflower.

And as for the Bogof lie (Buy One Get One Free) or the Three for two offer, its just another marketing tool where the original

And who can blame him, just look up next

#### "Overweight Man in Bermuda shorts buying ointment", that one was a triple shopper score and I won a treat of my choice from the biccy shelf

Lounge

price has been artificially inflated. For starters why would I need three packs of Salsa Hummous when all I want is one pack. Another trick they started using a few years ago was the number seven, where some bright spark discovered that if something is priced at £5.99 you can up the price to £7.37 easily and still sell as many of the product because people pay the extra money for a product without thinking about it, after all a £7.37 bottle of wine must taste better and be more impressive than a £5.99 bottle surely. The ruse also works better when the product ends with the number seven too, nobody is fooled by the £9.99 deal, but apparently plenty of people

are fooled if the price is dropped 2p to  $\pounds 9.97$ , studies have shown that dropping that two pence increases sales. The truth is, we've been had, and will continue to be had as the big four find ever ingenious ways to make us spend our money with them

The social event that was popping to the shops to get some liver and bacon for dinner has been reduced to some electronic bint informing you that there is an "Unexpected item in the bagging area" and Bob Hoskins muttering "Every Little Helps". Well Bob, if you really want to help you could start by coming over to this till, putting my goods through with a cheery smile, thanking me personally for my custom and then promising that I will never hear your voice again on another bloody advert.

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# Yarrow House



Opened on 19 July 1895 as The Yarrow Home and Hospital for Children by Alfred Yarrow who was knighted in 1916 for his great philanthropic works.

Until very recently I was unaware that the large building fronting Thanet College on Ramsgate Road had a name and hadn't ever really though about its history but after hearing the presentation at the town assembly I realised I needed to know more about it and have been delighted with the story.

The house which stood there previously was Wrotham House, the 8 acres of land having been bought by London builder Richard Richardson on October 1 1852 and the house built as his families 'seaside home'. After his death in 1893 it was bought at auction by Alfred Fernandez Yarrow (13 January 1842 – 24 January 1932).

Yarrow was a friend of Dr Barnardo and having experienced his own daughter's convalescence abroad wanted to help people less well off than himself. He particularly wanted to help those who were of the professional classes but were experiencing financial problems. Although he was by this time a millionaire he lived by his father's mantra of 'never lose the opportunity of doing a kindness' and donated enormous sums of money to other projects. His maxim in life was Altways support, help & encourage those who were likely to succeed.

He started looking for a suitable place to build his Children's Hospital and found the perfect site in 1893.

He and his architect Barrow Emanuel then spent most of the next year going round children's homes. He wanted it to be the best children's home possible so carefully noted all the best and worst points. They noted that many of the homes were crowded and understaffed which led to the children taking longer to recover and actually being infected with other diseases during their stay. Knowing that the present building was unsuitable it was demolished and a new light and airy one was built with lots of room to play inside and out which is why the corridors are so wide. He

paid for most of the £34,437 himself with a few donations and bought more land. They had their own kitchen garden and orchard to ensure

the best nutrition possible and eventually, even their own dairy.

BMJ July 26 1913 celebrating Founders Day on the 19<sup>th</sup> □in August last about forty children were simultaneously attacked with severe vomiting and diarrhoea and it occurred especially among those children who had been ordered an extra quantity of milk. Since this had not been the first or second outbreak, it had been decided to keep their own cows, in order that the children should have the purist possible milk. He considered the supply of pure milk of so great importance that he hoped the modern installation they had laid down would serve as a guide to improvement in the present most unsatisfactory milk supply throughout the country□.

After the first year a chronic ward was also opened for children suffering from hip or spine diseases. It was applauded by many as an excellent home and visited by doctors from all over the country who wrote how excellent it was in journals and newspapers. There was even a visit from King George V & Queen Mary in 1913.

Its high standards continued until the start of WWI when in November 1914 it was requisitioned as a Military

Hospital. Over 1000 wounded troops were treated there until 1916. Yarrow, now a Baronet, had a bronze medal struck to commemorate all the volunteers who helped the troops.

It was re-opened as a children's home in August 1919 and continued its good work until the outbreak of WWII in 1939 when it was again requisitioned, this time by the Army Service Corps as an officerproducing centre. There was considerable damage caused during this time and the trustees claimed £1479 for just this one year's occupancy. In 1943 Yarrow, aged 94 died and his son Captain Derek Yarrow became chairman. In the same year it was established as the British Hospital's Survey as its enrolling home. Further considerable damage was caused this time by enemy action trying to destroy the railway bridge.

After the war the home came under the wing of the Westminster Hospital.

A prospectus from 1948 states that 'the children are taken to the beach and for walks whenever possible, and they play out of doors in the ground when the weather is warm enough. The older children receive Occupational Therapy; which includes carpentry lessons for the boys'.

By the 1950's advancements in medicine made the necessity for such homes less and less important and eventually the home closed and the land was sold.

In 1964 it became a Technical Training School and then Thanet College but by 1997 the building was considered too expensive to run and not 'fit for purpose'. There was enough local feeling to stop this and make the building, the staircase and the corridors grade II listed. Not so\_sure that anyone listens that well today but at least it happened then.

Most recently the college was going to be re-housed at Westwood but fortunately plans have changed and the college is now staying at this site and selling Yarrow House to fund more work on the remaining buildings.

So it is just about to take another change and we shall have to wait and see what the next chapter will be.



You're right Pearson. It does say Dickens Week. Nothing about Hamster Day at all!

#### Delete as applicable.....

We, like many of you, have heard quite a few versions about which retailers will be taking on the two large plots that are due for redevelopment in Broadstairs High Street. (See previous issues). We can now confirm that the retailers involved could be...

Waitrose / Marks & Spencers / Lidl / Co-

op / Mc Donalds / Burger King / Primark / Sainsburys / TK Max / Aldi / Pizza Hut / Next / White Stuff & River Island. Of course, then again it might be none of them.

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#### Will does drugs

### **Origins Of Drugs**

#### In the Beginning

The first medicines were derived from plants and minerals and physicians used these along with diet, lifestyle and spiritual guidance to treat peoples' ailments. These medicines were extracted and converted into many forms to be more easily administered or ingested. As one might expect this was taken to higher levels of extraction and reduction and is highly documented by the Egyptian and Islamic alchemists. The alchemist believed in taking things apart and putting them back together to discover the philosophical truths of the world around us. These works were further adulterated and elaborated by western scientists who later came to call themselves chemists. This eventually lead to the pharmaceuticals industry we have today, which considering the long

history of medicine is relatively new and fresh faced.



### Here I am going to explain some of the most common drugs derived from herbs.

#### Aspirin

Aspirin is a very simple form of a modified plant extract. Salicylic acid was found in willow and meadowsweet and

is named after willow (*Salix abla*). The pure salicylic acid was irritating to the stomach lining and many chemists struggled to find an

alternative. They ended up adding an acetyl group which made it much less irritant. The name that they eventually used was one which combines the plant and chemical. Meadowsweet (filipendula ulmaria) was once called Spiraea unImaria. A - acetyl, spirin spiraea.

#### Digoxin

A drug/plant extract used in many heart problems this is a derivative of the foxglove (*Digitalis purpurea/lanata*). As with many medical uses of drugs they are often used in complaints which the original herbal source was used long before. Foxglove has been used for treatment of heart problems long before it was used as a medication. It was also used as a poison however, it has a cumulative effect which

can be very toxic in

relatively small amounts. For this reason the foxglove plant is illegal to use without prescription.



#### Quinine

There is great historical use of quinine to fight malaria and this drug has undoubtable saved many lives. Quinine comes originally from the Cinchona plant from South America. Quinine was placed into Tonic water to make the administration easier. It is a potent skeletal muscle relaxant and may people swear by drinking Tonic water for leg cramps.





Apple and Mandrake.

#### Colchicine

#### A potent medication used in Gout. Dervied from the Autumn crocus (Colchicum autumnale). The plant extract has been used for rheumatic conditions and specifically gout since as early as 550AD. There is some promise in the use of colchicine in cancer but this is limited by the chemical's toxic effects on the rest of the body.

#### Chemoherapy

This is essentially poisoning the body to remove abnormal cells. As well as prevention of illness plants contain some of the most potent poisons. The Madagascan Periwinkle (Catharanthus roseus) which has been used traditionally to treat a plethora of conditions has (so far 70) identified constituents which are used in certain forms of cancer, most notably the compounds vincristine and vinblastine.



Other compounds have been used from the Mayapple and Yew.

#### **Morphine**

Many of us know of or have experienced the effects of Morphine. This is an opioid derivative and is from the opium poppy (Papaver somniferum). The opium poppy is the major source of opioid narcotics and painkillers on the planet. It is grown illegally and legally for its effects. The use of poppy medicinally or socially predates written records. The previous medical use of the poppy was often for asthma and eye conditions but its use as morphine and codeine are as painkillers. Herbalists are not surprisingly prohibited from using the opium poppy but we do use a relative called Californian Poppy which has a much milder sedative and soporific effect. This is used to aid with sleep and anxiety.

Please do remember that these plants can be toxic or fatal if eaten and should only be used medicinally under the supervision of a qualified herbalist or in many cases not taken at all.



William Woodcock BSc MNIMH Medical herbalist

#### Buscopan

This medication is used in the treatment of IBS and other bowel disorders where cramping is needed to be reduced. The component that gives its antispasmodic properties is Hyoscine Butylbromide. This originally comes from the Henbane plant (Hyoscyamus niger) but can also be found in Deadly Nightshade, Thorn

#### **Regular Meetings/events**

1st Sun 7-1pm Boot Fair Charles Dickens School 07709 074866

Every Mon 7.30pm B'st Chess Club Memorial Theatre, Hilderstone

1st Mon 7.30pm Broadstairs Victorians, Crampton Tower Museum 869839

2nd Mon 7.30pm Isle of Thanet Geographical Ass. Park Hall 602051

3rd Mon 7.30pm Thanet Fuchsia Group St. Peter's Church Hall 225122

4th Mon 7.30pm Island Greenfingers'Club St. Peter's Church Hall 831618

Every Tues 6-7pm Brownies York St Methodist Church 601932

1st Tues 2pm TARA St Peters Memorial Hall 603332 1st & 3rd Tues 7.30pm Web Group for special needs (16+) Y&L Centre Albion St 861055 2nd Tues 2.30pm Island Floral Group. St Peter's

Church Hall 592987

2nd Tues 7.30pm B'st Soc Park Hall 868835 Every Weds 7.30pm Phoenix Quilters, Crampton Tower Hall 596518

Every Weds 7.30pm Bridge Club. Portland Centre, St Peter's 604954

Every Weds 7.45pm Thanet Festival Choir Holy Trinity Church 602332

Every Weds : Beginners 8-9pm, Intermediate 9-10pm Line Dancing St Peters Church Hall 585537

1st Weds 3.30pm Messy Church Y&L Centre 861055 1st Weds 7.45pm Discussion Group Y&L Centre 861055

1st Weds 7.45pm Dickens Fellowship Dickens House Museum 860159

2nd Weds 7.30pm St P's & B'st Horticultural Soc. Park Hall 601095

2nd Weds March 7.30pm Thanet Amnesty Group. Friends Meeting House, St Peters Rd 295536 Every Thurs10-11.15am St P's Old Boys & Comm. Ass

St Peters Memorial Hall 864162 Every Thurs 2-3.30pm Line Dancing St Peter's

Memorial Hall 603332

1st & 3rd Thurs 7.30pm Recorded Music Soc Red Hall 604101

3rd Thurs 2pm TADFAS St. Peter's Church Hall 580389 3rd Thurs 2-4pm B'st Ladies Lifeboat Guild Holy Trinity Church 861306

Every Fri 7-9pm St P's Old Boys & Comm Ass, WHIST St Peters Memorial Hall 864162

#### 4th Broadstairs Scout Group.

Belvedere Road. 01843 867590

beavers- girls & boys weds. 4.30pm - 6pm. cubs - girls & boys Mon & Wed. 6.30pm -8pm scouts - girls & boys Fri night. 7.30pm -9.30pm uniform shop every other Thurs day We have vacancies in all sections, leaders and helpers wanted.

Boot fares restart Sept 3rd

#### **Bandstand Entertainment**

Starts at 2.30pm unless otherwise stated

Julv

11<sup>th</sup> Invicta Concert Band 17<sup>th</sup> 2pm Wartime Singalong & Dance 24<sup>th</sup> Kent Coastal Concert Band 31<sup>st</sup> Betteshanger Band

#### August

3<sup>rd</sup> 8pm Jeff Barker Band - Fireworks 17<sup>th</sup> Fireworks

21<sup>st</sup> John Myhill Jazz Band 24<sup>th</sup> 8pm Goosebumps - Fireworks 27<sup>th</sup> Burt Butler's Jazz Pilgrims

#### **July Events**

Tues 5<sup>th</sup> & Weds 6<sup>th</sup> 7.30pm 864162 St. P's Old Boys Ass Summer Show St. P's Memorial Hall Sun 17<sup>th</sup> Sea Sunday 862921 Blessing of the Sea 1pm Harbour Sun 17<sup>th</sup> 7.30pm Pavilion B & St. P's Concert Band 581185 Weds 27<sup>th</sup> 7.30pm Pavilion Thanet Male Voice Choir Prom By The Sea 867570 Sat 30<sup>th</sup> 1-4.30pm Annual Fuchsia Show St P's Church Hall 225122 **August Events** Weds 3<sup>rd</sup> 4pm 860159 Dickens Fellowship -Summer Garden Party, Nuckells Gardens Sat 6<sup>th</sup>- Fri 12<sup>th</sup> 10-4pm Festival of Flowers Holy Trinity Church 862921 Sun 14<sup>th</sup> 5pm Mardi Gras Parade Upton School to Harbour Ihillier@bradstow.wandsworth.sch.uk Sun 28<sup>th</sup> 10-5pm Thanet Lions Summer Fete Victoria gardens 0845 833 9532

#### Sun 10<sup>th</sup> & 24<sup>th</sup> July Sun 14<sup>th</sup> & 28<sup>th</sup> & Mon 29<sup>th</sup> Aug 9.30-5pm

B & St P's Art Group Exhibition of paintings. Sea Front 848016

#### Sun & Bank Hol Mon 10-6pm **Broadstairs Harbour Market**

Throughout the season - weather permitting!

#### Sarah Thorne Theatre Club,

Memorial Theatre Hilderstone www.sarahthorne-theatreclub.co.uk

0845 2626263

#### July

Sat 9th 7.30pm MADS present 'Womberang' & 'Shop for Charity' Sat 16<sup>th</sup> 7.30pm & Sun 17<sup>th</sup> 2.30pm & 7.30pm Masque Theatre School present 'Aladdin' Sat 23<sup>rd</sup> 7.30pm B'st Victorians present 'An Evening of Cockney Entertainment' 4<sup>th</sup> Summer Rep Season see separate listing Thurs July 28<sup>th</sup> – Sun Aug 21<sup>st</sup>

Useful websites www.broadstairsonline.co.uk www.bridgewebs.com/broadstairs www.broadstairs.gov.uk www.broadstairschamber.org.uk www.dickensfellowship.org helterskelterplaycentres.co.uk www.iotas.org.uk isleone.co.uk www.kentadulteducation.co.uk www.leagueoffriendsgegm.nhs.uk www.nadfaskentarea.org.uk www.revolutionskatepark.co.uk www.stella-maris.org.uk www.thanetcoast.org.uk www.thanetfilm.co.uk thanetkids.co.uk www.thebroadstairssociety.org.uk www.thebroadstairsvictorians.org.uk

**Broadstairs Clubs & Organisations** 

Angling Society 865566 B & St P's Art Group 848016 B & St P's Bowls Club 861283 B & St P's Concert Band 581185 B Cricket Club 602681 Lifeguard & Swimming Club 865292 B Sailing Club 861373 E Kent Lacemakers' Guild 865102 E Kent Morris Minor Club 867270 Joss Bay Surf School 07812 991195 Kent Surf School 866707 N Foreland Badminton 01227 374919 N Foreland Golf Club 862140 Rock Doctor Walks 0870 2646111 Thanet Archery Club 863561 Thanet Male Voice Choir 865819 Thanet Squash Club 865484 Thanet Wanderers' Rugby 593142 Vikings' Sea Angling Soc 865566 Walkers' Friend 07801 508958

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