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AN ENCOUNTER WITHIN THE NHS

POETRY PLEASE
POEMS FROM THE LOCALS

THE Broadie

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**When will
Mr Punch
return?**

**What can you do to
keep the place
Spic n Span?**



Issue 55. April / May 2018. £1.00

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Blooming in Broadie

Dear residents of Broadstairs, as spring is on its way it seems a good opportunity to use this issue of the Broadie to talk about our new Broadstairs in Bloom campaign. 2018 will see the Town host the biggest and most diverse number of floral displays for many years. Did you know in 1995 Broadstairs & St. Peter's were actually National finalist in the Britain in Bloom campaign?

This year the Town Council will be increasing the number of planters, encouraging businesses to rent subsidised hanging baskets and trying to get the community involved through a Community Gardening Grant Scheme. The grants are open to local schools, groups and organisations. Ideas for projects could be as simple as planting a single floral planter, the only thing we ask is that the project must be visible to the general public and completed by the end of October 2018. The deadline for grant applications is the end of April 2018. The Town Council hopes that should we gain enough support this year, we will try and enter the South and South East in Bloom 2019. Watch this space and please do email the Town Council any suggestions that you think might increase our chances of entering this coveted competition, and perhaps winning!

If you are unaware, the Town Council has now launched a Newsletter, this is available to download on our website or collected in hard copy from the Town Council Offices. It will be produced quarterly and provides an opportunity for the Town Council to explain to the residents what we have been doing. Download a copy now and see for yourself the exciting and differing projects being undertaken:

Danielle Dunn.

Town Clerk, Broadstairs & St Peters Town Council





**Broadstairs & St Peter's
Town Council**

Press Release

Date: 04/04/2018

PURCHASE OF PIERREMONT HALL AND RETORT HOUSE

I am delighted to announce that Broadstairs & St Peter's Town Council has today completed the Community Asset Purchase of Pierremont Hall and associated buildings as well as Retort House, the Sports Centre in Albion Street Car Park, thus safeguarding them for the benefit of the town and its residents.

The Town Council will be undertaking the much-needed refurbishment of the properties, phased over several years, providing facilities for both community and commercial organisations. This is a challenging enterprise with a great deal of work to be done. However, this will also provide local work opportunities as we move forward with the project.

On behalf of the Broadstairs & St Peter's Town Council, I would like to thank residents for their support and patience during this lengthy process and assure you that the Council is determined to bring these buildings back into use for the benefit of all the residents of Broadstairs & St Peter's.

PUBLIC NOTICE

EXPRESSION OF INTEREST NOTIFICATION

Broadstairs and St. Peter's Town Council now requests expressions of interest from businesses and community groups who would be interested in letting space or holding community group meetings in either Retort House or Pierremont Hall:

To register your interest for this opportunity please email: town.clerk@broadstairs.gov.uk or write to: Town Clerk, Pierremont Hall, Broadstairs, CT10 1JH

An expression of interest must be made in writing before **4th May 2018 at 17:00hrs**.

More details of the process including contact details and preliminary timetable will be forwarded to you after this date.



Clr Peter Shaw
Mayor of Broadstairs & St. Peter's

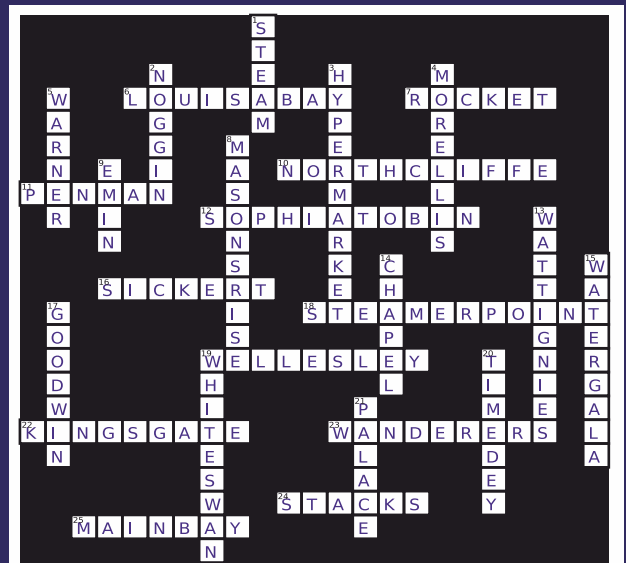
Enquiries to:
Broadstairs & St. Peter's Town Council
Town Clerk's Office, Pierremont Hall
Broadstairs, CT10 1JH
Tel: 01843 868710 email: town.clerk@broadstairs.gov.uk

Urban Veda Prize Crossword answers Issue 54.

The Eagle eyed amongst you may have noticed the mistake on 16 across: 'Artist, possibly Jack, definitely Walter'- we gave it as six letters when it should have been seven. We therefore ignored any wrong answers for that clue.

(The answer was 'Sickert' as in the artist Walter Sickert who came under suspicion of being 'Jack the Ripper' a modern theory that is largely thought to be a conspiracy theorists fantasy)

The winner was Isabel Emby from Broadstairs



Late Arrivals

Late Arrivals at The Broadie Ball

(with apologies to ISIHAC)

Mr & Mrs Stow and their son, Brad.

Mr & Mrs Tory-News and their son, Vic.

All the way from France, Monsieur & Madame Mont and their son, Pierre.

Mr & Mrs Place and their twins, Serene and Nelson.

Mr & Mrs Gardens and their daughter, Victoria.

Mr & Mrs King-Bay and their daughter, Vi.

And with them are Vi's cousins, the Bays: Joss and Louisa.

Mr & Mrs Road and their boys, Oscar, Stanley and Granville.

Mr Court, our Scandinavian friend, with his neighbour, Charles – what the Dickens is he writing?

Mr d'Mansions is here with his aged mother.

Oh, and here come the royals: Kings, Gate and Edward with Prince Albert.

And they are followed by the politicians, Osbourne and Gladstone.

Mr & Mrs Steps have brought 37 relatives!

Mr & Mrs Tonave and their son, Carl.

Mr & Mrs Ingstreet and their socialist son.

Mr & Mrs Onstreet and their son, Albi.

Mr & Mrs Street and their lovely daughter, Charlotte. But, oh dear their son has been taking drugs again!

Mr & Mrs Thorp and their twins Lin/Den

Name and Address supplied

Broadstairs

We've a fair few articles on our local environment this issue. Inspired by and following up on the recent 'Reduce / Reuse / Recycle' meeting hosted by Broadstairs Town Team. It's always easy to believe that someone else will do something, and just complaining to the local authority will see everything sorted. Oh, if only it was as easy at that.

Broadstairs Town Team has been a huge success story, but it is only that due to the people involved. People who care about their locality and want to improve things for

the better. Why not get involved? In these days of austerity and cuts to services the only way that some jobs get completed is if we band together and do them ourselves. It's what makes a community. You may also notice that there's more articles written by women in this issue. Jo Scott reminds us that the author Mary Ann Evans lived here for a while - Mary used the pen-name George Elliot, as in those less enlightened times she was much more likely to be published as a man. Liane Smith writes superbly, not only does she

have a few poems herein but she also relays an encounter with the Punch & Judy man. Beanie is back with some mouth-watering recipes for when that sun shines, and we've even managed to get Fiona Crawford to sit down for five minutes and tell us a bit about herself. Plus there's also the normal stuff and nonsense from The Brigadier, The Thanetian, and a few gripes and groans.

Why not get creative and pick up your pen. We'd love to hear from you.

Care for the Coast



The Thanet Coast Project (TCP) was set up in 2001 as a result of the workshops held with stakeholders to drive forward the priorities which people had identified. The main aim of TCP is to:

- **Raise awareness of the important marine and bird life, and how to avoid damaging them**
- **Work with local people to safeguard coastal wildlife and help implement the Management Scheme action**
- **Encourage and run wildlife related events and make links with wildlife, green tourism, coast-scape and the arts**
- **Be a focal point for enquiries and gathering information on coastal wildlife and environmental issues**
- **Keep everyone informed with progress through various means such as Facebook, Twitter, posters, newsletters and articles.**

Want to get involved? Coastal Warden/Guardian - Introductory Training

This is the introductory course for new volunteers that would like to help as Coastal Wardens/Guardians on the North East Kent coast, which includes the NE Kent MPA. Volunteers adopt a local bay or stretch of coastline and help look after local marine and bird life in your patch. We will take you through the history of the North East Kent Marine Protected Area (NEKMPA) and the management scheme, your role as a coastal warden/guardian and how you can help.

Thu 17 May, 2pm (3.5hrs, Margate)

Sun 2 Sept, 1pm (3.5hrs, Whitstable)

Tue 9 Oct, 1pm (3.5hrs, Margate)

•Booking: All new volunteers will need to complete a 'Volunteer Registration Form'* first and will be invited to confirm if they can attend the next workshop.

*'Volunteer Registration Form' - download from the website at:

<http://www.nekmpa.org.uk/how-to-help/nekmpa-coastal-wardens/> We will then send details to invite you to the next training session nearer the time.

World Ocean Day - Seashore Safari (Adults only)

Friday 8 June, 1pm – Walpole Bay, Cliftonville (CT9 3HF)

Seaweed & Their Secrets

- Exhibition (25 July to 2 Sept - Margate VIC)

- Walk & Talks:

Thu 26 July – 5pm Fulsam Rock, Margate (CT9 1JD)

Thu 23 Aug – 4:30pm Fulsam Rock, Margate (CT9 1JD)

Seashore Safaris

Tues 31 July, 8.30am - Minnis Bay, Birchington(CT7 9QP)

Wed 01 Aug, 8.30am - West Bay, Westgate (CT8 8QZ)

Thur 02 Aug, 9.00am - St Mildred's Bay (CT8 8TP)

Fri 03 Aug, 9:30am - Eastcliff Ramsgate (CT11 8DG)

Sat 04 Aug, 10:30 am - Western Undercliff, Ramsgate (CT11 9PH)

Sun 05 Aug, 11:30am - Walpole Bay, Cliftonville (CT9 3HF)

Tue 14 Aug, 8:30am - Stone Bay, Broadstairs (CT10 1DP)

Wed 15 Aug, 9:00am - Joss Bay, Broadstairs (CT10 3PG)

Thur 16 Aug, 9:30am - Botany Bay, Broadstairs (CT10 3LG)

Fri 17 Aug, 10:30am - Dumpton Gap, Broadstairs (CT10 1TA)

Sat 18 Aug, 10:30am - Nayland Rock, Margate Main Sands (CT9 1XN)

Great British Beach Clean 2018
Sat 15 Sept, 10am – Pegwell Bay, Cliffsend (CT12 5HY)

Sat 15 Sept, 2.30pm – Plum pudding (west of Minnis Bay, Birchington)

Beach Cleans:

There is a monthly beach clean at Pegwell Bay, Cliffsend (April to Nov), & many more cleans arranged by various organisations throughout the year - see 'How to Help': Beach Cleans for more information.

Other Opportunities & Events

Coastal Wardens/Guardians

Local people can get actively involved with looking after their own chosen stretch of coastline by enrolling as a NEKMPA Coastal Warden with activities and training opportunities throughout the year.

Coastal Community Beach Hut

Games, crafts and educational resources on Margate & Ramsgate Main Sands particularly suitable for community groups with young families: Find out more

Beach Cleans for Community Groups

Community groups can organise their own beach cleans, or join in with ones that are currently organised by local groups. Find out more or join our Great British Beach Clean event above!

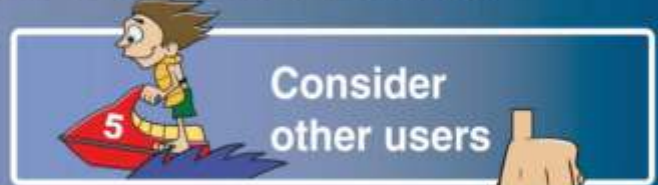
Mobility Access: Many of our beaches have 'all terrain wheelchairs' available for booking for anyone with mobility impairment. For further information and for donations to help this superb charity, please visit the website: Beach Within Reach

Why not join in and keep the beach in good health for the next generation.

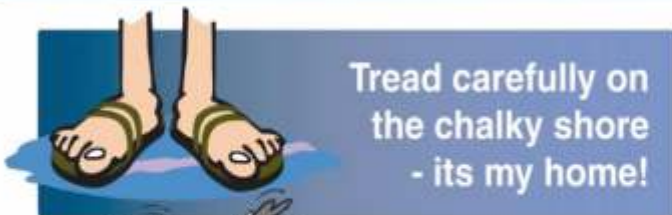


Please follow the Thanet Coastal Codes

Local people have helped draw up voluntary codes to help safeguard coastal wildlife, while allowing people to enjoy their activities:



See www.thanetcoast.org.uk for codes on seashore, bait digging, dog walking, horse riding, field trips, shore angling, power-craft and wind-powered activities.



Water Safety in Thanet

- **Spot** the dangers
- Take **Advice**
- Go with a **Friend** or **Family** member
- Learn what to do in an **Emergency**
Put up your hand & shout, or call **999/112**

The **Thanet Coastal Codes** and a **Water Safety in Thanet** video can be viewed online at our website, or for advice visit: RNLI.org/education

2-2018

The North East Kent Coast is one of the best sites in Europe for wintering birds, and marine life of the chalk caves, reef and sandy bays.

For more details visit: nekmpa.org.uk

Tel: **01843 577672**



[nekmpa1](https://www.facebook.com/nekmpa1)



[ThanetCoastProj](https://twitter.com/ThanetCoastProj)



SFX IN ALL ITS GORY

We noticed Victoria and her undoubted talent whilst scrolling through Facebook a while back. With the popularity of TV shows such as 'The Walking Dead' perhaps in the future, traditional going out and having fun make-up may give way to themed party makeup such as the models in the pictures are wearing. Surely Victoria is one of those stars behind the scenes in the making

My name is Victoria Snook. I'm 27 years old and a fully qualified makeup artist. I started college in 2016, I wanted to be qualified to do bridal make-up and special occasions, and I loved makeup and thought I could work it around my children. Once I had completed my level 2 and became qualified I still felt I hadn't done enough, I wanted to learn more. I decided to do my level 3 which concentrated on skills more outside the box. I got to learn airbrushing, SFX, photography makeup, wigs, wefts and media makeup. I never thought I was creative enough but decided to give it a go. Never would I have thought I would, but I fell in love with theatrical makeup and SFX!

There's something about not having to be perfect and making something different. Changing someone with long hair and normal everyday looks to bald headed with burns and scars up their face, or making someone look like they are a beauty from out of space with just the use of an airbrush.

There is so much detail in doing special effect makeup; the whole point of it is to make it look as realistic as possible. Gore does freak me out, but knowing how it's created in theatre and TV has actually helped overcome my fear. I love watching zombie shows now but spend most of the time studying the detail and figuring out 'how it's done' and how I can re-create something like it. There are so many products out there for special effects, even products around the house!

I'll give you an example. To give texture to a graze I crushed up Rice Krispies and then used latex, grease paints and fake blood to make it look like a realistic graze as if you had scraped across gravel!

I had a SFX project come up, which the brief was "Casualty" so I thought outside the box and decided to do a bear attack. To make it as realistic as possible I did research which is critical for SFX, I even re-watched the film "The Revenant" to scrutinise the scene in which the bear attacks Leonardo DiCaprios character, seeing how it would scratch, and what a bite mark might look like as the skin and flesh is ripped from the body.

It's so much fun thinking outside the box to make the makeup stand out. Plus it's also thinking about if someone was on stage or on a set how would I make sure the makeup actually stays in place if they are running around or under bright lights! It's so important using the right products and knowing what they

are best for, I feel like I learn something new everyday and can never know enough, I truly believe in the motto "practice makes perfect".

I love wowing people, in my business I want people to tell me their ideas and for me to be able to create it. I will be finishing my level 3 in May, I intend to be freelance as I enjoy doing all different types of makeup for all kinds of people and a wide variety of reasons.

I love meeting them and making their occasion whether it be a wedding or a fancy dress party an unique event to remember. But my goal in is for my makeup to be on stage.

My next stage in my business will involve getting out into the industry to showcase my work.

Victoria Snook



Council Cutback on double yellow lines



As part of a Thanet Council money saving exercise, it has been announced that they are to cut back on double yellow lines leaving Thanet's kerb-sides dangerously unprotected and motorists up in arms.

"It would have taken us an extra 30 seconds to link the yellow lines up" said Dave Windworth, the man tasked with slopping some paint out of a bucket. "Unfortunately we didn't have the time, morning tea is at 10:00, brunch 11:00 and lunch at 12:00 followed by knocking off at 13:00. Due to cutbacks there are only four of us eating so we're rushed off our feet, I don't know how they expect us to get anything done in the day" he explained before taking a 20 minute fag break.

Residents reacted with the customary anger at the incomplete double yellow lines, a popular fixture with motorists. "Screw the NHS, we need our double yellow lines" ranted Max Power, a local motor enthusiast and VW Passat driver. "What fun is it to park without the risk of getting a ticket? Of course consideration must be given to mothers with prams, wheelchair users and the infirm when parking so I've found the trick is to park over the kerb so it looks like they can make it through but then they face the bleak reality of having to reverse up and navigating around my car in the road, risking life and limb in the process. Anyway, must dash, I need to top up my suntan from the brake lights of cars I tailgate." he said before speeding off the wrong way down a one-way street.

Thanet Council were contacted for comment but they were out to lunch.

Has your life been made unbearable by something insignificant in Thanet? Are you angry, indignant, outraged, furious, irate or just a tiny bit miffed at something that has no impact on your daily life? Please send your story into The Thanetian at peoplegetangryfornoreason@thethanetian.com and we promise to ignore you within 24 hours.

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Responsible. Moi?

Now, this isn't going to be one of those ever so lovely self-help guides to aid you through life and help check your ways. Oh by golly No. I'm no teacher and you shouldn't really always believe what somebody else tells you just because they've had it written in print, just ask anyone who's seen a Facebook post instigated by Cambridge Analytica.

But you are responsible. Yes, you at the back shrinking into your seat, and you in the Navy blue frock and, Yes you lot, the ones previously not mentioned, i.e. everyone else - even those who are irresponsible.

You'd think we'd all be aware of this undeniable fact by now. Here's a definition for those who aren't so sure:-

Personal responsibility is the willingness to both accept the importance of standards that society establishes for individual behaviour and to make strenuous personal efforts to live by those standards. Other important parts of self-responsibility include: Acknowledging that you are solely responsible for the choices in your life. Accepting that you are responsible for what you choose to feel or think. Accepting that you choose the direction for your life.

That's not to deny that outside influences that you have little or no control over will have an effect on your life, but how that effect is dealt with is down to each individual. Of course, there are exceptions to the general philosophy especially where illness, especially mental illness can cause bad decisions through no fault of the individual. That's where it's important that each and every one of us who are not suffering such problems in life need to step up and take responsibility for those around us who can't or find it hard to.

So why am I going on?

Well, a pretty minor event in Broadstairs really brought home some peoples attitude to personal responsibility, which frankly grated a bit.

Rubbish.

Eh? Rubbish? Maybe this article is, but what do you mean?

Rubbish. You know, waste, paper, cardboard, plastic bubble wrap, the detritus of modern life.

The road where I live has a mixture of homes in it, there are tiny bedsits, holiday homes galore, flats, houses, rentals, and businesses. Each of which generates rubbish, each of which (in theory) pays some sort of charge to either the council or a contractor (A legal requirement if you're a business generating waste) to collect and or recycle waste.

The council generally do an okay job of

collecting weekly. (Yes I realise you pay for that service through council tax, but honestly, Council tax has barely risen in the last five years whilst inflation, wages and expenses have bumped up enormously, whilst government funding has dwindled - did you really think everything could just stay the same?) The town is also often abuzz with Viridor/Biffa etc lorries picking up business waste. However.....

How many of these homes and businesses take real responsibility for their waste? From the households that pack their junk into black bags flimsier than a soggy poppadum, only to then be left out for three days for the general wildlife to get their teeth into, to the big national store who thinks its okay to store all there cardboard waste in open-top cages that then gets blown out and around the local area. Then there are the holiday lets that leave on a Monday morning and simply deposit their bags outside the front door, oh and not forgetting the bozo's who feel that because something might be considered useable (No matter what the condition) it's okay to leave the old TV/Hifi/Chair/Ironing board out by someone else's wall because someone might want it. No really mate, you're all right....

And what happens when you pull someone up over this? 'Oh it's TDCs fault for not collecting', the 'Bin was full so I left it on the ground next to the bin'. 'I didn't know which day the bins were emptied' and various other excuses that are expounded to push the blame onto someone other than yourself.

My favourite example was the dog owner who picked up their dog's mess in a small black bag and then left it by the front gate. When I suggested to this chap that he'd simply be better off not picking up the dog's crap, as "Now we've got a whopper of a dog burger and a plastic bag to dispose of", simply replied that "this is what happens when TDC take dog waste bins away". The thought 'Should I simply rub his face in it' sprang instantly to mind.

I got pretty mad about this incident which ended with a few choice words to some local residents, it also resulted in an hour with a few black sacks and some rubber gloves cleaning up my street, and that's where it was brought home to me that perhaps some of us will struggle. You see as I was cleaning up the mess of one of the ongoing offenders whose rubbish is regularly strewn across the neighbourhood, I noticed that within the mess were some pretty heavy duty empty packs of medication - I'm telling you, anyone on this stuff is clearly struggling in life. I didn't feel quite as annoyed anymore. On return to my happy abode, I emailed the council, I explained the situation....Could you help out with a bit of clearing up in my road? Could you make allowances for the person

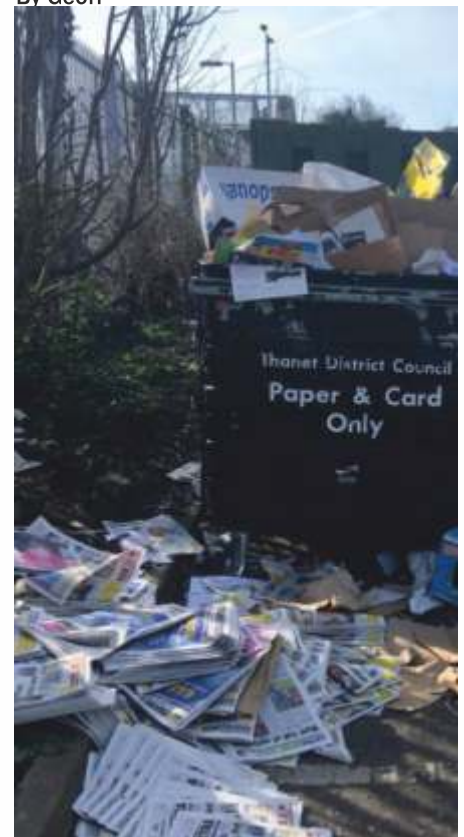
at number ** and maybe give them a bit of leeway if their bin isn't packed quite the way it should be? Yes, sure came the reply. And do you know what? It's better than it was.

Yes, TDC doesn't always get it right. It's appalling when they manage to miss the start of the summer season by three weeks and we're left with overflowing bins. However, the unpalatable truth that many won't admit is that often it's not TDCs fault, It's yours. That overflowing bin is only overflowing because it's full. If you're using an overflowing bin or putting your rubbish next to the bin you are in fact littering. If you insist on buying cheaper than cheap rubbish sacks and leave them out overnight you are responsible if the foxes and seagulls rip it open and spread your waste over the vista. If you put the wrong waste in the wrong bin then it won't get collected and that's your fault. If you make the conscious decision to own a dog and then walk your dog, then whatever mess they make is your responsibility, not TDCs.

If you see a mess, then either clear it up or contact the council - they're not an evil empire, the people who work there are just as human as you and you don't need to have a go at them. They're there to help and it will get cleared up.

Perhaps If we all took a little more responsibility for our waste and cared a wee bit more for those who might unintentionally struggle with personal responsibility then there'd be just a little bit more harmony in the world - and a few fewer oceans awash with other peoples excuses.

By Geoff





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MARGATE BOOKIE COMPETITION



Competition for the Broadie
 Free tickets for the Margate Bookie May 5 – 7. Rub shoulders with star authors, chat to fans and find something great to read.

We have three pairs of day passes, worth £40 each, for lucky Broadie readers. Take a look at the Margate Bookie article on page 20 and answer this simple question. Louis de Bernières, who's coming to Margate on May 5, wrote which sizzling romance starring Nicholas Cage and Penelope Cruz?

A Professor Corelli's Pangolin
 B Doctor Corelli's Ramekin
 C Captain Corelli's Mandolin

Email your answer to tickets@margatebookie.com. Please make clear which day – Saturday, Sunday or Bank Holiday Monday – you'd like to attend.




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Broadstairs: Words & Pic's



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Poetry Please - Collections from a small town

What are you doing here?

by Geoff. Aged 4 yrs

Someone's let the councillors out
The whole lot got away
Oh isn't it a pity
that they're not here today

I did so want to see them
wherever can they be
Do you think they're hiding?
Shall I go and see?

I only went and found them
It was a simple thing to do
They were getting photo's taken
All standing in a queue

For when there's photo's in the offing
When the public's done some good
You'll always find the councillors
Standing smiling as they should

Taking credit for the hard work
That the public do for free
Whilst those we vote in blindly
Stay hidden drinking tea.

Words to Birds.

by Sue Flory

(Can you identify which birds they are?)

1
Fiery-breasted little fighter,
feisty little garden guest,
your persona does not match
the beauty of your piercing song.

The Herring Gull

By Liane Smith

The herring gull, patrician and aloof,
struts like a fascist rally past the kids
with ice-cream cones, cell phones on selfie sticks,
grandmas in wheelchairs holding thermos flasks
cosy in tartan rugs.
Head back and hooded eye alert he goes,
his grey wings painted on a plump white flank,
bright contrast to the mottled juvenile
whinging beside the bins with head held low,
placatory bill outstretched.
He marches on, has calls to make, perhaps
a sandwich snatch from an unwary hand,
fragments of fish from polystyrene packs,
a chip or two, and he returns, crop full,
to keep an ancient pledge.

An ode to local Social Media (A found poem on Facebook) by Avery Nowenthen

The state of the loos
a dog friendly place
Paint merchants in Thanet
Get Outta my face!

Dead thing on the beach
A greenhouse for the yard
Are there boot fairs on soon
And a lost debit card

A few thousand photos
of the dark Broadstairs pier
Is their recommendations
for any plumbers round here

Painting for beginners
I-phone on the sands
A graphic designer
and numerous bands

A Pic for a passport
An angry dog owner
One rumour, one joke
One griper, one groaner.

A dog on the run
A sky-scape nearing dark
There's vandals with spray cans
Up at Pierremont Park

With your clear and clarion call
from bush and briar,
tree and bough,
you cheer my heart and lift my spirit;
What is it that you tell me now?

2
A fleeting glimpse
of flitting flight:
your twitching tail alerts my eye.
Though out of sight,
your melody bright
gives away your presence here.

3
Sitting atop roof or tree
you sing a joyous melody,
Coal-black against a lightening sky,
greeting in the early dawn,

I wake to avian arias trilling;
clear throated and of clear intent.
And as my day draws to a close
You are still singing in the growing dusk.

4
Cheeky chappies!
Chitter-chattering.
Strutting,
Squabbling,
Food obsessed.
You make me smile!

5
Siren,
summoning me.
Drawing me from my distant stead

with the sheer beauty of song and voice.
You, the diva,
I, enchanted,
eagerly seeking the source of this
exquisiteness,
carried high through the enveloping
darkness of evening.
Tempting.
Luring.
Intriguing.
Yet, safe within the canopy
and the anonymity of night,
I cannot find your lair.

6
You wake me when I sleep.
You try to steal my chip.
My car's splattered white and brown -
mostly when the hood is down!
You strut and squawk, your beady eye
watches me as I walk by.
But, I'd miss you were you gone.
You seem to have tremendous fun,
soaring, swooping along the cliff,
gliding on the thermal lift.

Haikus by Liane Smith

Lost and found

At low tide I found
a china teapot, two spades
and a dinosaur.

Herring ghoull

The herring ghoull
Picks over crab cadavers
By a milky pool

No Footfall

by Liane Smith

No shift in it today,
The falling-tide-washed sand is hard and smooth,
unyielding to the pressure of my heel,
no give or take. Today it simply grows
its rocks and weeds and birds and empty shells,
taking no note of footfall, innocent
of imprint, careless of memory.
Only the hooky claws of courting pigeons
have written on it; twig-like patterning
faint as a fossil trace of leaf in chalk,
records the intricacies of the dance
that leads to love.
Whilst I, a passing ghost, move over sand,
leaving no footprint on the new made land.

A bicycles been stolen
Some keys are mislaid
The loos shut at Easter
Look what I have made

Tide times at Joss Bay
An Archbishop walks by
A choo choo train speeding
That smoke made me cry

Yes welcome to Broadstairs
Sit down with a beer
It's social on Facebook
Yes, all life is here

How much for a spray tan?
A seagull on its own
The beach being cleaned up
Yet another lost phone

A field for a horse please
Art courses for free
A little rock painted
Yet nowhere to wee

A 'Thronefest' at Quex Park
What's that, I don't know
Just get with the times man,
You know nothin' Jon Snow

The Joy of Knitting

Feeling stressed? Don't know what to do with your hands?? Need a new jumper??? Don't despair, the answer is simple, just pick up your needles and knit!

Knitting is simple, ask the Brigadier! Cast on, plain, purl, cast off. It's portable, you can knit on buses and trains, on the beach or in the cafe. You can watch the telly, listen to a book, drink beer, chat to your friends or just relax with your feet up.

When you start there will be anger, frustration, despair and destruction. Don't give up, it's worth it in the end When you cast off your first wonky scarf along with wavy edges and scattered holes (design elements) you will feel the first wave of pleasure. You will wear the scarf with pride and boast to your friends. You will have made it yourself!

You will then begin to feel adventurous, checking Youtube for tutorials and trawling wool shops for patterns and yarns. Seasoned knitters know that Charity Shops are a good source of needles, wools and patterns. Please don't think that knitting is boring, it's far from it. Most things can be knitted, even beards.

You don't have to stick to clothing. Cushions, curtains, animals, wigs, rugs.....the list is endless.

Anyone who has been to Pierremont Park during Folk Week will know what can be achieved. All the displays there are created by the knitters at the Albion and by the visitors who join us in the park every morning during the week.

During the rest of the year the knitters meet at the Royal Albion every Thursday morning from 10ish.

It's very informal, no subs or anything, just come and knit and put the world to rights. Everyone is welcome, we are not gender or age inclusive, just a relaxed morning with coffee and friends who share their skills with anyone who asks.



Why I knit?

Of course I knit because I wish to create something. I think that probably goes without saying. But is it why I knit?

I love the texture of a new skein of yarn, the smell of the natural product and the vibrancy of the never ending kaleidoscope of available colours. But is it why I knit?

I love it when another needle fiend approaches me and remarks 'Wow, did you make that'. But is it why I knit?

Well of course, all those things and plenty more....but mostly. Huh, i don't know. Why the hell do i knit?

Perhaps, for me it's being in that zone, you know, that place where you are so intent on what you're doing, three hours can slip by in the blink of an eye as your mind subconsciously deals with the issues of the day.

I come out of a good long knit feeling mentally refreshed, capable of fending off the tribulations of modern life and happy. Yes happy, really happy.

My other half enjoys fishing, I think it's his version of knitting. I've sat out with him on many a hot summers day on a river bank.

As I clack away with the needles whilst sitting in a deck chair as he seemingly throws larvae at the promise of fish - (that we don't necessarily often see being landed, but don't tell him i said that).

I can see my own behaviour in my hobby reflected back at me from what he enjoys, and as the

hours while away and the silence of nature takes hold of the pair of us I can't ever imagine having been happier.

I've got my zone, he's got his and everything is alright with the world. Whilst we might not have caught any fish, I have at least got a new jumper

Anon - A Nan



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Broadstairs & St. Peter's Art Group Monthly Meeting

01 May 2018

Holy Trinity Church, Nelson Place

Monthly meeting where visiting professional artists and lecturers give talks and demonstrations of their work. Painting demonstration by Angelo Pizzigallo "Landscape in Acrylics"

Entry fee for non-members £2

Fundraising Quiz

04 May 2018

7pm for 7.30pm, £5 per head.

Bring your own drinks, glasses and nibbles.

Please call 01843 601091 as soon as possible to book tables of 6-8 persons.

Crampton Tower Museum, The Broadway

Broadstairs Dickens Festival

15-17 Jun

Charles Dickens visited Broadstairs in Kent regularly from 1837 until 1859

and immortalised the town as "Our English Watering Place".

He wrote "Our English Watering Place" in 1851. Having come to stay in Broadstairs in 1837 when he was twenty-five and already famous, with 'Pickwick Papers' the first of his novels, appearing in fortnightly parts the year before.

After lodging at 12, High Street, where he worked on 'Pickwick', he took a house, which is now part of The Royal Albion Hotel, where he finished 'Nicholas Nickleby'. He also stayed at Lawn House, which is now Archway House, where he wrote part of Barnaby Rudge and finally at Fort House where he spent the majority of his holidays in Broadstairs and wrote part of 'American Notes', 'David Copperfield' and 'The Haunted Man'.

It was at Fort House, now Bleak House, on his last long holiday in Broadstairs that he wrote 'Our English Watering Place' published in August 1852 and standing as a permanent reminder of his affection for the town.

In 1937, to commemorate the centenary of the author's first visit, Gladys Waterer, the then resident of Dickens House, conceived the idea of putting on a production of David Copperfield and of having people about the town in Victorian dress to publicise it.

Thus the festival was born and, with the exception of the years of World War 2, has been held annually ever since.

The Broadstairs Dickens Fellowship was formed the same year - 1937 and constitutionally 'requests' the festival each year.

They still meet in Broadstairs on the first Wednesday of each month - new members are most welcome. A full programme of their events is available at

or contact Hon Sec of Broadstairs branch:

chris.ewer@btinternet.com
01843 869592

Oasis Domestic Abuse Service's Golf Day

15 Jun 2018

North Forelands Golf Club, Convent Road, CT10 3PU

Golfers will be able to enjoy the magnificent North Foreland Golf Course in an event held to raise vital funds for Oasis Domestic Abuse Service. Entry includes coffee & bacon rolls, 18 holes of golf, a meal at the end of the event & the auction and winner's prizes. Coffee & bacon rolls from 11am, shotgun start at 12.30pm. Tickets cost £56 for non-club members or £30 for members.

To book a team of 4 go to www.oasisdaservice.org/oasis-events/golfday or call Dee on 07702 201352 or Tony on 01843 862140 ext. 1.

For enquiries, email fundraise@oasisdaservice.org

07702 201352

Broadstairs Summer Fireworks

Wednesdays, 18th and 25th July and 22nd August.

There will also be a Firework Finale to Water Gala on Wednesday, 1 August.

Fireworks are scheduled for 9.45 pm and there will be activities at the Bandstand



MAY FAIR
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For the first time since the Victorian era, we have in attendance an 1893 Savage Galloping Horses driven by steam! Come and enjoy the nostalgia of a traditional seaside funfair!



May Fair is a fundraising event to enable the organisers of Broadstairs Water Gala to provide the public with another glorious year of family entertainment on 1st August 2018.

Please help us support Broadstairs Water Gala!

Visit www.broadstairswatergala.co.uk for further information.
Find us on Facebook 'Broadstairs Water Gala'

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Thanet Film Society
spring season 2018
The Palace Cinema, Harbour Street, Broadstairs

Tuesday 10 April at 8.30pm
Lost in Paris

Tuesday 17 April at 8.30pm
The Ornithologist

Tuesday 24 April at 8.30pm
Mountain

Tuesday 1 May at 8.30pm
Félicité

Tuesday 8 May at 8.30pm
Glory

Tuesday 15 May at 8.30pm
The Prince of Nothingwood

Tuesday 22 May at 8.30pm
The Touch

Tuesday 9 May at 8.30pm
The Divine Order

Tuesday 5 June at 8.30pm
Song of Granite

Tuesday 12 June at 8.30pm
Native

£5 per film for members
£6 per film for non-members and guests
£4 per film concessionary (members only)
www.thanetfilm.co.uk




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News from the Harbour



The old mine is now back at the harbour thanks to Julian Rigby and the Broadstairs Harbour & Seafront Group. It's been completely renovated and is back in situ ready for the sunshine. Already there's been lots of coins dropped in, in aid of the 'Shipwrecked fishermen & mariners Royal benevolent society' The Harbour and Seafront group have been partaking of some sterling work and are responsible for the continued renovation of the Harbour building and associated fittings, such as The Scotsman figurehead, which has been restored and repainted so future generations can snigger as they stare up his kilt.

The Four seasons of Broadstairs Traders



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Our literary lot

by JO SCOTT

If I had a tenner for every time I heard: 'Broadstairs? We used to go there for our holidays,' I would not be working quite as hard as I am today. Heaven knows, I might even have retired. London cabbies, ticket inspectors, barmen . . . let slip you live in Broadstairs and, more times than would seem rational, the response is – 'Oh Broadstairs . . . we used to . . .' You know the rest.

Before we took up residency here, we probably trotted out that same well-worn phrase - not well-worn as in tired and in need of repair but more like a comfy slipper or jeans that have lost that top button. As children - cue violins - we had just two holidays. The first was in Camber sands – the highlight of which was hitch hiking to Rye, with my father, to collect a newly released Lady Chatterley's Lover (but that is a story for another day), the other in a basement flat, on the corner of Chandos Square and Chandos Road.

In the abstract manner of coincidences, Chandos Road was the chosen destination for a leading writer of the Victorian era and a personal favourite of mine. Not Charlie boy, though the world and its dog knows Dickens holidayed in Broadstairs. It was Mary Ann Evans, otherwise known as George Eliot, novelist, poet, journalist and translator who took rooms on the corner of Chandos Road, in 1852, seeking refuge from the city where she was 'getting haggard as an old witch under London atmosphere and influences.'

Eliot paid a guinea a week for her rooms – a tad less than the eighty pounds we would have charged her at Anchor House, the bed and breakfast we bought at number four, Chandos Road one hundred and fifty years later. We could have been time-travelling neighbours. George and Weedon Grossmith brought the hapless Charles Pooter (The Diary of a Nobody) and his exotically named son Lupin, to the town in 1892 but try as I might to shoe-horn them into Chandos Road, all references suggest he lodged the near the station. He feared that apartments on the cliff would have been double the price. Nothing new there, then.

The town served as a backdrop in the historical novel 'The Widow's Confession when author Sophie Tobin sent Delphine Beck and her cousin to the coast because 'Broadstairs seemed the perfect place to hide; a place for invalids, for those that hoped to convalesce, and those that never would.' That sentiment would not be misplaced today.

Latter day residents of Broadstairs, Jane Wenham-Jones and Roopa Farooki are keeping the fiction flame flaring, notching up an impressive eleven books between them. Jane's novel 'A Glass Half Full' drew

on her experience with a certain wine bar in Harbour Street. (Anchor House and the shenanigans that went on in the Chandos Road B & B should give an aspiring author loads of ammunition.)

Should there be any truth in the saying that 'we all have a book in us', the literary torch might briefly pass my way. However, that would require the small matter of finishing the opus I have been working on for more years than there are fingers on my left hand. If I could only find that extra hour in the day.....



Aged 30 by the Swiss artist Alexandre Louis François d'Albert Durade (1804–86)

Mary Anne Evans

(22 November 1819 – 22 December 1880; alternatively "Mary Ann" or "Marian"), known by her pen name George Eliot, was an English novelist, poet, journalist, translator and one of the leading writers of the Victorian era. She is the author of seven novels, including Adam Bede (1859), The Mill on the Floss (1860), Silas Marner (1861), Middlemarch (1871–72), and Daniel Deronda (1876), most of which are set in provincial England and known for their realism and psychological insight. She used a male pen name, she said, to ensure that her works would be taken seriously. Female authors were published under their own names during Eliot's lifetime, but she wanted to escape the stereotype of women's writing being limited to lighthearted romances. She also wanted to have her fiction judged separately from her already extensive and widely known work as an editor and critic. Another factor in her use of a pen name may have been a desire to shield her private life from public scrutiny, thus avoiding the scandal that would have arisen because of her adulterous relationship with the married George Henry Lewes. Eliot's Middlemarch has been described by the novelists Martin Amis and Julian Barnes as the greatest novel in the English language

Meet the locals

Fiona Crawford

When I was in my early 20s I very kindly asked an old dear, a family friend, whether she regretted not having married or having children. She was 40. How she must have wanted to smack me!

In my 30s, I worked in recruitment and 45 was considered pretty much past it in work terms. Once I hit my 40s, I became concerned that maybe I was past it, and should be put out to pasture. But towards my late 40s, I thought I'm damned if I'm going to become that invisible woman!

My mother, now in her late 80s, goes bananas when she's treated like an old dear. She may look frail and like a sweet old lady, but she has had an amazing career in the diplomatic services, travelling the world, meeting politicians, leaders of the countries she lived in, etc. I'd like to name drop heroes such as Coretta Scott King! She was airlifted out of Yemen when 8 months pregnant with me, separated from my Dad and elder sister during the evacuation of Yemen, with no money – obviously she and I survived! She had to be tough, clever and incredibly resourceful in her career.

Towards my late 40s, I decided that I was not going to be an invisible woman – no voice, overlooked, written off. I was walking home from a great night dancing at Folk Week when a young guy, thinking that a woman of my age, walking home late at night was an unusual thing, called out "good on you old bird" – I think I told him to off! That was probably the catalyst.

Since then, I've had the best 50s – I found my voice, and I got involved in the community and politics, and with great colleagues, created all sorts of community events, action groups etc, often with opposition from others. But they have been successful and fun and great for the community. And its been the most creative time in my life.

My message to all women is that its been 100 years since the emancipation of women. We still have only small numbers of women in leading positions in the world in business, politics, the community. We need not be fearful. I recently ran a workshop to women in the local Labour Party about finding your confidence to go campaigning. It wasn't just about political campaigning, but also about community projects. There were great people there, feeling the same way I did when I first started. Broadstairs is a beautiful place, and I have passionately worked hard to try to create good community projects. We need more people to become involved and put their energy into the place. We have a great community of campaigners who would welcome your involvement – especially oldies like me!



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MARGATE BOOKIE

The Margate Bookie was founded in 2015 by Andreas Loizou, a published author and trainer who grew up in Margate. Keen to share his love of reading and writing, and his passion for this part of Kent, Andreas created the Margate Bookie to showcase emerging local talent as well as established authors.

The first Bookie was held in August 2015 and consisted of a half-day of author talks and readings at Resort Studios in Margate. It has grown into a three-day event which runs twice a year.

Louis de Bernières headlines the fourth Margate Bookie literary festival

The event returns to Turner Contemporary from 5 - 7 May 2018

Novelist Louis de Bernières, author of the best-seller Captain Corelli's Mandolin, is headlining the Margate Bookie this May. The prize-winning author will discuss his career, read from his novels and answer questions from the audience on Saturday 5 May.

Jake Arnott – whose crime novels *The Long Firm* and *He Kills Coppers* were both adapted for TV – also makes his Bookie debut. More than thirty writers will appear at the special Spring Bookie, which is held at Turner Contemporary over the first Bank Holiday weekend in May.

Margate-born Salena Godden, one of Britain's foremost spoken word artists and poets, will host a performance masterclass on Sunday 6 May, before taking to the stage at *The Dug Out* that evening.

On Monday 7 May, top travel writer Anna Hart will discuss her new book *Departures* with fellow Margate resident, author Daisy Buchanan, and Thanet Writers will launch a new anthology which brings together more than twenty short stories from local authors.

Alongside the walks, talks, author readings and workshops will be the ever-popular children's craft and storytelling events with local authors Dosh Archer, Sam Gayton and Tamara Rattigan.

Margate Bookie founder, Andreas Loizou, said: "My aim was to create a friendly festival which has something for everyone. As well as seeing the authors that are familiar, I would love people to try something different, perhaps discovering their new favourite writer in the process. There's so much local talent and I'm proud the Bookie can help to showcase it."

The full programme can be found at www.margatebookie.com/programme. Tickets are on sale now and there are several special offers for Thanet residents.



Manston and TDC

TDC is now run by all the people who were running it before the other people took over even though there's more of the other people and less of the new people. The leader of the people fell out with the other people after the other people accused the leader that the people didn't vote for the policy that he said was best for the people. Now the leader who led the other people is now one of the people and seemingly wants to campaign to overtake what he sees as a disaster in the making for all of the people.

The new/old people at TDC believe most of the people who voted expect the new/old TDC people to abide by the decisions of the people.

Now is that clear people?

Broadstairs takes back control

Great hurrahs went up all over town as the town council wrestled back control of Pierremont Hall and Retort House (The hall in Albion Street Car Park) from TDC.

'We can't afford to do the bleedin' work that needs doin' on 'em' said a representative after begrudgingly handing back the keys.

'Even-so, you bleedin' lot over ere in Broadstairs are loaded so it'll be spic n span afore ya know it, but it 'as bin a pleasure doin' business and we'll be sure to spend it wisely' and with that she scurried away carrying two suitcases stuffed with used banknotes.

In other news, TDC is due to announce the next phase of the regeneration of Margate - Operation Gold Pavements.

Prime Minister - Pah!

Theresa May gets paid £150,402 per annum as Prime Minister. Okay, sure there are a few perks such as she can invade Belgium anytime she likes but compared to some Kent County Council workers - she's just shop-floor.

David Cockburn: Corporate Director KCC. £194K per annum

Andrew Ireland: Corporate Director KCC. £189K per annum

Patrick Leeson: Corporate Director KCC. £168K per annum

Another 14 workers paid between £100K - £140K per annum

Another 475 workers earn between £50K - £100K per annum

That's after the 15% increase in allowances that was voted through in December of last year.

Head of KCC Paul Carter did not appear on the list as it has been suggested he is apparently happy with his £48K per annum + allowances, oh, and the weekly human sacrificial offering and bloodletting at the Paul Carter Temple of 1000 souls - held every Friday night at nine, bring a bottle, everyone welcome.

Can you dig it

A local trader is convinced that Archeologists working in Albion Street, Broadstairs have once again been spending time in the vicinity searching for that holiest of relics. The Holy Grail.

"Not a day goes by without someone wandering down the road with a dowsing rod," said the trader who wishes to remain anonymous.

"At first I thought they were looking for water-mains but then overheard him with a group of others in the back of a Southern Water van attempting to contact the spirit of Joseph of Arimathea, then I just knew"

"Virgin Media my arse, Virgin Mary more like" he continued. "I've read Dan Brown you know and I've done me' research on the internet, they can't possibly still be fiddling with pipes and cables, surely they're all fixed by now"

Is there any other explanation as to why Albion Street has been excavated on quite so many occasions?

Is it a coincidence that the workers from the previously unheard of Kent Transportation Department are wearing white tabards with the initials KT emblazoned front and back? ('Knights Templar' perhaps) or has our friendly local trader just been spending too much time drinking 'Holy Grail' beer in the Chapel?



Broad Strokes

It would seem that following the trauma of the 'Beast from the East', the weather has at last settled. It would seem that following the trauma of the 'Beast from the East' the weather has finally settled down and life in sunny Thanet is returning to normality.

Despite the Council's best efforts at frightening away all visitors to Broadstairs by charging a staggering £4 for an hours parking, most of the local businesses are striving to put on a good show for customers. As the newly re-surfaced car park remains mostly empty we have decided to help entice more visitors to town with an art exhibition that won't hit their wallets too hard!!

It is a notoriously difficult thing to value art and there is no doubt in our minds that much art is severely under valued. There is also a good deal of art at the other end of the spectrum, which appears to be massively over priced and that is certainly true in many London venues. In Thanet we now have a huge creative contingent 'down from london' and we are lucky to now have more choice than ever in the galleries here - thankfully most are still priced affordably and sensibly and everyone can take home their own work of art and support a starving Thanetian artist at the same time.

Remember people - buy from a living local artist, because dead ones don't need your money!

What's on Where...

TURNER CONTEMPORARY

Fri 25 May - Sun 30 Sep 2018

Animals & Us

21 Feb - 2 Sep Yin Xiuzhen and Duan Jianyu

LOMBARD STREET, MARGATE

12 May - 5 Sept The Art of Animals

YORK STREET, RAMSGATE

2-9 May Neil Dixon

9 - 16 May June & Andy Sharpe

16-30 May Spring Show



GALLERY & STUDIO
WWW.NEWKENTART.COM

New Kent Art Gallery Forthcoming Exhibitions

24 April - 29th April

Art under £100

Affordable Art Comes to Broadstairs. Grab yourself a Creative Bargain! New Kent Art Gallery are hosting a one week exhibition of Art Under £100 in a bid to bring art to everyone, no matter what your budget.

'Art can all too often be seen as elitist or only for the well off and we strongly believe that it should be for everyone to enjoy. For this show we have asked artists to produce something for under £100 in a huge range of media and styles, so there truly should be something for everyone. Its a chance for people who have never exhibited before to have a piece or two in a gallery and for visitors to enjoy affordable art.'

30 Apr - 6 May -

SIMON HOLLAND

Simon is a fine artist and illustrator working in the South East of England, his studio is in the village of Walderslade.



Having studied fine art at the Kent Institute of Art and Design, Canterbury he moved on to complete a degree in Digital 3D Design at The University for the Creative Arts (UCA). Currently he teaches digital painting/concept art, film editing and Maya to undergraduate students and is producing work in mixed media and acrylic. His working practice is often derived from processes followed in the game and film industries.



8 May - 20 May -

ENVIRONART

As the world wakes up to the environmental issues we are creating, we host an exhibition of art using recycled and up-cycled materials, as well as works inspired by the environment including work by Emily Tull, John Smith, Stacey Chapman and Clare Pattinson.

21 May - 27 May -

SINGLE LENS REFLEX

An open exhibition of local photography, focussing in particular on minimalist and black and white imagery. Clean, modern works of local views and cityscapes to delight those who revel in the 'less is more' mentality.

29 May - 3 June -

IEUAN EDWARDS

Ieuan Edwards returns to the gallery with his hand carved quirky Linocuts inspired by south wales, folklore and paleontology. 'By finding new and interesting avenues for my work I hope to help elevate linocut as a thought-provoking contemporary art form.'



Beanie Feasts

Some sunshine at last- glad to have survived the past few months and more ready for Summer than ever! Spring is great for the body and soul, not only the increase in beautiful, vitamin D providing sunshine but also the desire to eat fresh, nutritious food that goes with it; and, thankfully the local, seasonal produce is top notch and plentiful! This is only my second addition to the Broadie but already I see that choosing from an extensive list of ideas derived from gazing over the seasonality chart is a task I find challenging, so here I offer you a few favourites that cover a few bases. Before our first ever pop-up restaurant my dear friend Christina and I were so enthusiastic we booked a trip to Morocco to buy spices and generally eat our way around. We happened upon this fantastic restaurant (Nomad, Marrakech), whilst scurrying through the souks attempting to shop unharrassed. We had an inspiring lunch on the roof terrace and among a whole spread of delicious little dishes was this raw cauliflower salad we both adored and I then recreated when we got home



Cauliflower, Fennel , Strawberry & Almond Salad

Half a large cauliflower
Half a bulb of fennel
6 strawberries
Handful flaked almonds

Big handful parsley

Dressing:

1 small shallot, minced
½ garlic cloved, minced
½ tsp ground cumin
½ tsp ground coriander
½ tsp paprika
Big pinch of salt & black pepper
¼ cup lemon juice

½ cup olive oil

1) Mix all ingredients for the dressing and set aside- if you think it needs to be sweetened add a little honey, fruit syrup or sugar but remember the strawberries will bring sweetness to the salad. Toast the almonds in a dry frying pan and leave to cool

2) Finely slice the cauliflower and fennel, I have a handheld mandolin that was perfect but if not just chop it up how you'd like it. Quarter the strawberries lengthways and chop the leaves of the parsley.

3) Mix all the ingredients together!

If you don't know already Sevenscore Farm shop (between Ramsgate and Minster) sell such a fabulous array of asparagus once the season starts I find it hard not to get silly and buy it by the bucket load. They also sell sorrel when it's in season, I didn't try it until last year but when I did it blew my mind, tasting of sharp, crisp green apples, lemon and pepper I just can't get enough! If you don't have Sorrel and for the sake of this dish with the hake & beans you can use mint instead!

Pan-fried Hake, Braised Peas, Asparagus & Butterbeans, Sorrel Pesto

Sorrel Pesto

2 tbsp pine nuts/sunflower seeds/pumpkin seeds, toasted
1 and a half handfuls fresh sorrel leaves
1 small bunch parsley
1 garlic clove, crushed
Big pinch salt
6-7 tbsps olive oil

Blitz all your ingredients in a food processor gradually adding the oil. Top tip- as long as the surface is always covered by a layer of oil this will keep for ages in a jar in the fridge.



Braised Peas, Asparagus & Butterbeans

1 knob of butter
Olive oil
1 heaped teaspoon flour
285 ml organic chicken or vegetable stock
1 bunch spring onions, finely sliced
400 g fresh or frozen peas
1 bunch asparagus, cut into thumb length pieces
1 tin butter beans, drained
Sea salt
Freshly ground black pepper
Juice of ½-1 lemon

1) Slowly heat the butter and a good lug of olive oil in a pan. Add the flour and stir around, then slowly pour in the stock. Turn up the heat and add the spring onions, peas, asparagus and butterbeans with a pinch of salt and pepper.

2) Put the lid on and simmer for 5 minutes or until tender. Check the seasoning (maybe add more lemon juice) and slosh in a bit more good quality olive oil.



Pan-fried Hake

175g portion of Hake fillet per person (enough pesto and beans for 4)
Butter
Olive oil

1) Heat a frying pan until nice and hot add a big knob of butter and a lug of olive oil.

2) Add the hake to the hot pan skin side down for about 4 minutes, when the skin is nice and crisp add a bit more butter to the pan and turn over the fish and cook for a further 2-3 minutes or until just cooked through. Whenever I pan-fry fish fillets I always start skin side down and cook it on that side for longer to try and get nice crispy skin!

To Serve: Spoon braised butterbeans & peas into 4 shallow bowls, place hake on top and finish with a big blob of sorrel pesto on each!

Peanut Butter & Jam Brownies



I was considering including a recipe for a raw, sugar free, vegan treat as my sweet offering but I think I will save that for the summer edition when we're all drinking so much beer and eating so much bbq that having healthy sweet treats is ideal. So instead I give you this recipe for PBJ Brownies, they are vegan but they are not any less indulgent due to it. I make these brownies often as I nearly always have all of the ingredients at home.

170g self raising flour
160g golden caster sugar
200g dark chocolate (dairy free to be vegan)
3 heaped tsp cocoa
2 overripe bananas, mashed
200ml soya milk
5 tbsp sunflower oil
1 tsp vanilla extract
Pinch of salt
Peanut butter
Raspberry jam

1) Preheat oven to 180C and grease & line a square tin, approx. 8"x8"

2) Melt 150g of the chocolate in a glass bowl over simmering water, chop the rest into small chunks

3) Sieve flour and cocoa into a bowl. Stir in sugar and salt then add soya milk, bananas, oil and vanilla.

4) Add the melted chocolate and give it a good mix then pour into the lined tin.

5) Spoon small amounts of peanut butter and jam all over the top and scatter on the chunks of chocolate, using the end of a spoon swirl it all up on the surface.

6) Bake for 25-30 minutes, you want it crisp on the outside but still a bit gooey in the middle. Leave to cool for a bit before attempting to cut them or you'll make a right mess!



BROADSTAIRS Folk Week

— 10-17 AUGUST 2018 —

It's quite strange to be sat in a darkened room, especially during a winter that seems to have dragged on forever and imagine a town filled with people and sunshine, enjoying a festival that has taken a whole year to organise and fund.

Where would Folk Week be without its volunteers and local supporters? Well it wouldn't exist and sorry to repeat ourselves – but thank you to all of them for cheering us on and keeping up our morale when some of the challenges thrown at us this year have almost overwhelmed us.

For the 2018 Folk Week, the festival campsite will be situated at Dane Court. Before those of you who camp and value their legs start visualising a never-ending trip up the hill – there will be an extra minibus to ease the pain. And for those of you who want to increase their steps per day – what an opportunity!

That is one of the changes this year. The other changes include a new venue for the social dance programme at St. Peter's Church Hall which we are looking forward to using for Playford workshops and dances.

We are also thrilled to announce that Inspiration Inclusive Youth Theatre from Margate's Theatre Royal, who bring together children with and without disabilities to work together on arts projects, are going to be in charge of the mayhem that is the ever-popular Hobby Horse Club. They have been fully briefed on the antics of the Hooden Horses and the absolute necessity for everyone to sing 'I know a friendly Dragon' – every five minutes – and they don't seem remotely fazed. They're full of ideas and are brilliant fun – thank you Zoe and Peter for becoming part of Folk Week.

The variety of musicians who perform at Folk Week every year is quite amazing and this year is no different. One of Ireland's best known performers – Sharon Shannon and her band is at long last coming to Broadstairs. She has recorded one of Folk Week's patrons Tim Edey's most beautiful tunes – Little Bird, which he composed for her for her birthday.

There are some names that non-folkies might recognise – Kiki Dee invites you to spend an afternoon with her and guitarist Carmello Luggeri and the band Matthews Southern Comfort who had a hit in 1970 with Woodstock are reinvigorated by founder Ian Matthews. With almost 500 events, it's hard to pick out highlights – but there's a full dose of Americana and Cajun with Flats & Sharps and the Flatville Aces in the Pavilion; a range of mind-altering performers in the Late nights – including Funke Dan and the Two Tone Baby, the Backyard Rhythm Orchestra, Forest of Fools and Tankus the Henge.

Pirates have found a welcome in Broadstairs and Thursday will be the day to strap a parrot to your shoulder and shout 'Pieces of Eight'. They'll be a special family Pirate Ceilidh with Blackbeard's Tea Party – so start hoarding doubloons now.

In 2018, Folk Week would love you to join the Friends of the festival. There are benefits – priority booking, a free programme, a pair of free concert tickets, a badge and an invite to a Friends get-together – but most of all, if you really love Folk Week – please help to keep this amazing event in Broadstairs.

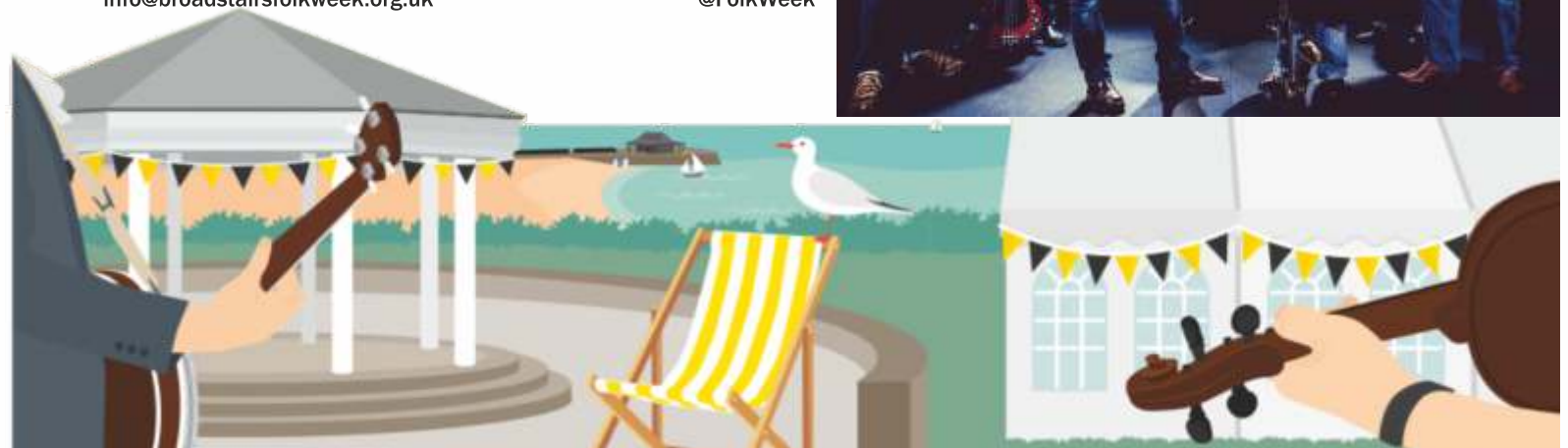
www.broadstairsfolkweek.org.uk Festival Tickets on sale now – 01843 604080 - Individual Tickets on General sale – 1st May.

Individual tickets for Friends of Folk Week – on sale now.

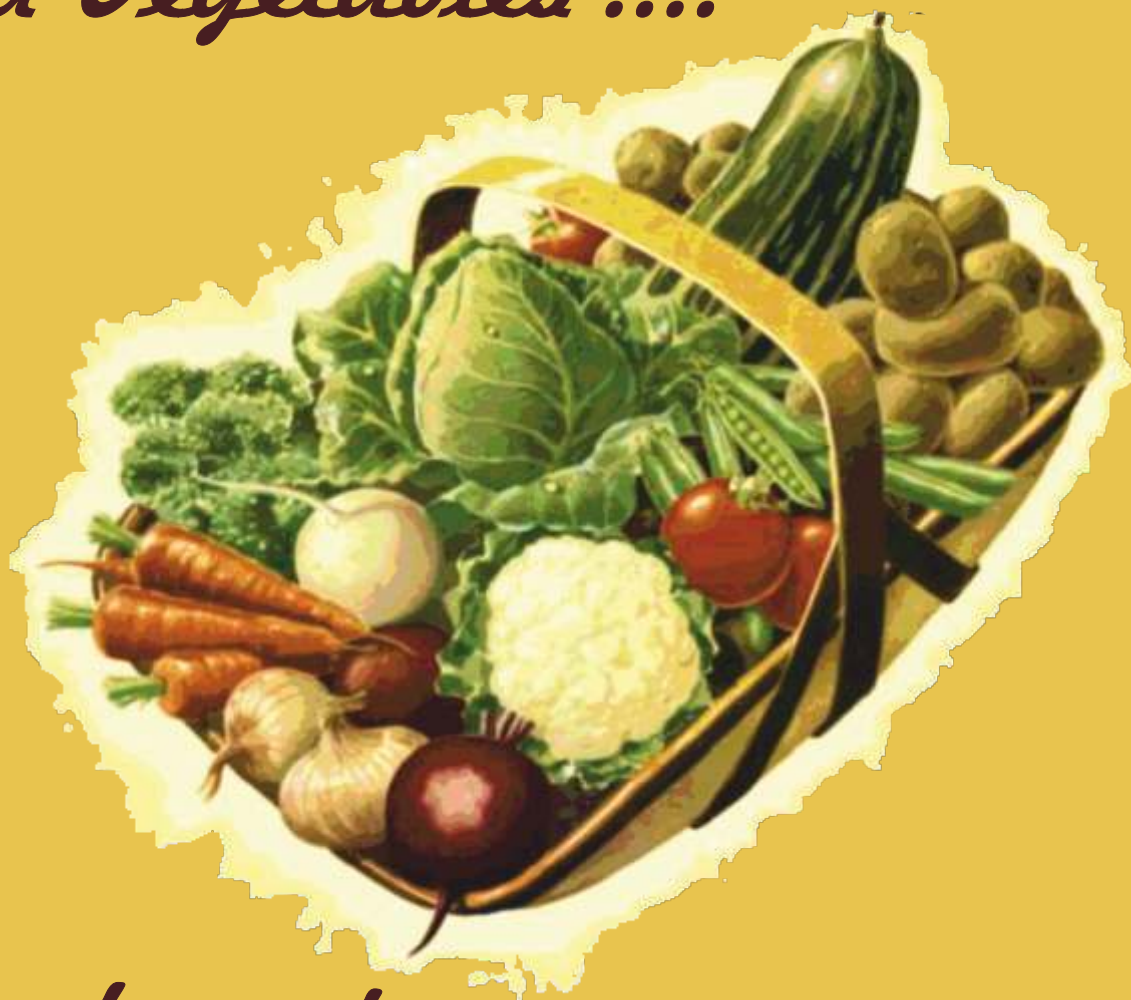
info@broadstairsfolkweek.org.uk

Jo Tuffs

@FolkWeek



*We now sell Fruit
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So why not

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VICTORY NEWS NOW**

COME AND FIND US AT 4 NELSON PLACE, BROADSTAIRS

THE PUNCH & JUDY MAN

Early morning and I am half way up the main steps, looking down at the beach. Everywhere there's a feeling of anticipation, a sense that things are about to happen. Any moment now the man with the bluebeard whiskers will start sweeping the sand from the board-walk, a crop of multicoloured mushroom parasols will bloom on the beach, the giraffe will flex his forearms on his way skyward and the swing boats will escape their chains and soar aloft. And surely there will be the sound of a little bell ...

The steps I'm climbing have linked the beach and the promenade since the nineteenth century. The handrail is smooth to the palm, satisfying, its junctions with the wall elegantly resolved and, I notice, some six inches lower than that of its upstart 1950s counterpart at the other end of the promenade. Were the Victorians so much shorter than day trippers a century on? I lean my forearms on the stuccoed wall and look down at the remnants of the mechanical lift that offered lazier Edwardians an easy means of ascent. I imagine the flounced skirts, the button boots, the flowered hats and the parasols jostling for space in the little wooden elevator. And remember standing in this exact spot, six months ago, looking down at a deserted Broadstairs beach on the first day of autumn term, listening.

light sound of feet descending. Into view came the minstrel figure of the Punch and Judy Man, his straw boater at a jaunty angle, his manner unhurried, as one whose life is genially parcelled out in episodes of bell ringing, puppetry and children's laughter. What could he be doing, still here, with all the children fled? His eyes were bright with greeting.

'Good morning to you!' The accent was an odd blend of southern Ireland and America.

'It's a very fine morning in Broadstairs, is it not?'

I agreed, more than prepared to share this moment, suspended between-stairs as we were, midway between fantasy and life.

'Indeed! Will Mr.Punch be entertaining us today, then?'

'Mr. Punch will indeed be appearing just once more before he goes on his travels.'

I wondered who his audience might be. Perhaps the idle stall holders, beach cleaners and trampoline attendants got together for a final feast of battered baby and sausages.

'And where is Mr. Punch bound for next?'

'Ah, there's a question!'

His brow wrinkled and he paused, considering, wondering perhaps how far I might be entrusted with information.

'Now, d'ye know the Peter Pan statue in the London park?'

'In Kensington Gardens? Yes, I do.'

'Well, by next Friday, after dark,'

(he touched his forefinger briefly to his nose, nodded twice)

'he will be there, and he will throw his stick up in the air and whichever way it points, that will be his way.'

'Will he travel far, do you think?'

'He told me he has a mind to go back to Arizona, where the skies are big and the children have a need for him.'

'The children have a need for him here, too – when will he be back?'

'He surely will return to Broadstairs, which is a magical place.'

I had a brief, odd image of him. He was surrounded by jumping, voiceless children, freeze-framed parents in the background, trapped in time, powerless. Then he rang his little bell and led the prancing, silent followers along the board-walk, beneath the canopy and into the cavern of the old lift shaft. Under the hills and far away.

He was looking hard at me.

'You don't trust me to come back.'



Will we meet again in six months' time, just here, on the stairs?'

His tone, his bearing, made this a command rather than a question.

'Why not?'

I smiled and bade him farewell. He tipped the brim of his boater and continued down the stairway, leprechaun feet sounding hollow on the concrete treads. The flat notes of his whistling drifted back up to me as I climbed the remaining steps and walked towards the paper shop. A sudden thought made me stop, go back to the head of the stairs, too late, he was out of sight – how stupid I had been, not to check with him, what time he would perform.

I listened all that day for his bell, but did not hear it. Now I was listening again ...

by Liane Smith



The Punch and Judy show has roots in the 16th-century Italian commedia dell'arte. The figure of Punch is derived from the Neapolitan stock character of Pulcinella, which was anglicized to PUNCHINELLO. He is a manifestation of the Lord of Misrule and Trickster figures of deep-rooted mythologies. Punch's wife was originally called "Joan." The figure who later became Mr. Punch made his first recorded appearance in England on 9 May 1662, which is traditionally reckoned as Punch's UK birthday. The diarist Samuel Pepys observed a marionette show featuring an early version of the Punch character in Covent Garden in London. It was performed by Italian puppet showman Pietro Gimonde, a.k.a. "Signor Bologna." Pepys described the event in his diary as "an Italian puppet play, that is within the rails there, which is very pretty."

The Brigadier

Did you miss me last month? Well, you see I've been away under the doctor. Not actually under the doctor you understand - not since I had to bribe him to get me out of a particularly awful engagement - my, the medicine did not taste good on that particular day!



I have probably been luckier than most in that my experience with the medical profession has been limited to just a few occasions in my lifetime. There was a shrapnel wound many years back from when a young subaltern emptied an old jerry-can full of dirty petrol into the officer's latrines, this later ignited by way of a stray cigarette butt - after which a kindly medic picked splinters out of my rear-end for weeks. I even made the poor chap salute every time he pulled my trousers down to allow access to remove the offending woodwork.

The only other experience was when her ladyship was in maternity giving birth to the heir to the thronedom. Not a pleasant experience, lots of pain, lots of shouting and a not nearly enough tea.

After my recent foray into healthcare, I must say I've learned a few things, which I shall now impart so the same mistakes will not be made.

The first people you meet within the system are the ones behind the desk or glass partition. Well let me tell you, they're behind something for a reason. They're there because frankly, the general public is often awful. We smell, we yawn, we cough, and we tell jokes that receptionists have heard more times than a dentist has sighed at a two-thirty gag. If you're seeing a health receptionist it means you've possibly got something contagious and they don't want it.

Give your name and address quickly, retire to a seat as soon as possible and don't volunteer for anything - a set of instructions that has served me well.

Next, you may well see someone who knows specifics that they haven't just read on a Google discovered web-page entitled 'You're probably only weeks from death'.

You may well just have a headache, you might not need a full body-scan and the poor doctor probably doesn't need to stick a finger somewhere unpleasant.

The Internet is great for worse case scenarios, as was my Uncle Lazarus; well actually his name was Peter but he came back from his self-diagnosed Internet-based death so many times, the name just stuck.

If you've seen the doctor and now you've another appointment, then this time you'll meet someone who is very specific, they may well be interested in a single part of you, likely something you can't see and are not too sure what it actually does. They've often got cold hands (in my experience) and ask specific questions that normally have something to do with bodily functions and something only previously discussed with Nanny. No sniggering at correct terminology, no euphemisms and if they do need to touch you there, then don't start singing the National Anthem and Cry or suck your thumb whilst pronouncing 'There's no place like home'.

Unfortunately, some of us end up with something that can't be cured with tablets, tea, and a good sit down under a blanket with an Ealing Comedy. But fear not, if they do have to cut you open you often get a wonderful combination of the nations favourite pharmaceuticals.

I told a lie earlier. I have been cut open twice in my lifetime. Both times have been made a lot less testing due to the drugs they provided beforehand. However, the opiate euphoria was a short-lived experience as the dark slumber of anaesthetic took hold way too quickly in my opinion.

My last experience of healthcare didn't happen until the morning after my operation. It left me slightly un-nerved but with a strange unexplainable sense of well-being.

"Come on Brigadier," said the nurse as she came in to see why I was still in bed "Time to get up and out, you're off home this morning".

"Well, thank you" I replied, "But may I just ask, who was that nice nurse who stayed with me last night when I was a bit fuzzy after the op," I asked in all sincere inquisitiveness.

"There was no-one with you last night" came the reply. "But we do hear that a lot"

The Bottleneck
7 & 9 Charlotte Street
Broadstairs CT10 1LR
Telephone
01843 861095
Website www.thebottleneck.co.uk
We are on FB too as
The Bottleneck Broadstairs



Spring Special offers

Darling Cellars The Capeman Red South Africa

Usually £8.95 Special Price **£5.99** bottle
terrible label but the wine is great!

Villa Maria Marlborough Riesling New Zealand

Usually £10.99 Special **£8.99** bottle
Vidal Sauvignon Blanc Marlborough
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Angus the Bull Cabernet Sauvignon
Victoria Australia Usually £12.99 bottle

Special Price **£9.99** bottle

Usually £25.99 Magnum Now **£19.99** Magnum

Spring Wine tastings in store & free of charge

8 wines to try Sunday April 22th &

Sunday May 20th 2018 from 11am to 3pm

CASE DISCOUNTS OFF ALL WINES
INCLUDING SPECIAL OFFER WINES 5% OFF 6
BOTTLES OR 7.5% OFF 12 BOTTLES
FREE DELIVERY AVAILABLE TOO!!

Big range of local Ales & Ciders available

Sunflowers

Growing Your Sunflower

THE SEED needs to be a tall variety if you're entering the competition. They tend to be the most familiar looking ones, yellow heads with dark brown centres and usually have the word GIANT, MAMMOTH or TALL in their name so not hard to discern.

Researching the subject of growing the tallest sunflower always seems to come down to getting the best seed as the most important bit.

GROWING conditions are self explanatory in that to grow good, tall healthy plants you need sun!

6 - 8 hours a day ideally so don't go planting them in the cellar or under a bush.

If you are going full out to grow a monster then it's worth preparing the soil with lots of manure. You need a good couple of feet, filled with your secret manure recipe. They are hungry devils and need lots of nutrients to grow to their full potential. Those mean little slugs and snails will be on the prowl so try and protect them. Surround them with eggshells, sawdust, seaweed anything you think will deter the little beasts.

It's best to get them going as soon as possible so that they have the summer to get good and tall.

Sew them directly in to the soil where they are going to grow. They grow long tap roots very quickly so if they are in pots they can get stunted and reduce the chances of being at their height.

Water the area and sew the seeds 1 inch down in clumps of 5 - 6 seeds about 6 inches apart.

When they get to 3 - 4 inches tall thin out half the seedlings.

When they are about 1 foot tall thin to two and then down to one when they are 2 feet tall. This will be the chap that gets your full attention.

If you keep them well watered they should appear within a few days of planting the seeds.

When they are tiny water every week with a fertiliser but a few inches away from the plant.

As they get bigger increase the amount and water further away from the plant so as not to cause rot. The roots can grow 4 feet underground.

When you get down to one plant you need to give it a name and talk to it nicely.

GOOD LUCK let us know how you're getting on

ELECAMPANE *Inula helenium* (Asteraceae)

or as we know it better SUNFLOWER was prized by the Romans for its culinary and medicinal uses and said to have got its name from Helen of Troy.

Every part of the plant has its uses although most commonly it's the seeds and the oil from the seeds which are mostly used.

The oil makes a good skin cleanser

The seeds can be eaten raw in salads and soups and made into a syrup which helps relieve coughs.

SUNFLOWER SYRUP

Put a good handful of sunflower seeds into an enamel pan with a pint of water Bring to the boil and simmer for 25 minutes or until reduced by half Strain, add 4 tablespoons of sugar and stir until dissolved Bring back to the boil for 2 minutes When cool put in a jar and store in a cool place. 5-10 mls may be taken

three times a day for a troublesome cough

The root also has uses. It contains INULIN which helps soothe the bronchial linings.

And don't throw the stalks away, they grow thick and when they dry they are hard and can be burnt. They make good kindling for a fire and the ash is high in potash so great as a manure for plants.

TALLEST SUNFLOWER COMPETITION

The BROADIE invites you to see if you can grow the tallest SUNFLOWER in Broadstairs.

The PRIZE is a £25 gift voucher from Broadstairs Garden Centre in Vere Road.

COMPETITION RULES

You must live in Broadstairs or at least your SUNFLOWER must.

We will be the ones doing the measuring of the finalists

The measurements will be taken from the soil where the plant emerges to the very top of the flower - plinths, raised banks, tall relatives and extensions will not be included.

They must be real (as in plant material of the sunflower variety) not cardboard or wool or made from plasticine or old shoes. The Brigadier may enter but he can't win. Our decision is final, complete, no reversal, end of.

Please inform us of your entry by email at thebroadie@gmail.com We will measure entries on the weekend 18/19th Aug 2018.



How to Knit a Sunflower Brooch



You will need

Small amounts of yellow and brown double knit yarn
4 mm needles
Small amount of filling for centre
Sewing needle
Broach pin

Abbreviations

K: knit
P: purl
sts: stitches
CO: cast on
Kbl: knit all stitches through back of loop
Kfb: knit through front & back of the same stitch
K2tog: Knit 2 together

Petals

CO 9 sts
Row 1: Kbl all sts
Row 2: K7 sts, turn work
Row 3: K to end of row
Row 4: K
Row 5: cast off 7 sts and K to last st
Row 6: K 2
Row 7: turn work and CO 7 sts

Repeat row 1 – 7 until you have 8 petals
Do not knit row 6 & 7 on the last petal, cast off the last 2 sts.
Stitch first petal to last to make a ring.

Flower Centre

Knitted in moss stitches

Using brown CO 8 sts
Row 1: K1, Kfb x 2, P1, K1, Kfb x2, P1 (12sts)
Row 2: P1, K1, Kfb x 2 (P1, K1) x2, Kfb x 2, P1, K1 (16sts)
Row 3: K1, P1, K1, Kfb x 2, (P1, K1) x 3, Kfb x 2, P1, K1, P1 (20sts)
Row 4: (P1, K1) repeat to end of row
Row 5: K1, P1, K1, P1, Kfb x 2, (K1, P1) x4, Kfb x 2, K1, P1, K1, P1 (24sts)
Row 6: (K1, P1) to end of row
Row 7: (P1, K1) to end of row
Row 8: (P1, K1) to end of row
Row 9: (K1, P1) to end of row
Row 10: (K1, P1) to end of row
Row 11: (P1, K1) to end of row
Row 12: P1, K1, P1, K1, (K2tog) x 2, (P1, K1) x 4, (K2tog) x 2, P1, K1, P1, K1 (20sts)
Row 13: (K1, P1) to end of row
Row 14: P1, K1, P1, (K2tog) x 2, (K1, P1) x 3, (K2tog) x 2, K1, P1, K1
Row 15: K1, P1, (K2tog) x 2, (K1, P1) x2, (K2tog) x 2, K1, P1 (12sts)
Row 16: P1, (K2tog) x 2, K1, P1, (K2tog) x 2, K1 (8sts)
Cast off by passing a thread through remaining 8 sts

Making up

Sew up centre, leaving a small gap, stuff lightly and sew up opening.
Stitch petals to the centre.
Sew brooch clip on back.

Many thanks to Debbie Town from C Wool for this pattern

REEF
bar & kitchen

BRUNCH
LUNCH
SUPPER
CRAFT BEER
LIVE MUSIC



GIN SLING

Learn how to ZING! that gin by adding ginger, grapefruit, lime, cucumber or tweaking the tonic
5 gins - including a cheeky pink number.
Friday 12th May, 7pm.

GAMES NIGHT

Game of Thrones Monopoly; Rummikub; Yahtzee; Chess; Harry Potter Scrabble; Chinese Chequers; Backgammon, Snakes & Ladders - or bring your own game if you prefer.

Thursday 17th May, 7pm. Backgammon tuition available

COMEDY MASH BROADSTAIRS

Six new and upcoming acts plus MC.
Bar/Kitchen open 6pm. First act 8pm.

Thursday 21st June; Thursday 19th July.

37 ALBION STREET, BROADSTAIRS. TEL: 01843 863906

EMAIL: HELLO@REEFBROADSTAIRS.CO.UK WEB: WWW.REEFBROADSTAIRS.CO.UK



LIFE'S AN ADVENTURE AT HELTER SKELTER

We're celebrating our
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Helter Skelter Nursery in the heart of Broadstairs - a happy nursery for happy children
Hours 8-6 Monday, Wednesday, Thursday 8-4
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And we're a party venue on Saturdays - you get the whole place to yourselves in a lovely, friendly environment.

Call us on 01843 600 140
to book an appointment,
or book a party.
Come and join the fun.

BROADSTAIRS

The Town Team recently invited many local businesses and residents to a meeting at the Pavilion to discuss how we as a town **REDUCE, REUSE & RECYCLE**.

90 people turned up and a fruitful couple of hours were spent understanding and discussing.

We divided ourselves into groups to discuss various aspects and we chose the awareness and communication group.

The emphasis of the afternoon was not what we want everybody else to do but what we personally can do so here we are, this is part of what we at The Broadie are doing.

REDUCE

Become informed and aware.

It's what we buy in the first place that matters initially.

Think about everything you buy, does it need to be in plastic? Does it need to be single use? Look at the difference in buying a couple of slices of ham at the



Debbie from Verreys with a fine selection of compostable packaging

supermarket and for example Rooks where it is wrapped in greaseproof paper then a paper bag. Perfectly adequate and no plastic involved and probably cheaper especially since I found out they have discount Wednesdays.

Most of the businesses in town are changing to paper straws although as with everything, this is a transitional phase and if they already have a large stock of something they are going to use them up before they change.

If your favourite indie' shop sells stuff you want to buy but they are wrapping it in plastic have a quiet friendly word but give them time. There are all sorts of discussions going on amongst the traders about bulk buying compostable things to reduce the price.

They really do want and need your custom so rather than avoiding buying from them let them know. Do bear in mind that some of the eco stuff is much more expensive and it may really not be cost effective for them but if you are happy to pay more let them know.

Take a reusable container with you to get your meat, fish or flowers, don't just leave it up to them to change, we have to change. Try and think of alternatives.

Washing capsules and liquid always seems to be such a waste of plastic so I've changed to washing powder in a cardboard box but Gina Harrison has done a lot better and purchased one of those plastic washing balls. I've often seen them advertised and thought "Bet they don't work". So she's going to be our guinea pig and see how it works for its predicted 100 washes. We're all very interested in your washing now Gina.

Friends who have language students have altered what they give them for their lunch bags now by avoiding single use plastic in the way of bottles and bags but are worried about the number of water bottles the students get through so they are trying to think of how they can remedy that one. We have started keeping a directory of local businesses that are tipping the trend and use more environmentally aware products please let us know of any you find or any ideas you have.

VICTORY NEWS

Sell loose fruit and veg in paper bags
sell milk in returnable glass bottles
sell bamboo toothbrushes & paper straws

COPPERFIELD'S B&B

have replaced their single use plastic bottled water for visitors with glass bottles and a filtered, water urn which people can refill their bottles



BROADSTAIRS HERBAL APOTHECARY
Bring your own bottles for refill SLS free shampoo, in unscented, rose and rosemary & nettle. Patina is also looking into bottle refill washing up liquid.

VERREY'S CAFE KITCHEN

Debbie at Verrey's only uses compostable containers for her take away dishes and is researching the best cups to use.

BEACHES CAFE/BAR

Refill water bottles for free. Use compostable packaging for takeaways

SEAFARER FISH AND CHIP SHOP

Now using paper, card and compostable packaging on all takeaway food.

I'm sure there's many more businesses doing more of the same. Lets us know and we'll give you a mention



REUSE

Things like plastic bags, straws, water bottles and most food packaging is single use plastic and manufactured to only be used once. Only 10% of the world's plastic is recycled and that which is is difficult to recycle and needs new virgin products to make anything else and there are only a limited number of things which can be made although it is increasing. The vast majority ends up in landfill which ends up in the sea, our water supply and eventually in our blood streams. Almost half of all plastic goods produced are single use. Therefore it makes most sense to avoid using them but if you do end up having something try and think of something else you can do with it before recycling it.



Water bottles unfortunately start to leach unwanted chemicals after a while so reusing them as drinking bottles is not a good long term plan although most research shows this as minimal and unlikely to cause problems. Last year in Bristol a campaign to set up many water refill stations all over the city in businesses showed that if every refill station performed only one refill per day, 73,000 fewer plastic bottles would be thrown away just in Bristol.

Use them to refill the steam iron or my favourite, hung in a row above the broccoli plants to scare the pigeons.
Lighters are frequently found discarded on our beach, even the so called disposable lighters are usually refillable. Lighter fuel available at Harrington's and Victory News.
Yogurt pots are great for seedlings as are the containers that you get if you buy big mushrooms from supermarkets.

Folk Week will again be having their reusable plastic beer glass £1.50 returnable deposit or keep as a souvenir so no excuse to keep getting a single use plastic pint pot during the week.

RECYCLE

If all else fails and it's not something a charity shop could sell then recycle it in the fortnightly house collections we have or at the various recycling points about the town. Please don't put it in the rubbish bin at home or around town if it's recyclable, it will end up in landfill.

Did you know?

Retailers that sell more than 32kg of batteries per year must offer recycling facilities by law.
660 million batteries bought each year in the UK, that's an average of 21 per household.

- Laid end to end, these batteries would travel from the UK to Australia and back again, according to recycle-more.co.uk

When taken to landfills, most batteries release harmful metals such as mercury, lead and cadmium into the environment causing soil contamination and water pollution.

The incineration of batteries can also cause air pollution.
Battery waste can endanger wildlife and is potentially hazardous to humans.

- * 9 Billion fewer plastic bags used by shoppers since 5p levy
- * 83% fall in bag use reported by seven biggest retailers
- * Plans afoot for the 5p charge to be extended to all shops

Can't get your local paper?

All these papers ended up unread and in the local recycling bins.

If you don't get a local paper delivered free and would like to be able to pick one up locally - please get in touch with the KM group and persuade them to drop some off to local newsagents as opposed to just the superstores at Westwood.

"We'll happily take a bundle to give out for free, but we only get a few from our wholesaler at present, and those we have to charge for" said

Richard from Victory News



Household Rubbish & your friendly Seagull, Fox & Cat.

Following on from the article earlier on being responsible for your own waste. Here's what every resident who does not have a 'Wheelie Bin' should have. The 'Seagull proof bag'.

If you don't have one then get one from TDC or hopefully soon there'll be a local stockist - watch this space

DO

On the night before your rubbish is due for collection - simply

1. Take your seagull proof bag to the front of your house and tie it to something nearby (A lamp-post, gate, telegraph pole)
2. Fill the bag with your black sacks. Do not just pile rubbish up inside it as it won't be collected.
3. Fold over the velcro lid
4. Wait for the bag to be emptied by the council and retrieve as soon as possible to your house for next weeks pick up.

DON'T

Do not leave black sacks piled up outside your home. They get split open by the wildlife.

The rubbish gets blown around, it looks horrible, encourages rats and vermin and the rubbish gets blown around and enters the larger environment (beach, sea, countryside). It can also be arguably classed as littering.



(Thanks to Kerry Millet & the Town Team & for use of the logo)

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